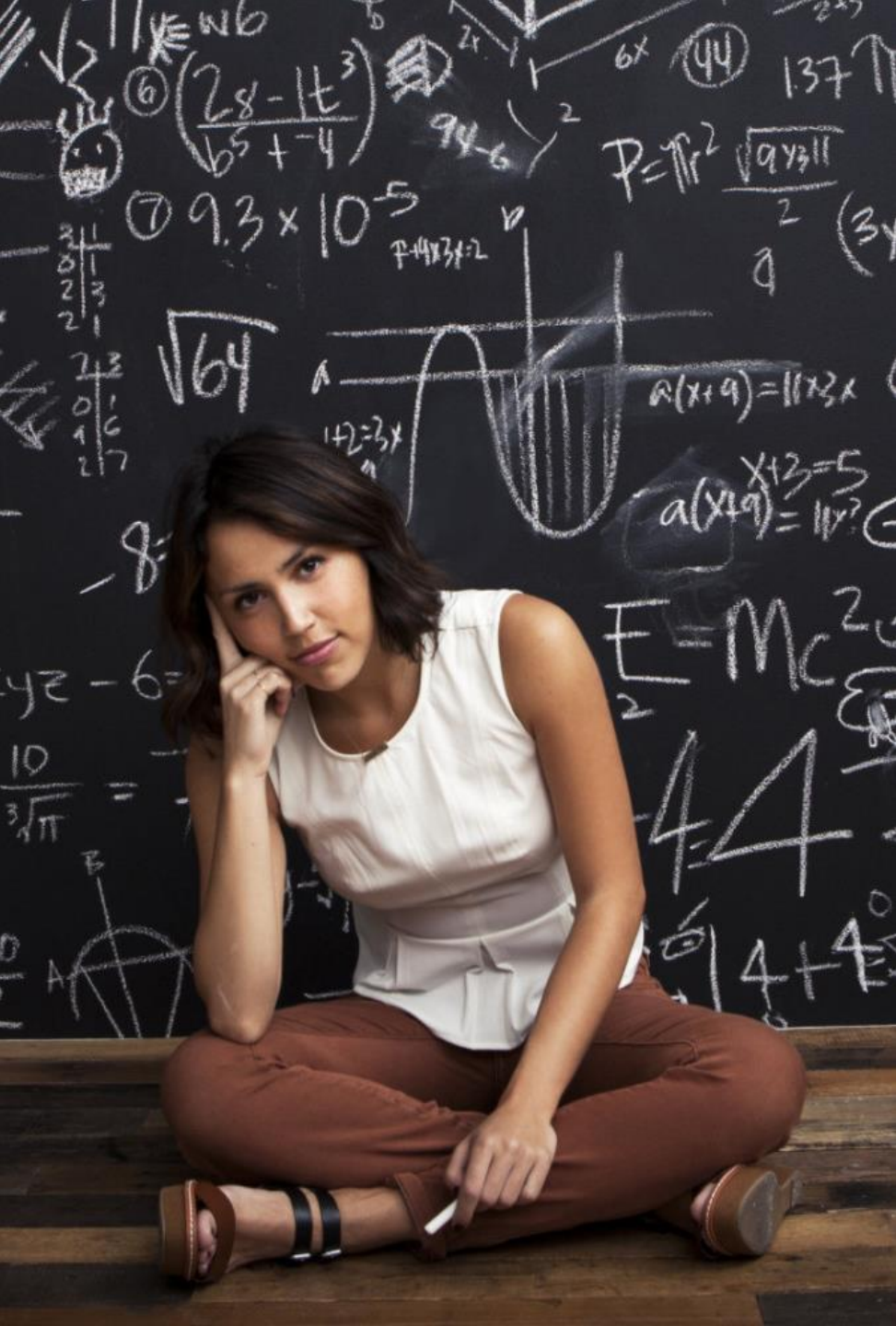




# Adapting to the Modeling Revolution: A Guide to SEM & HLM

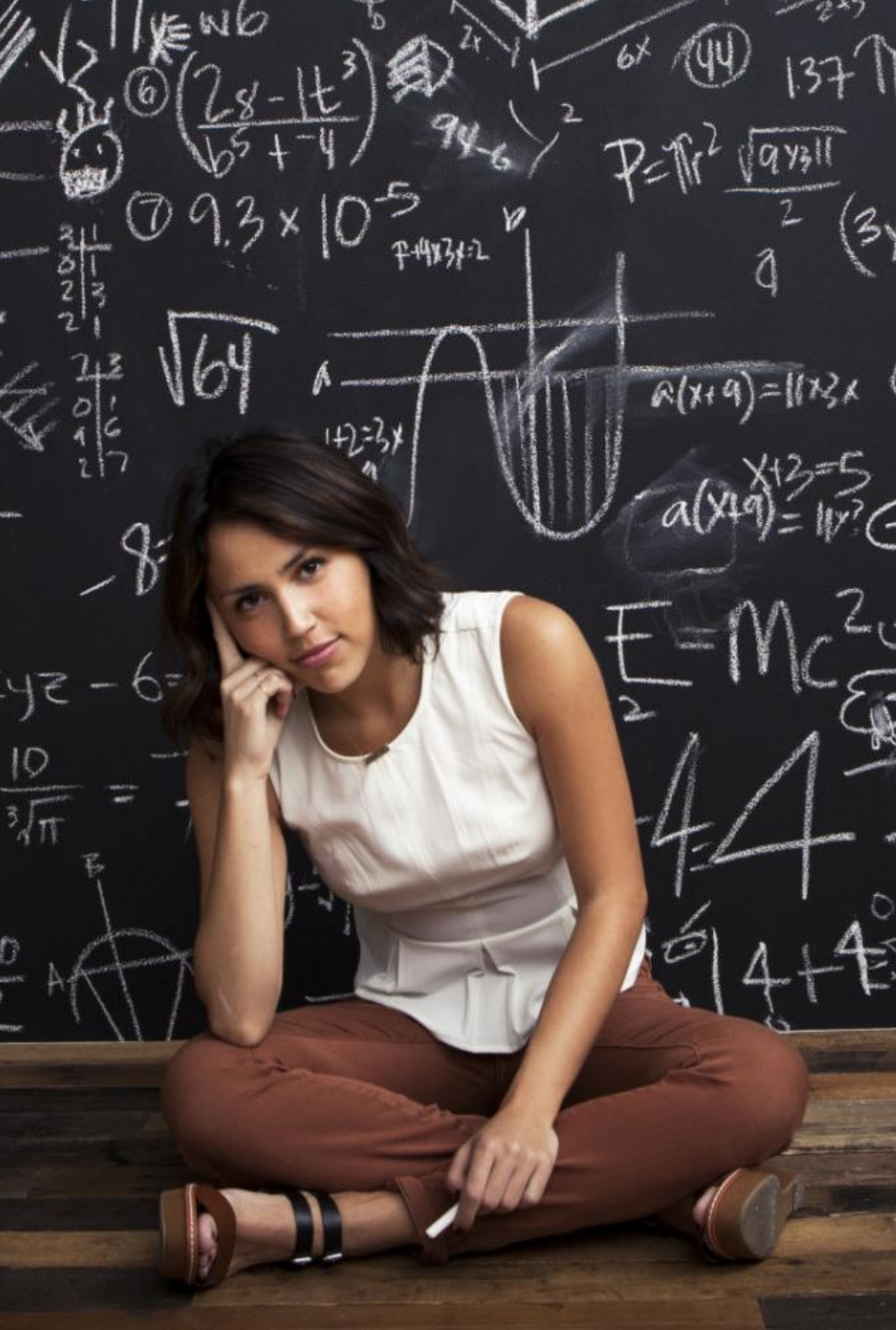
Lisa Fitton, Dr. Autumn McIlraith,  
Jessica Hooker, Dr. Nicole  
Sparapani, Dr. Carla Wood, & Dr.  
Suzanne Adlof



# Disclosures

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The authors have no conflicts of interest to report.



# Outline

---

**Introduction (Dr. Carla Wood)**

Foundation of Statistics (Jessica Hooker)

Overview of Structural Equation Modeling (Dr. Nicole Sparapani)

Overview of Hierarchical Linear Modeling (Dr. Autumn McIlraith)

Valuing Variance in Data Collection (Lisa Fitton)

Discussion (Dr. Suzanne Adlof)

# “No Field Left Behind”

---

- ❑ High stakes competition for external funding
- ❑ Multi-disciplinary nature of language and literacy research
- ❑ Diversity of methods
  - ❑ Variety of different lenses, angles
  - ❑ Strengthens confidence in findings



Next-generation scholars must be **good consumers and producers of research**, including a variety of rigorous research methods

# “Who Moved My Cheese?”

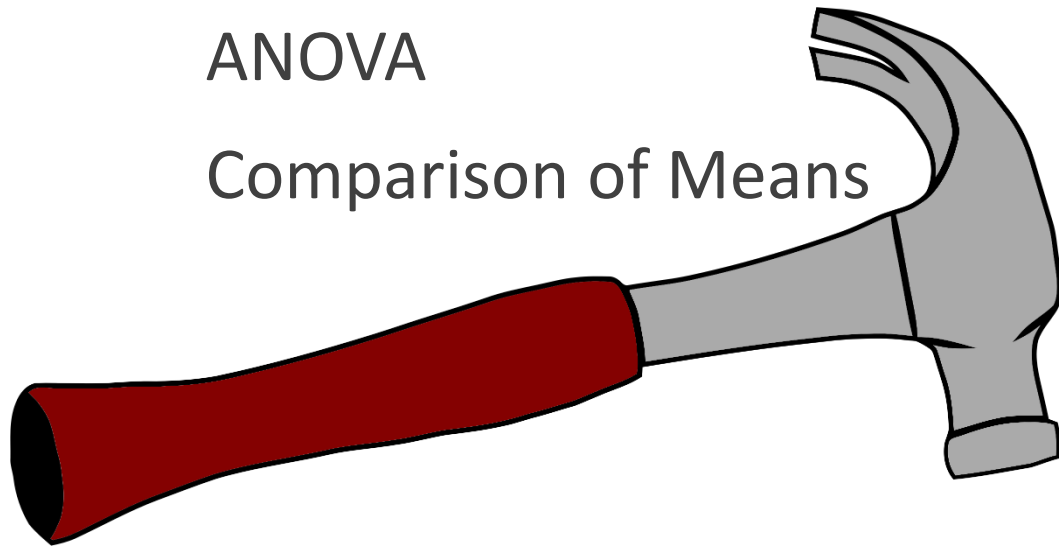


....Modeling Revolution?

Traditional training often includes only a few hammers

ANOVA

Comparison of Means



Correlational &  
Regression



## Revolution in research practices

includes national movement toward:

Large data  
sets

Randomization

Large Scale  
Replication

Advanced  
Methods:  
Multi-level  
modeling  
(HLM), SEM

# We examined 2 years of 10 journals in Language and Literacy Research

---

## JOURNALS

LSHSS	JREE
AJSLP	JEP
JSLHR	Reading and Writing
JCD	RRQ
JLD	SSR

## DESCRIPTIVES

Average sample size

Proportion of different types of analyses

The extent to which random assignment and replication was utilized

# Summary of Findings

---

## **LSHSS, AJSPL, JSLHR, CLD**

Employed traditional methods  
(58-92% of the time)

- Descriptive data
- ANOVAs
- Regression analyses

Low proportion of advanced  
methods (8%)

Lower sample sizes on average

## **RRQ, RW, JLD, JREE, SSR, JEP**

Employed advanced methods  
more often

- Multi dimensional methods

Included more than 50 participants



# Research in our field must “keep up” with changing times and *rigor*

---

## Real Life Challenges:

Prevalence of Small  $n$

- Low incidence of populations of interest

Impracticality of Random  
Assignment

- Inherent participant characteristics

Ethical Considerations

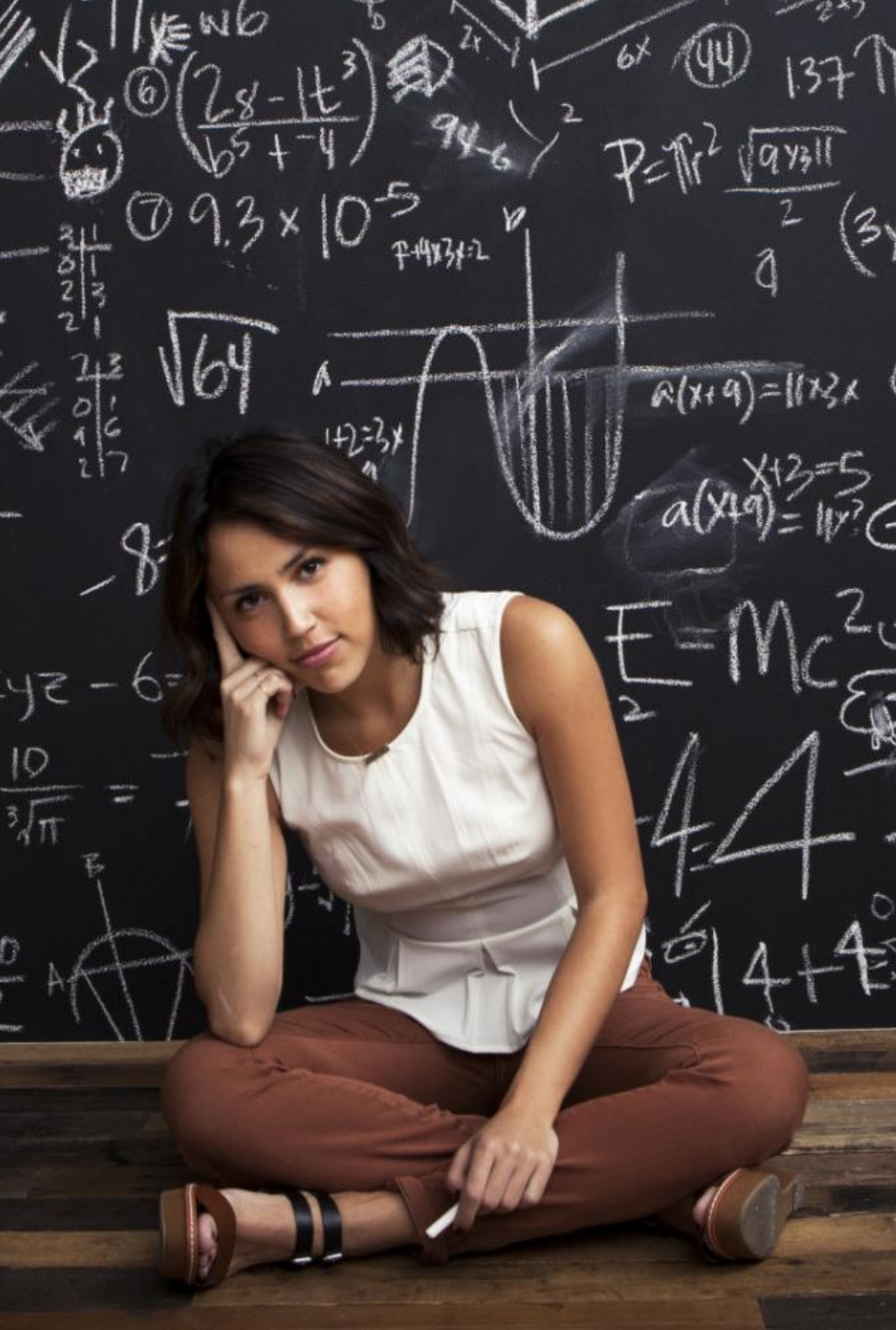
- Ethical conflicts of RA to comparison vs treatment when early intervention is best

Infrastructure  
Weaknesses

- Lack of infrastructure to facilitate rigorous research methods



- To be good consumers and producers of a diverse range of methods we want to strive to....
  - **de-mystify advanced methods**
  - **build infrastructure for rigorous research**
  - **promote accessible continuing education**



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# FOUNDATIONAL STATISTICS

$\Sigma$     $\sigma^2$     $\mu$     $\chi^2$     $\rho$

Jessica Hooker, M.S., CF-SLP  
Florida State University

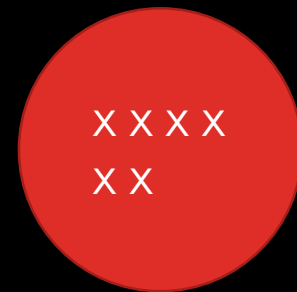
$\eta^2$     $\beta$     $\omega$     $\xi$     $\tau$     $\delta$     $\gamma$

# An Important Distinction

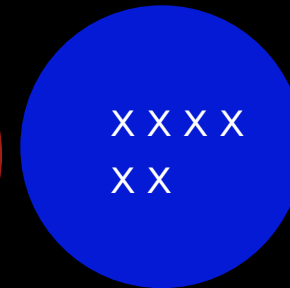
**Observational  
Data**

**vs**

**Intervention  
Data**



**A**



**B**

# CORRELATION: What it tells us

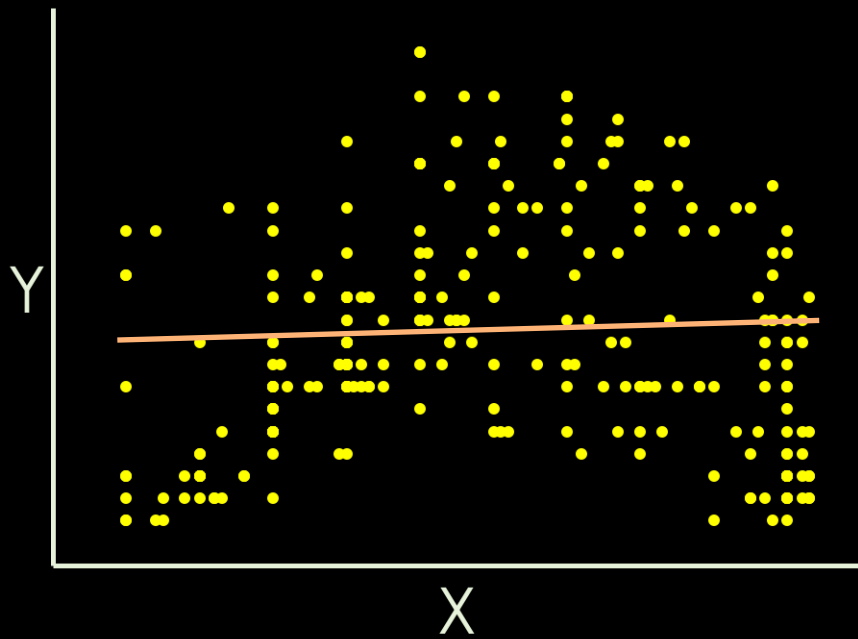
When X changes, does Y  
change in a consistent  
way across all of the  
changes in X?



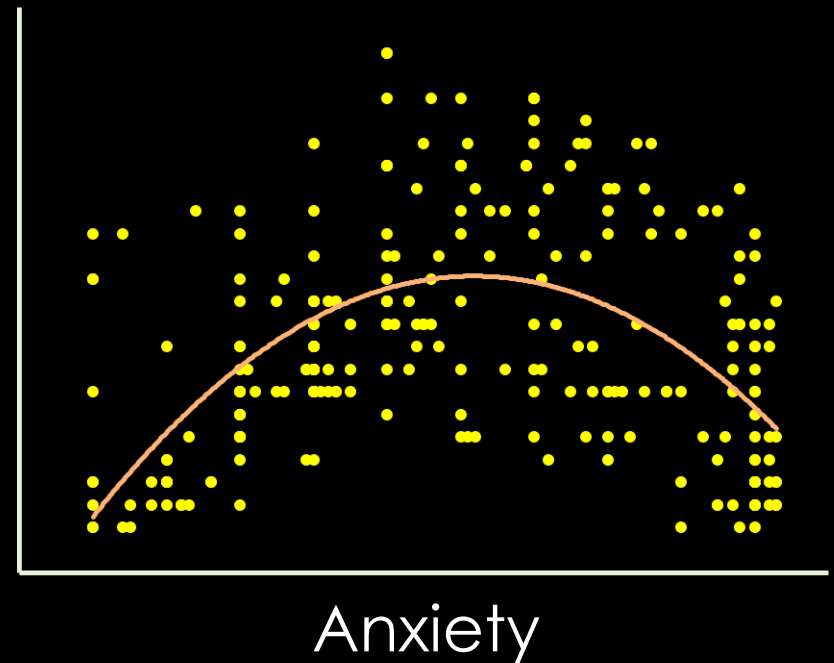
## Assumptions

- Linearity
- Continuous
- Independence
- Normality
- Outliers

# CORRELATION: What it doesn't tell us

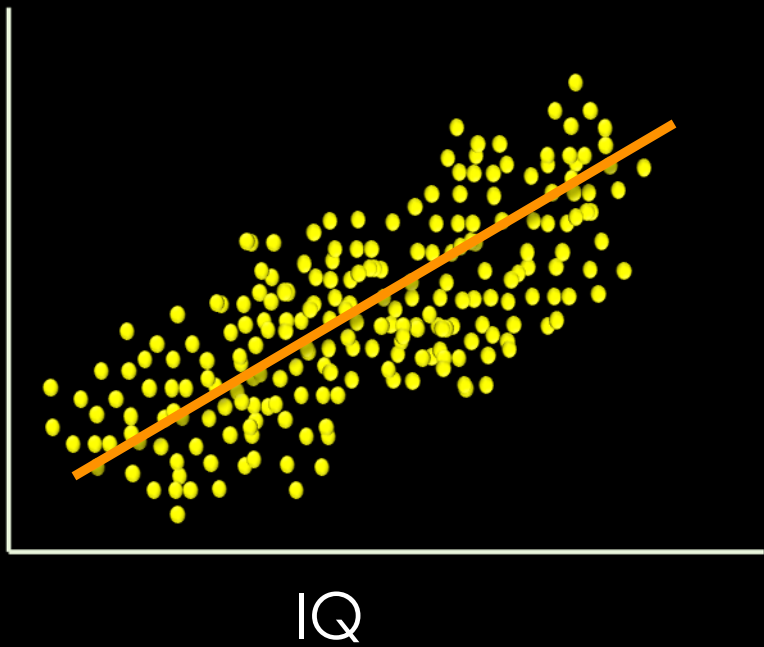


Performance

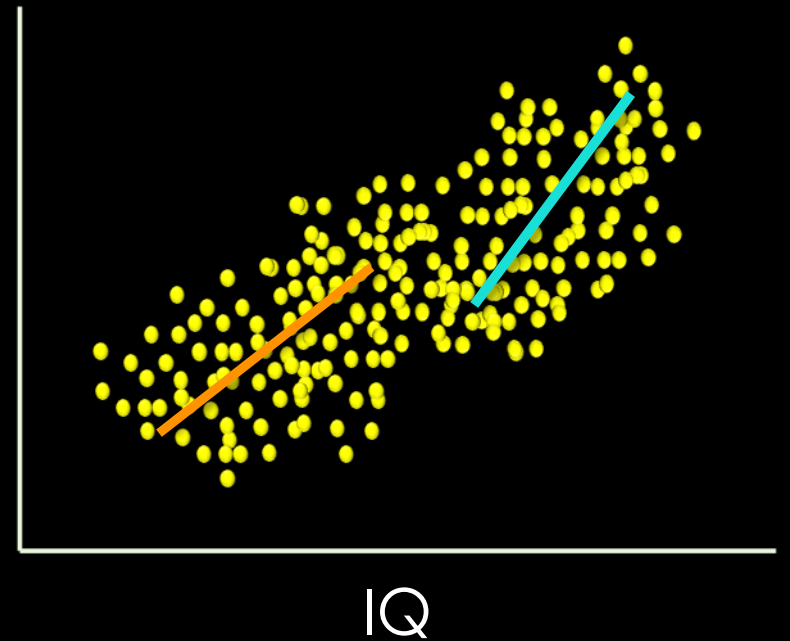


# CORRELATION: What it doesn't tell us

Reaction  
Time



Reaction  
Time





# CORRELATION: What it doesn't tell us



# CORRELATION

## When it's helpful

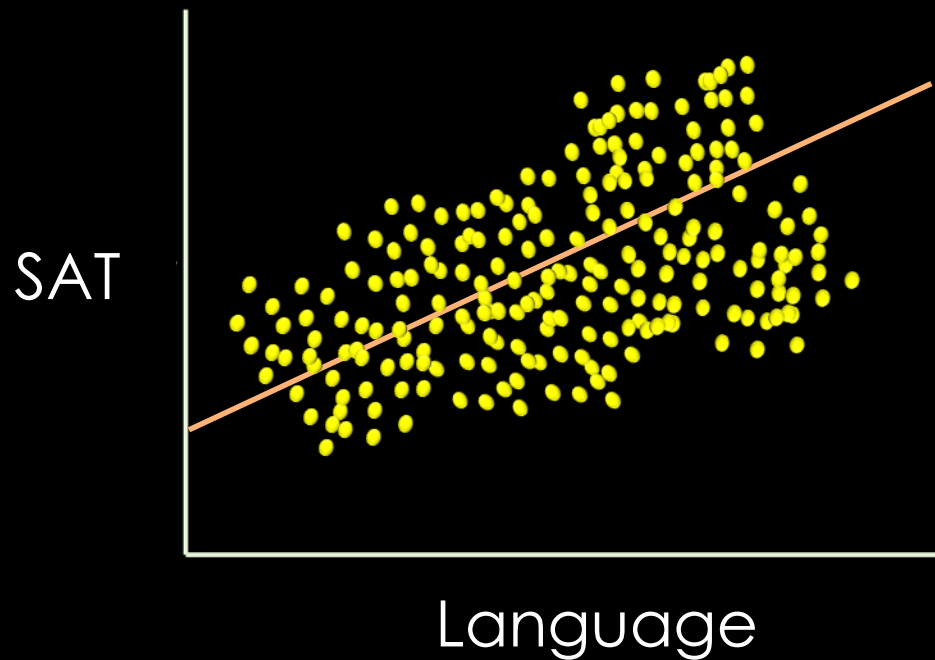
- Preliminary examinations
- Previously established relationships
- Small samples

## When it's not helpful

- Establishing causation
- Examining complex data
- Ruling out alternate explanations
- Non-linear relationships

# REGRESSION: What it tells us

Can we use  $X$  to tell us  
something about  $Y$ ?

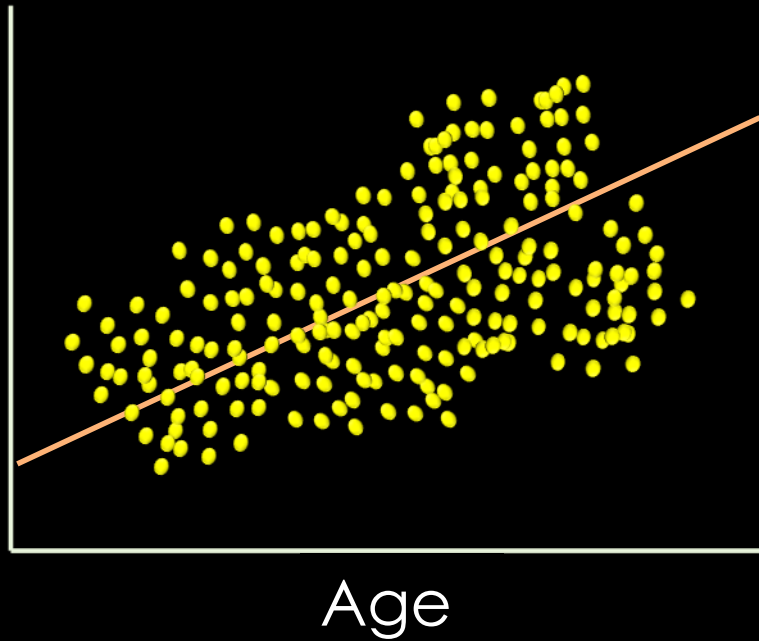


## Assumptions

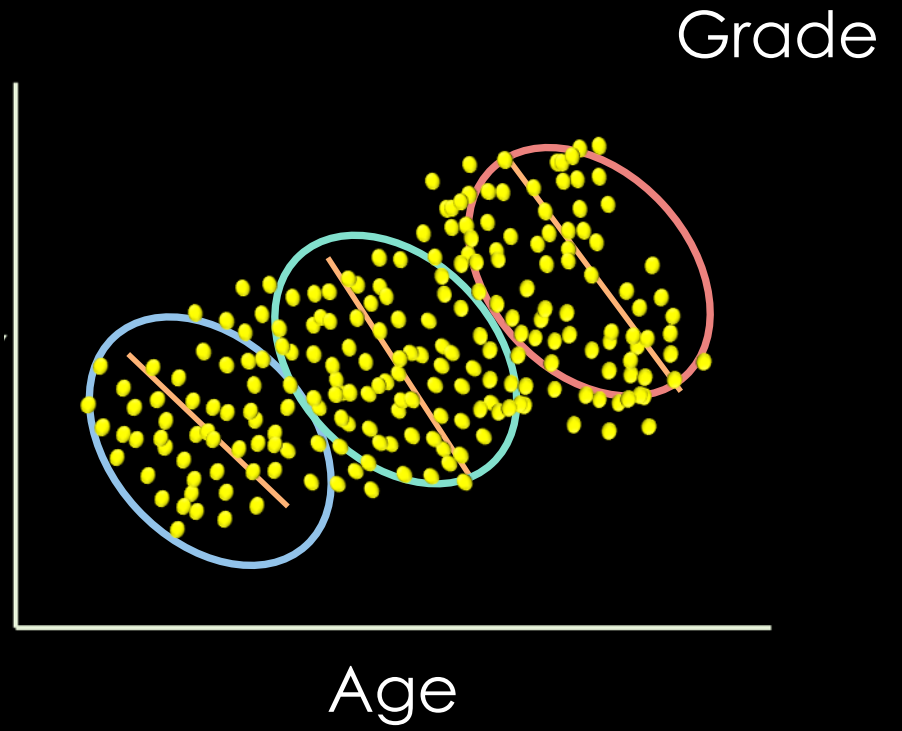
- Linearity
- Normality
- Independence

# REGRESSION: What it doesn't tell us

Problem  
behavior



Problem  
behavior

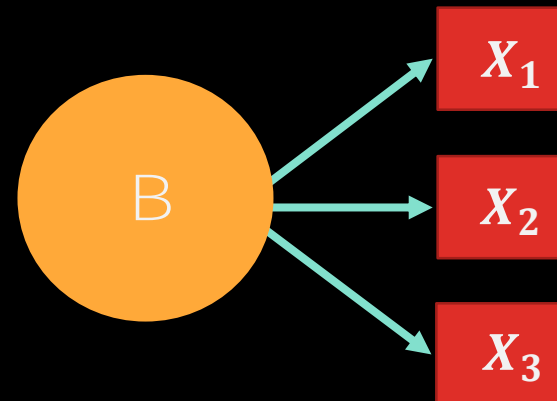


# REGRESSION: What it doesn't tell us

## Measurement Error

True Score = Observed Score + Error

## Latent Variables



# REGRESSION

## When it's helpful

- Confirming previously established relationships
- Establishing potential causality
- Identify unique contributors of variance
- Small samples

## When it's not helpful

- Non-linear relationships
- The mean is not enough
- Measurement Error
- Latent variables
- Nested data structure



**Assumptions**

**Power**

**SAMPLE SIZE**

**Effect  
Size**

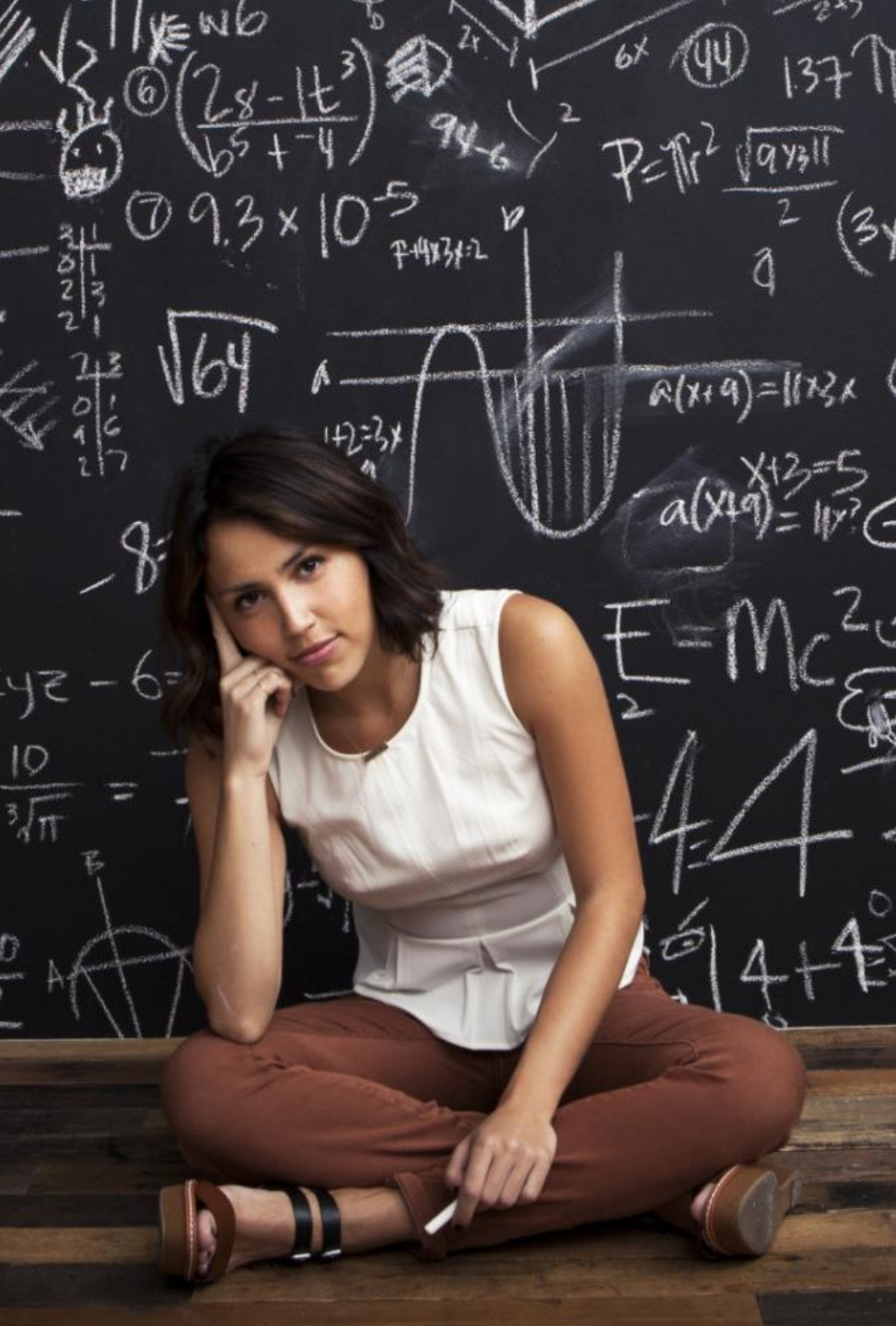
**Model**



# IMAGE ATTRIBUTIONS

By Peter (Own work) [Watching the Skyline  
(<http://creativecommons.org/licenses/by-sa/3.0/>),  
via Wikimedia Commons





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# Introduction to Structural Equation Modeling

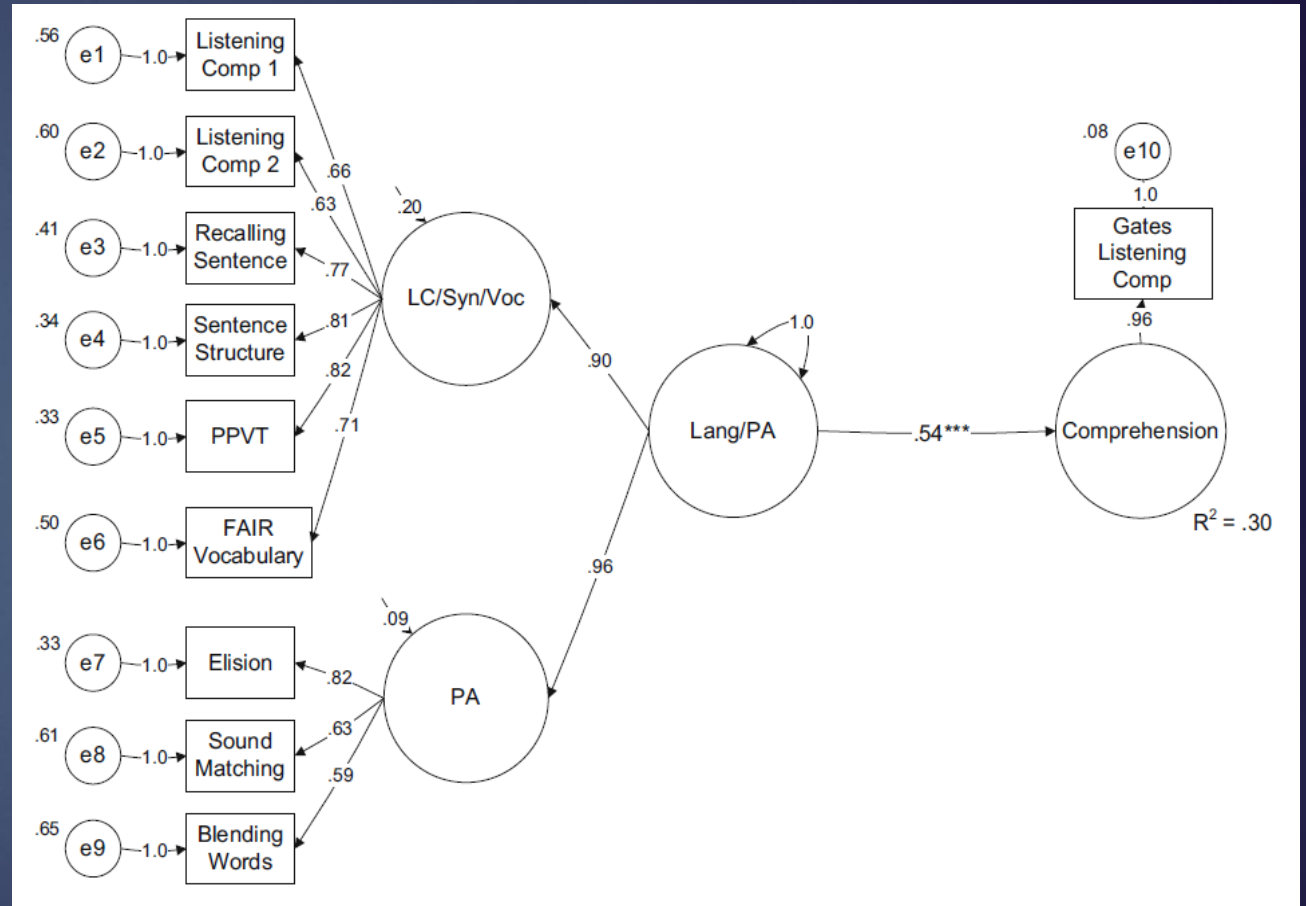
Nicole Sparapani, Ph.D., CCC-SLP

Assistant Professor

UC Davis School of Education, MIND Institute

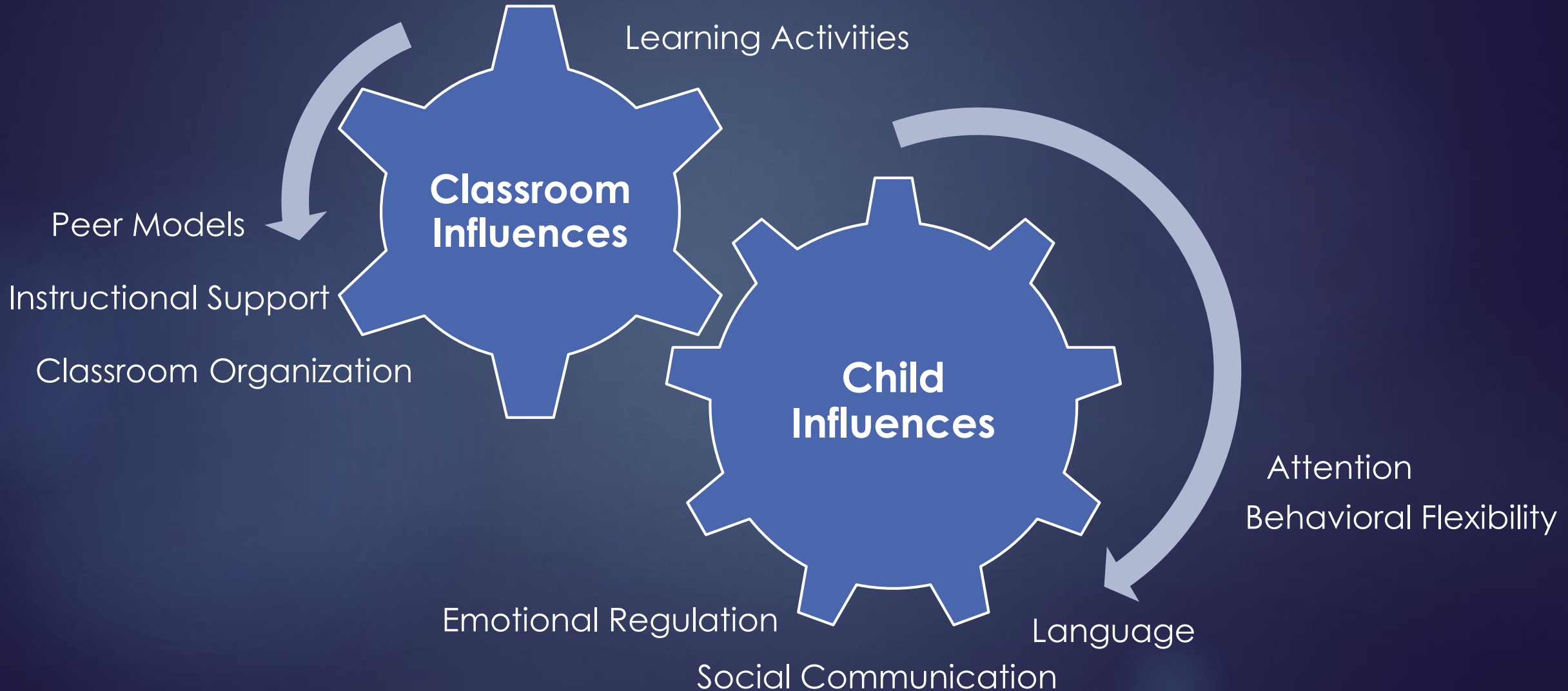
# Learning Objectives

- ▶ What is Structural Equation Modeling (SEM)?
- ▶ What distinguishes SEM from other statistical techniques?
- ▶ What are the benefits of using SEM?



Foorman et al., 2015

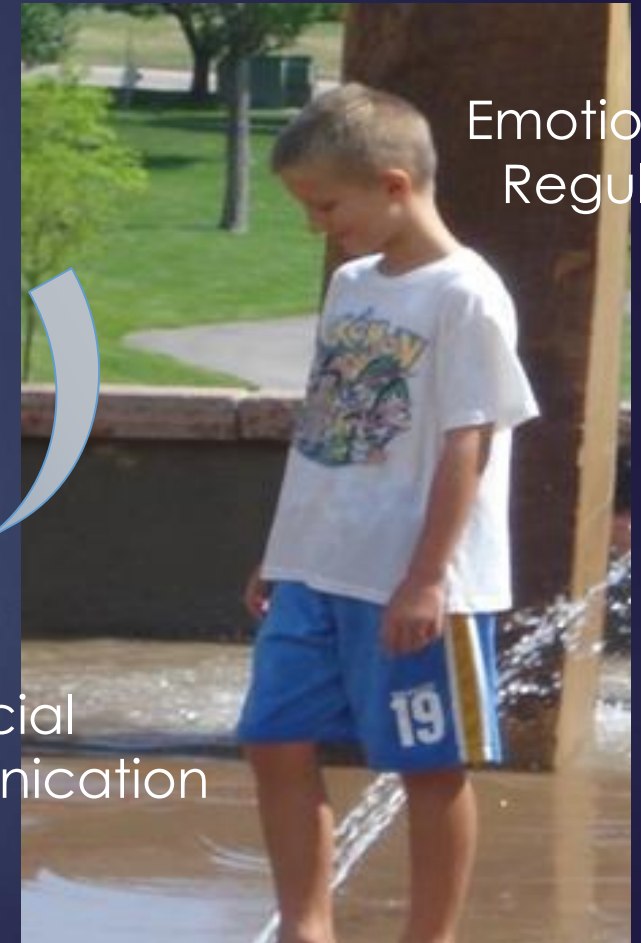
Interest in understanding complex phenomena  
at one point in time or over a period of time



# What are the dynamic relations among classroom organization, social communication, and emotional regulation?



Mrs. B's class



Emotional Regulation



Social Communication

Tommy

# What are the dynamic relations among classroom organization, social communication, and emotional regulation?



Ms. H's class



Emotional Regulation

Social Communication

Tommy

# Why Use Structural Equation Modeling?

Structural equation modeling (SEM) is a statistical method that allows for the examination of **dynamic and interactive systems**—how each system interacts with and influences the other

# Structural Equation Modeling (SEM)

- ▶ Fairly new statistical technique (1970) - became popular in the 90s
  - ▶ Refers to a family of related procedures
- ▶ Two new ideas in the field emerged
  - ▶ Modeling **of causal or predictive** relations
  - ▶ Constructs represented by **latent variables** rather than observed variables



# Combining these ideas led to 3 Major SEM techniques...

- ▶ Path Analysis
  - ▶ Modeling causal or predictive relations among **observed variables**

- ▶ **Confirmatory Factor Analysis (CFA)**

- ▶ Modeling of non-causal (i.e., correlational) relations among **latent variables**

- ▶ Structural Equation Modeling (SEM)

- ▶ Modeling of causal or predictive relations among **latent variables**



**Latent Variables**

# What is a latent variable??

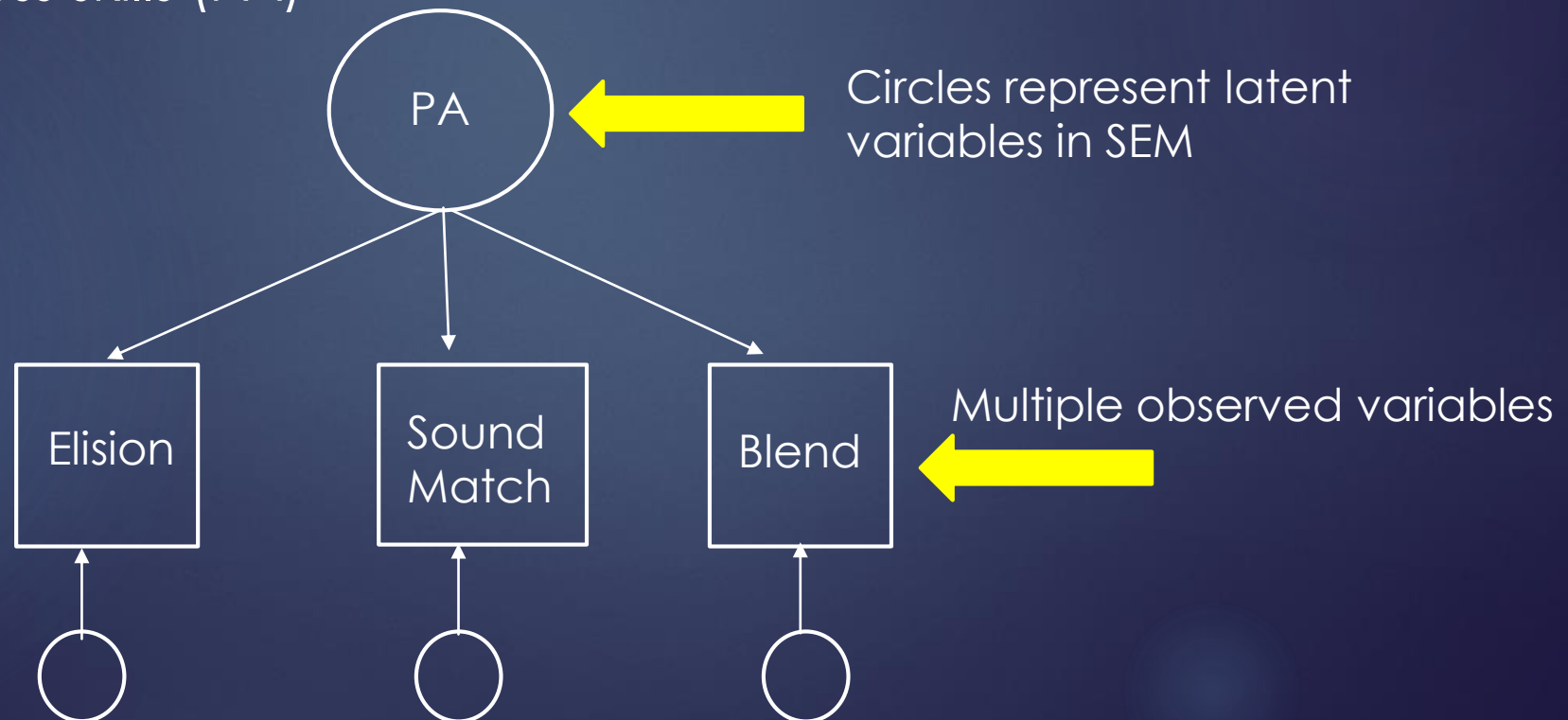
- ▶ **Observed variables:** Actual scores from assessments
  - ▶ Variables for which we have collected scores and entered in the data file
    - ▶ Example: PPVT test scores to measure receptive vocabulary



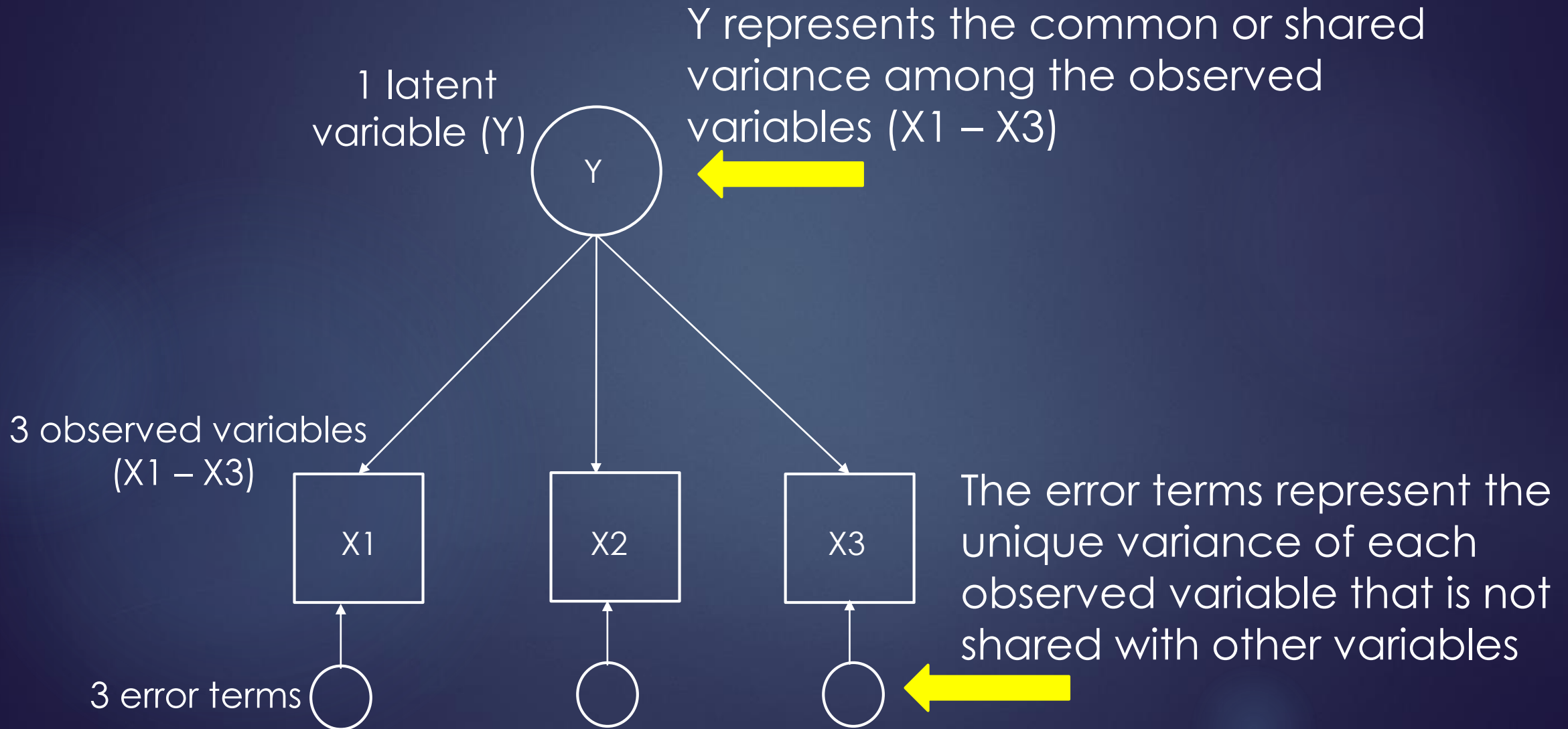
Squares represent observed variables in SEM

# What is a latent variable??

- ▶ **Latent variables:** Represent theoretical constructs of interests
  - ▶ Consists of multiple observed variables
    - ▶ Example: Multiple assessments and/or scores to measure phonological awareness skills (PA)



# What is a latent variable?



# Confirmatory Factor Analysis (CFA)

- ▶ **EXAMPLE.** Sparapani, N, Morgan, L., Reinhardt, V., Schatschneider, C., & Wetherby, A.M. (2016). Evaluation of classroom active engagement in elementary students with autism spectrum disorder. *Journal of Autism and Developmental Disorders*, 1–15
- ▶ Examined the components that comprised Classroom Active Engagement in children with ASD
  - ▶ Classroom video observations (PI: Wetherby)
  - ▶ 196 students with ASD (126 teachers)
  - ▶ Kindergarten–2nd grade

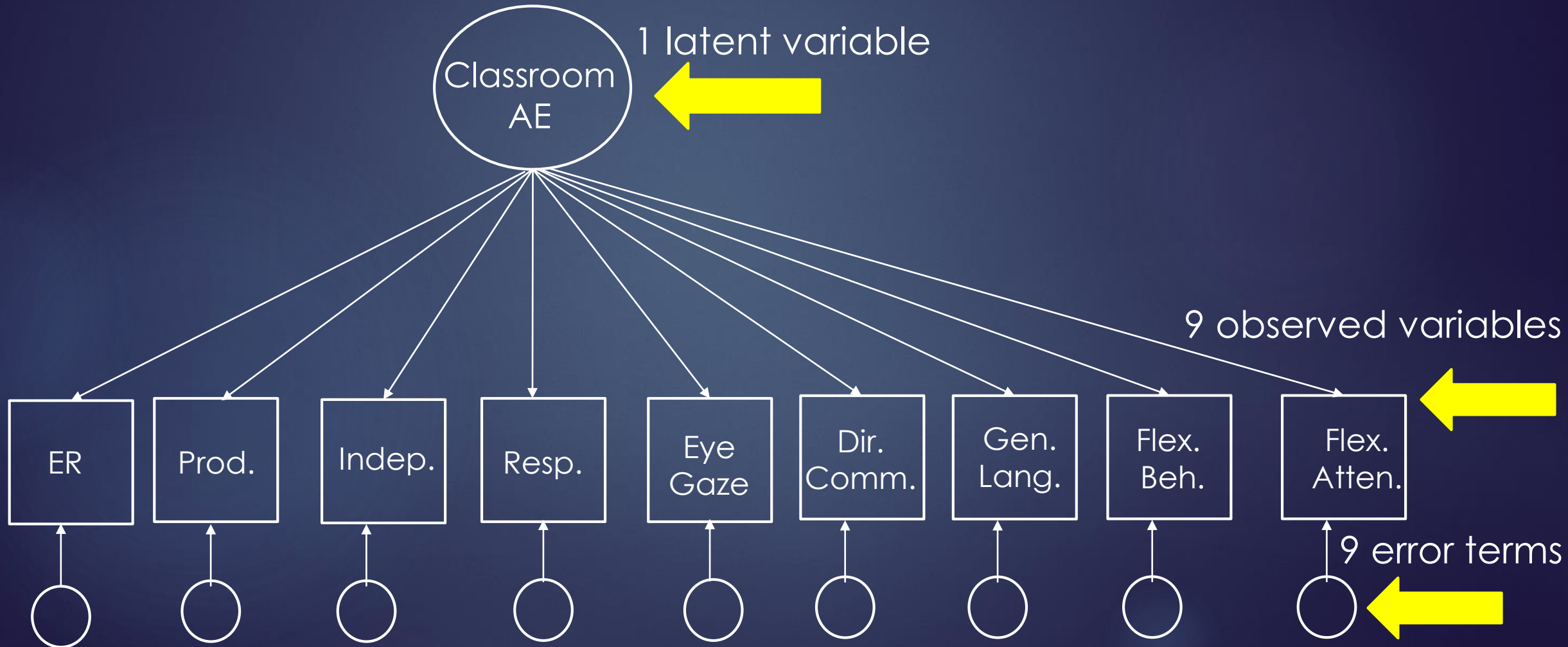
# What is the latent factor structure of Classroom Active Engagement?

## ▶ 9 Observed Variables

- ▶ Emotional Regulation (ER)
- ▶ Productivity
- ▶ Independence
- ▶ Responding
- ▶ Eye Gaze
- ▶ Directed Communication
- ▶ Generative Language
- ▶ Flexible Behavior
- ▶ Flexible Attention



# Examining the latent factor structure of Classroom Active Engagement?



# Classroom Active Engagement

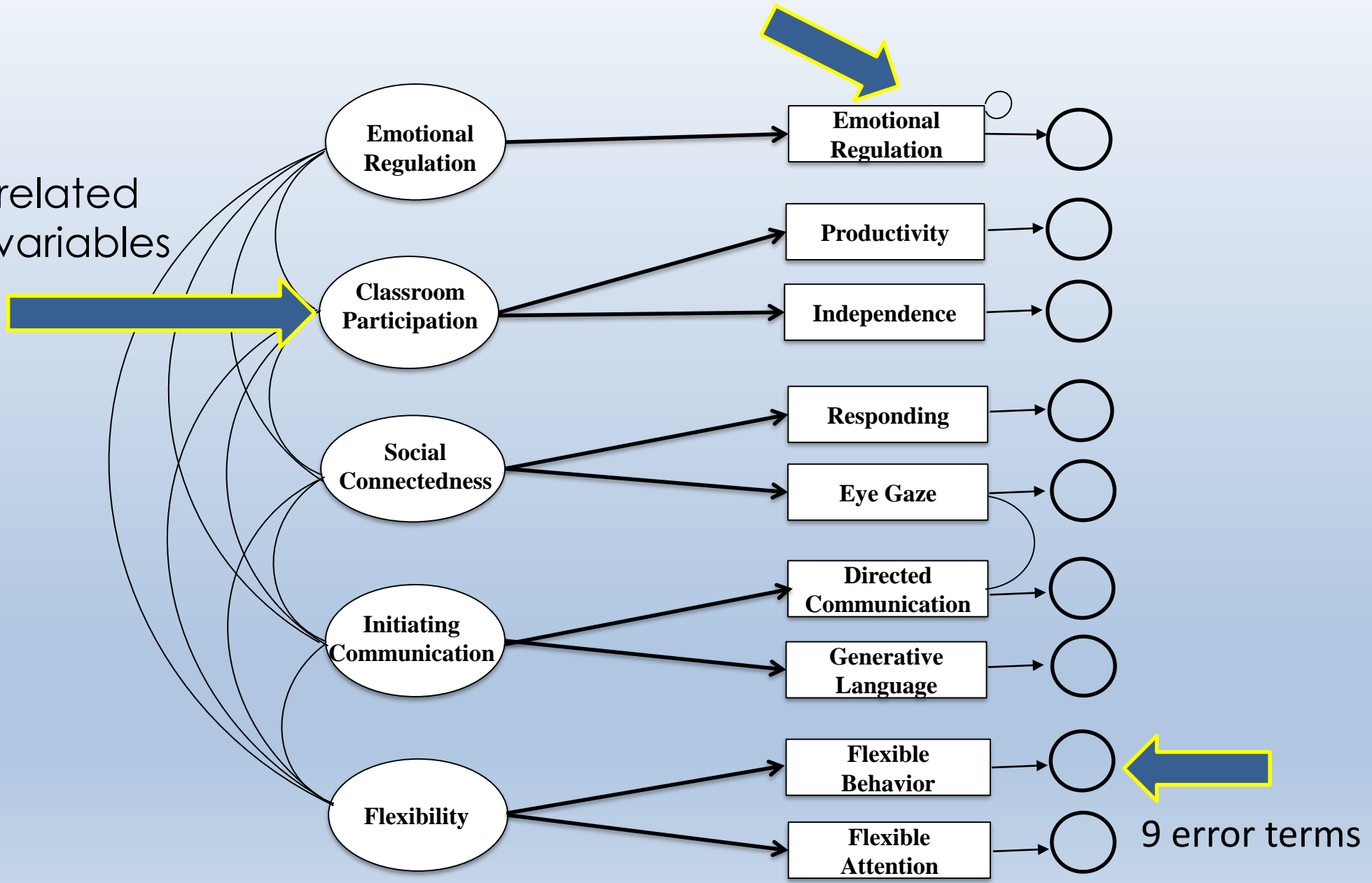
9 observed variables

5 correlated latent variables

RMSEA: 0.08

CFI: 0.95

SRMR: 0.05





# Summary

- ▶ **Confirmatory Factor Analysis**
  - ▶ Evaluate the factor structure of Classroom Active Engagement
- ▶ Support for a multi-component observational tool
- ▶ Classroom Active Engagement
  - ▶ 9 observed variables that comprise 5 latent variables (factors)



## Emotional Regulation

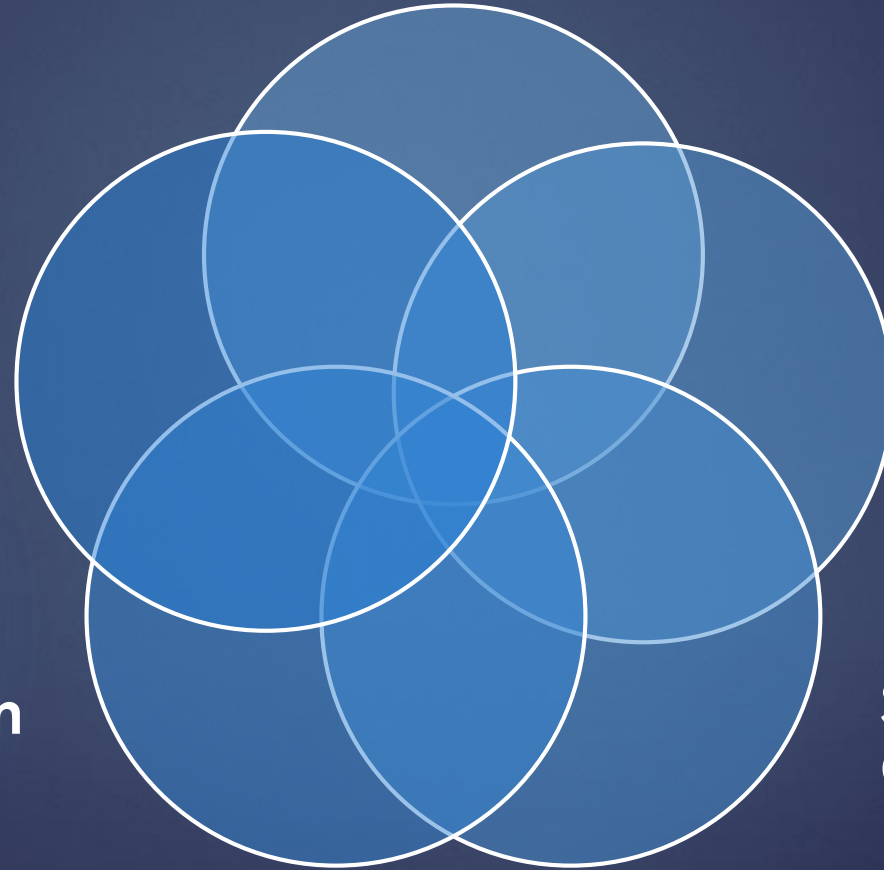
- Emotional Regulation

## Flexibility

- Flexible Behavior
- Flexible Attention

## Initiating Communication

- Directed Communication
- Generative Language



## Classroom Participation

- Productivity
- Independence

## Social Connectedness

- Responding
- Eye Gaze

# About Sample Size

- ▶ SEM requires fairly large samples
  - ▶ Increase model complexity = increase sample
- ▶ Small samples may be problematic
  - ▶ Smaller samples may not be normally distributed
  - ▶ Results may not be accurate
- ▶ Consider the N:q rule (sample size to parameter ratio)
  - ▶ 20:1 (N = 400, parameters = 20)
  - ▶ 10:1 frequently observed
  - ▶ 5:1 (as ratio falls, so does trustworthiness of results...)

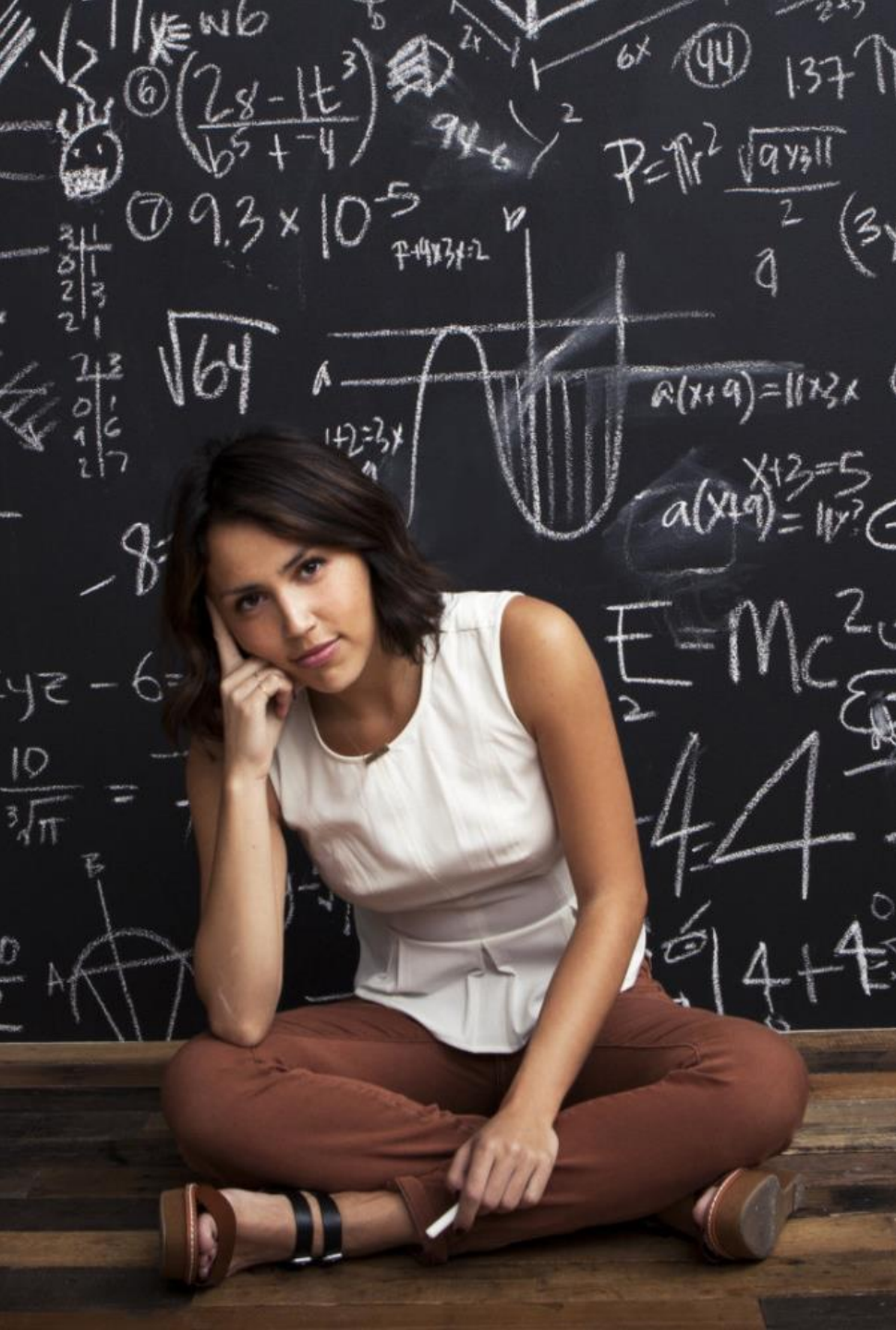
# Benefits of Using SEM

- ▶ Flexibility. SEM “thinks” about research problems the way researchers do (test theoretical models)
- ▶ Constructs measured using **latent variables** rather than a single observed variable
- ▶ Explains as much variance as possible with the measurement model
- ▶ Simultaneously tests relations among variables while taking into account measurement error

# Questions



[Njsparapani@ucdavis.edu](mailto:Njsparapani@ucdavis.edu)



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# Overview of Hierarchical Linear Modeling (HLM)

Autumn L. McIlraith, Ph.D.

University of Houston

# When is HLM appropriate?



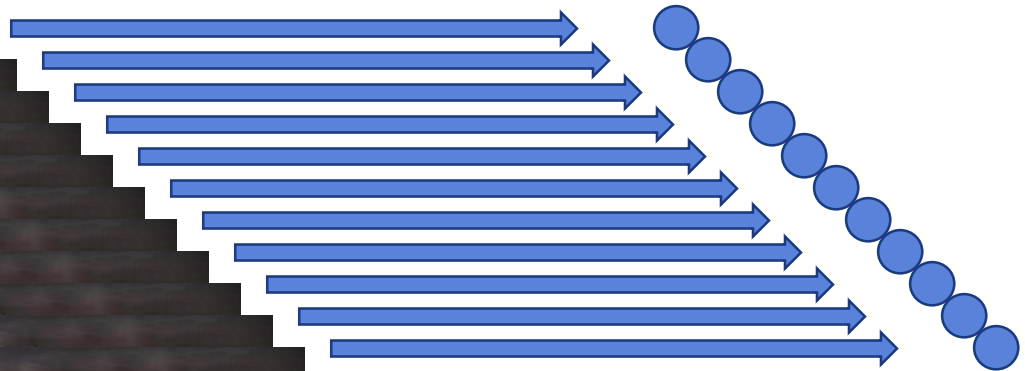


# When is HLM appropriate?

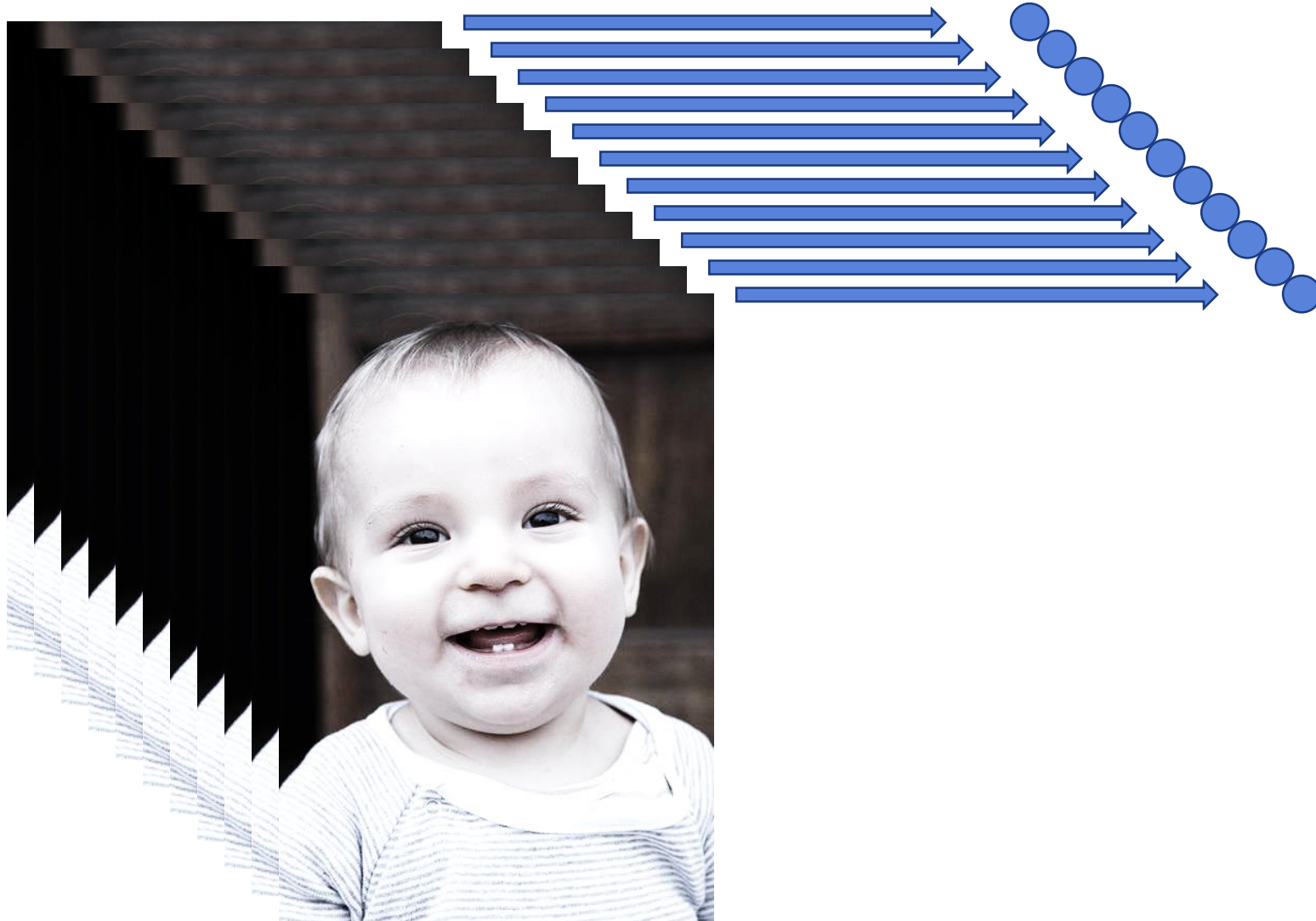


Test score





# No HLM needed!

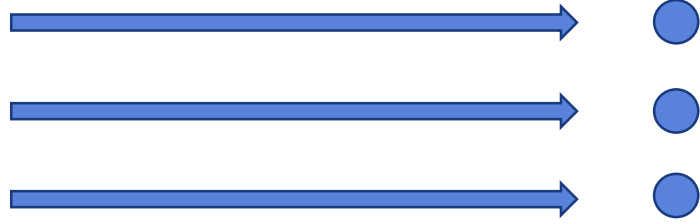


Independent  
observations

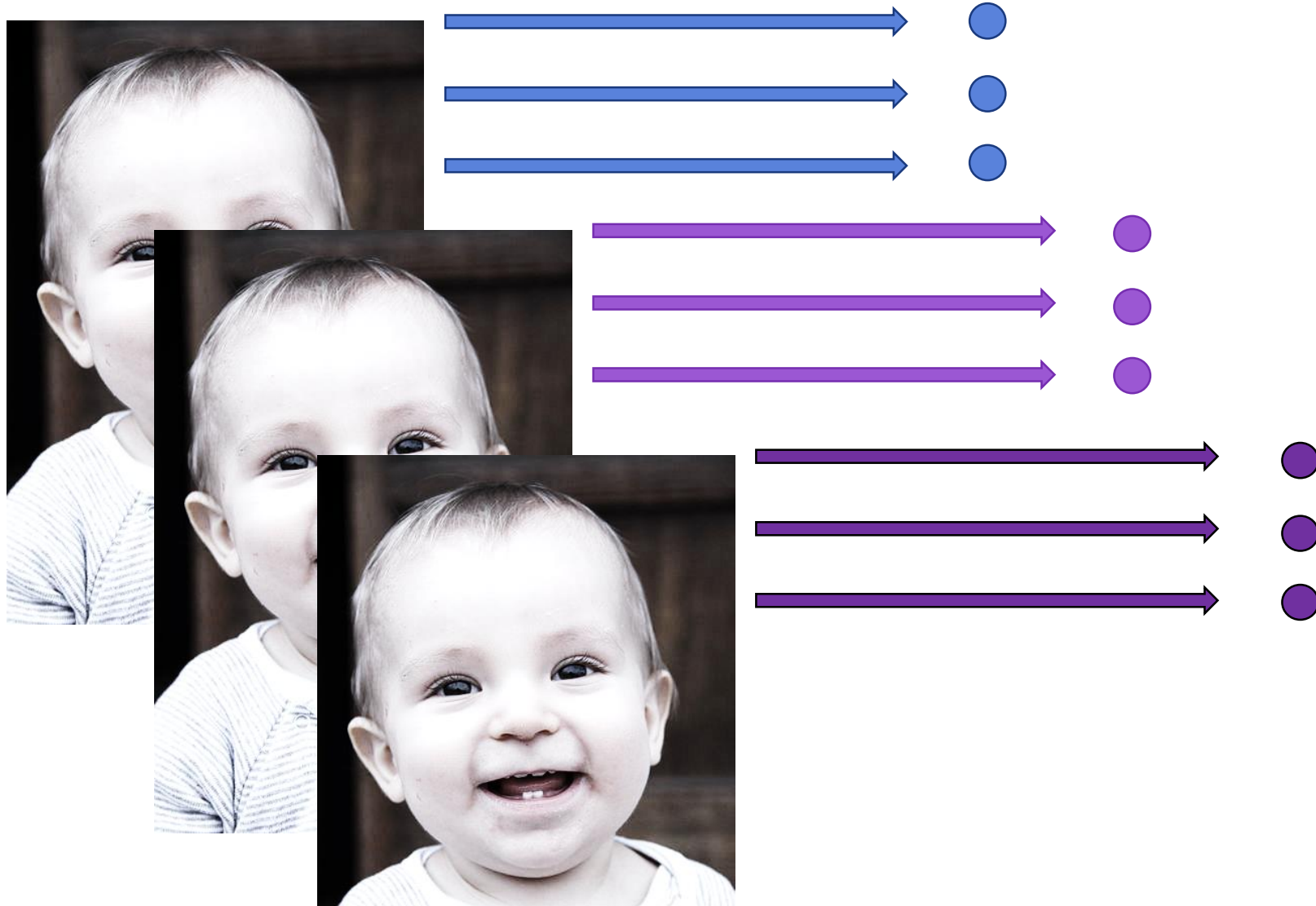
# When is HLM appropriate?



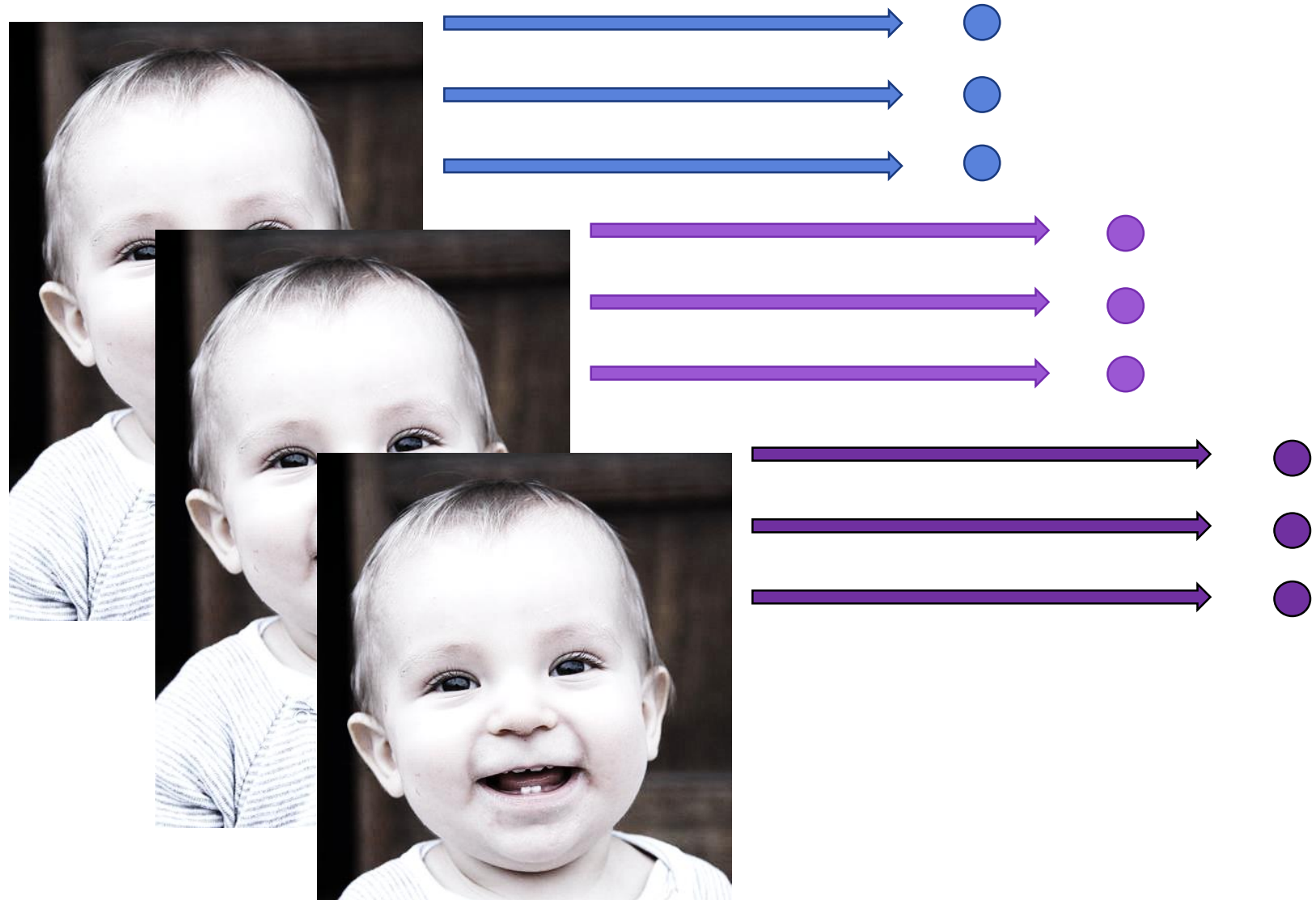
# When is HLM appropriate?



# When is HLM appropriate?

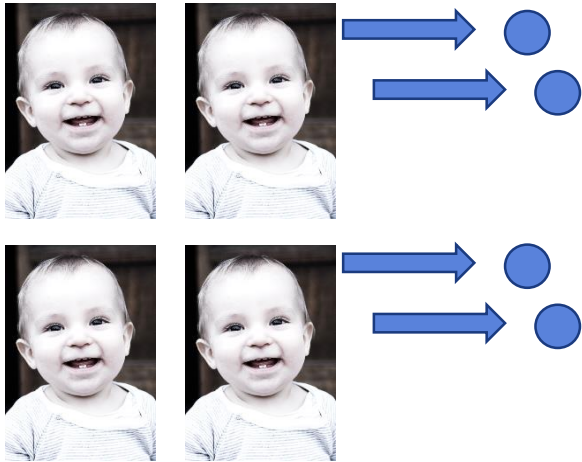


HLM is needed to account for dependency among observations



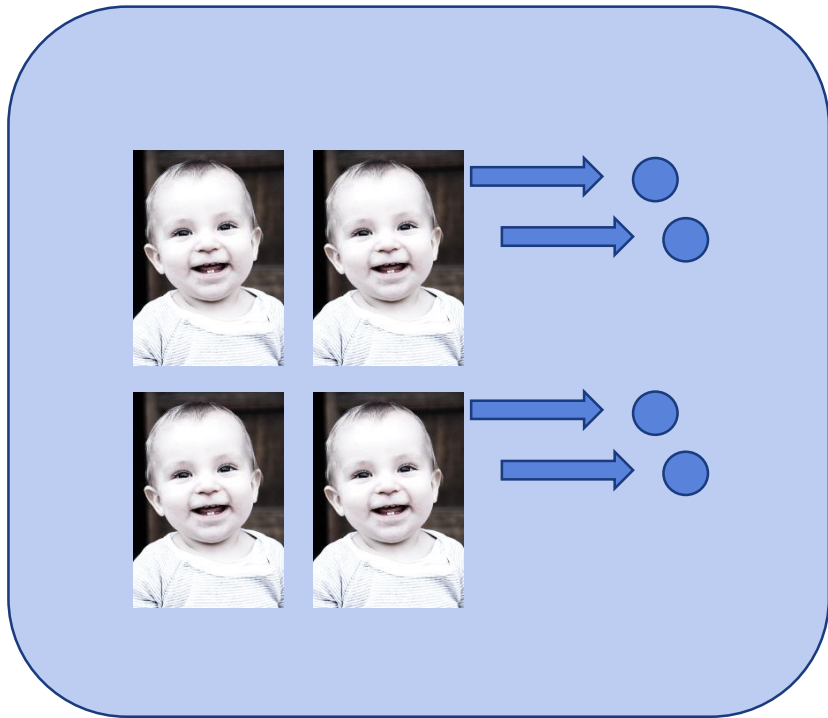
Dependent observations

# What about other kinds of dependency?

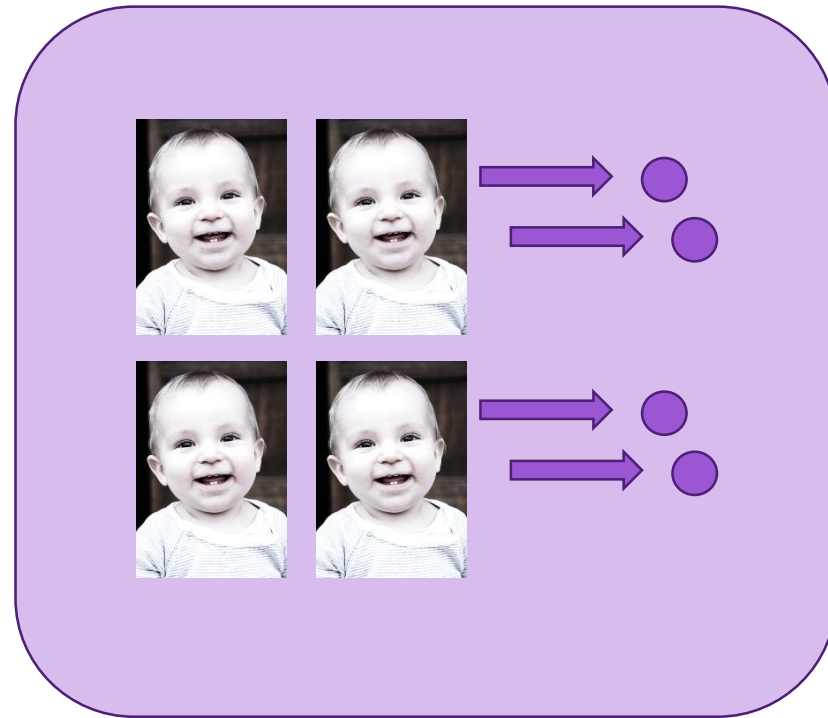
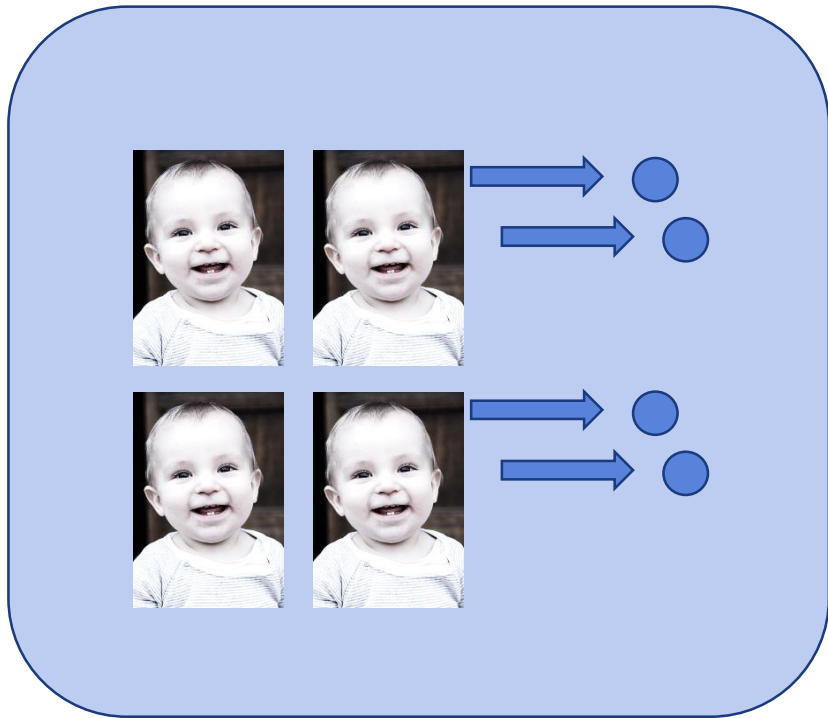




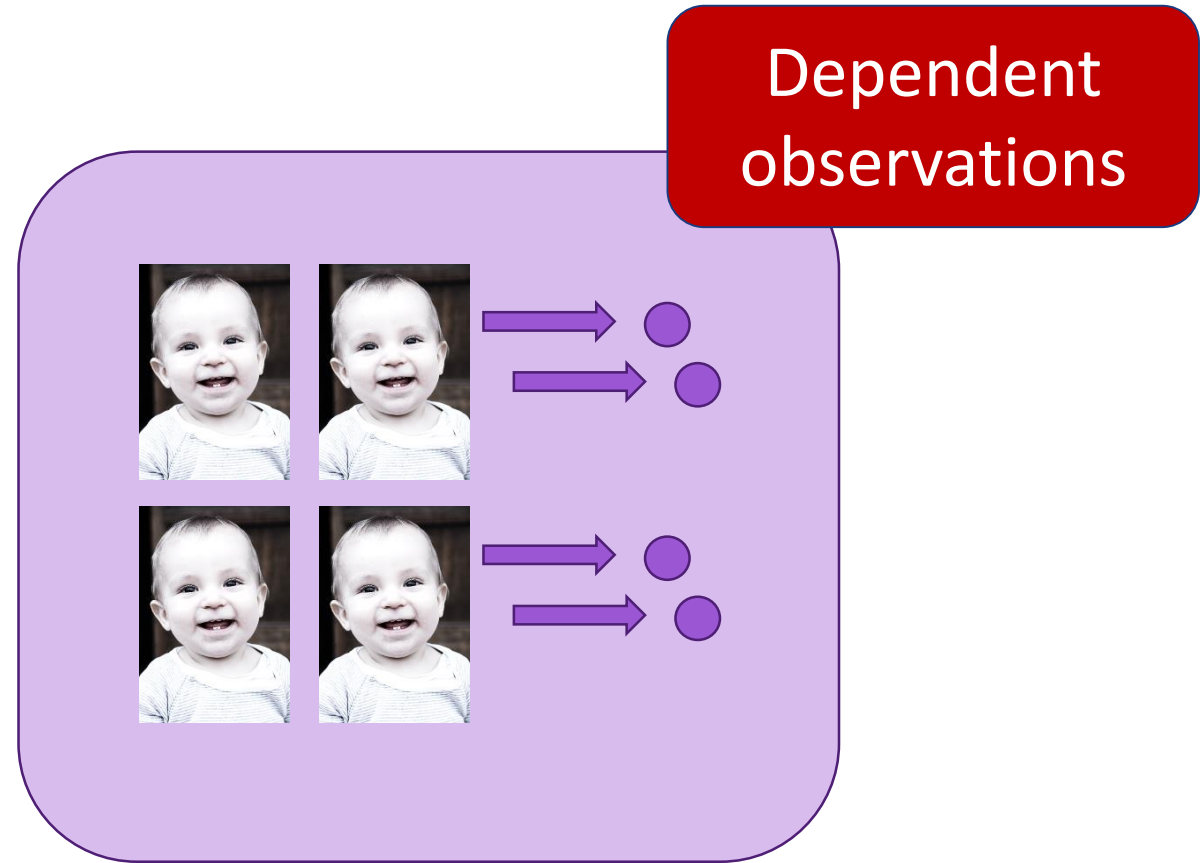
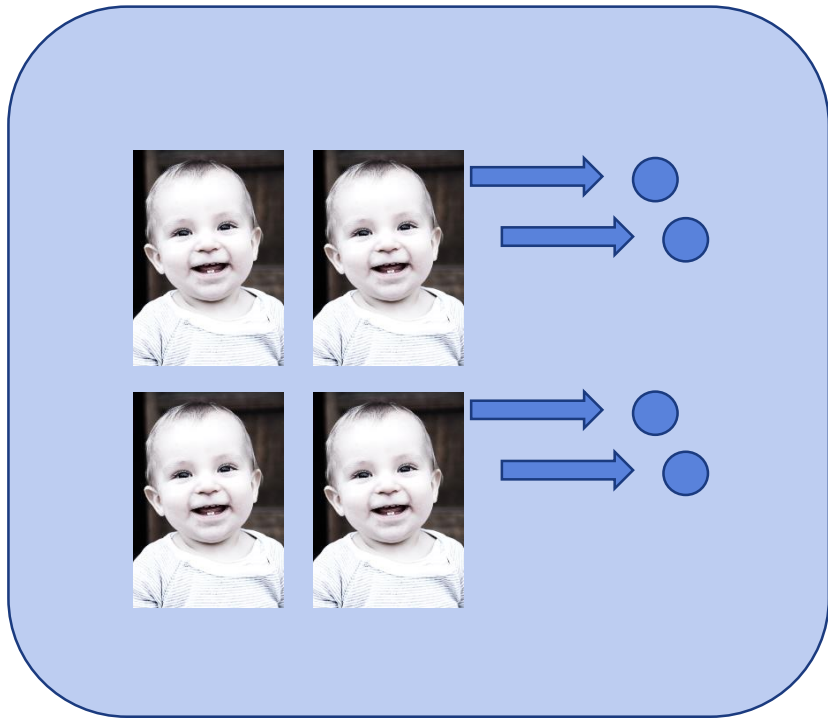
# What about other kinds of dependency?

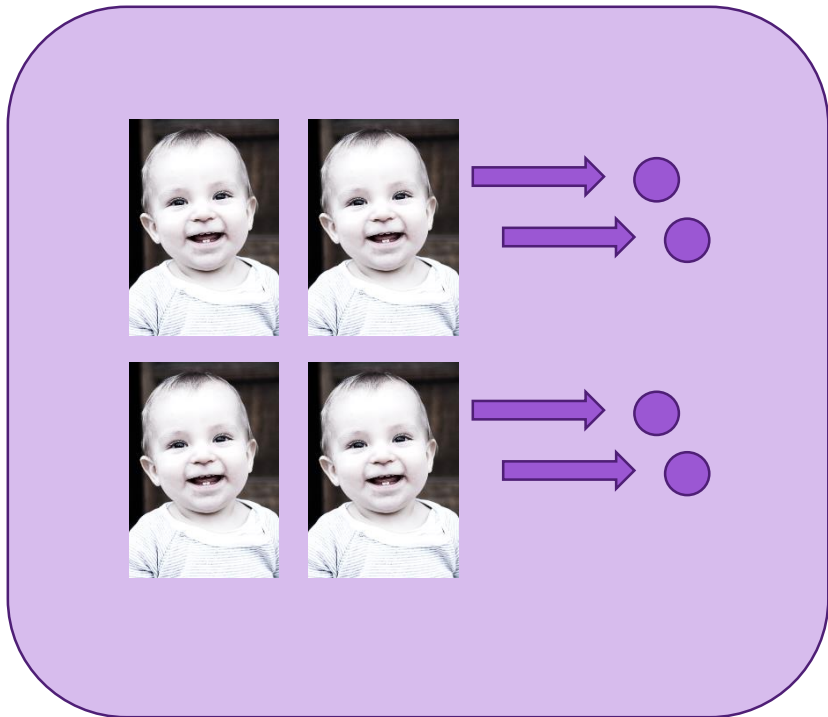
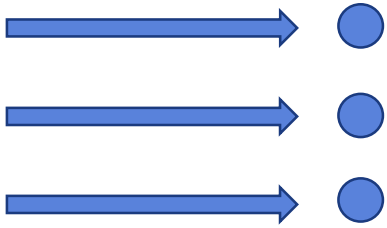


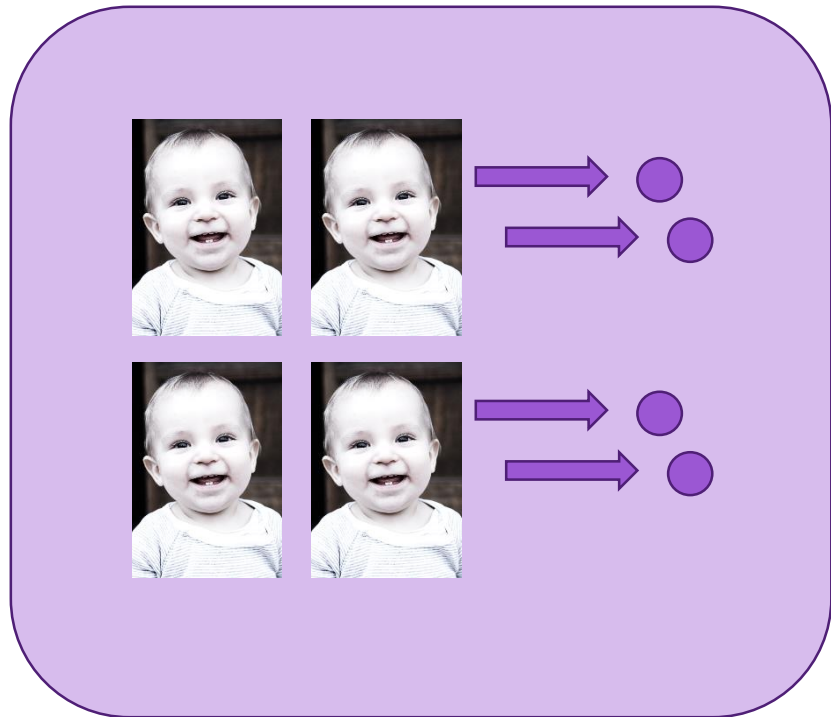
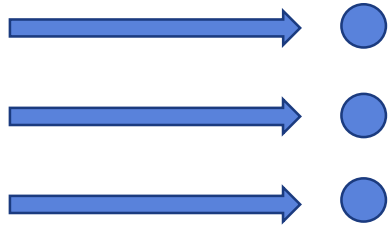
# What about other kinds of dependency?



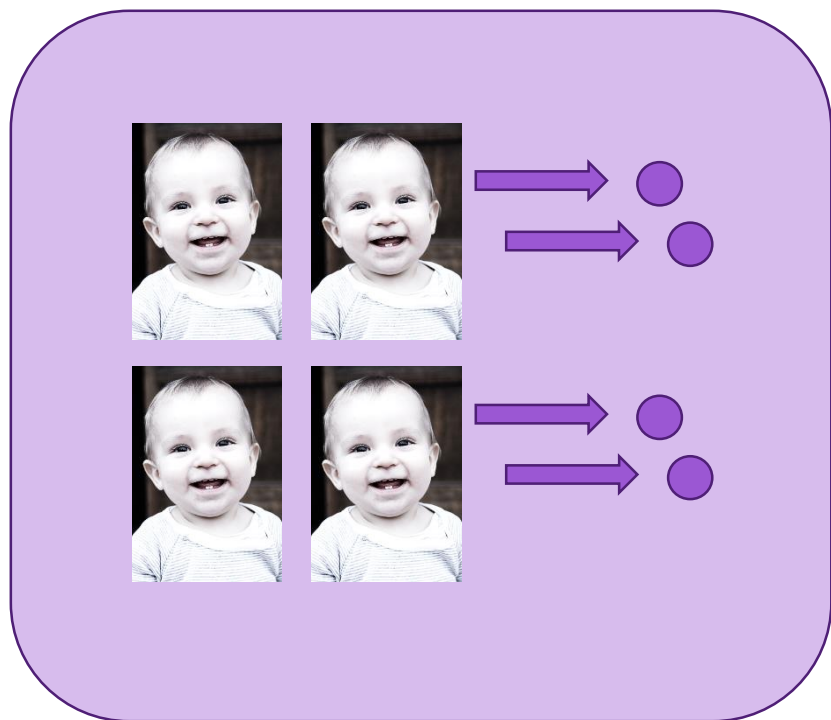
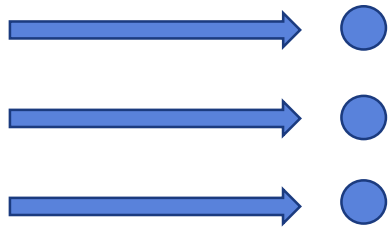
# HLM works here too!







*clustering*



*clustering*  
*nesting*



# Why does dependency matter?

# Why does dependency matter?

Violation of assumptions of many statistical tests

Can lead to inaccurate estimates of effects, less confidence in findings

Ignoring dependency can lead to 'masking' of real effects







How can dependency of observations be handled?

# How can dependency of observations be handled?

Robust standard errors

Repeated Measures analyses  
(e.g., Repeated Measures ANOVA)

Hierarchical Linear Modeling

Structural Equation Modeling

# How can dependency of observations be handled?

## **Robust standard errors**

- Useful when you do not have hypotheses about the larger clusters, only the individuals
- More conservative with determining statistical significance, but does not change the estimated effects themselves.

Repeated Measures analyses  
(e.g., Repeated Measures ANOVA)

Hierarchical Linear Modeling

Structural Equation Modeling

# How can dependency of observations be handled?

Robust standard errors

**Repeated Measures analyses  
(e.g., Repeated Measures ANOVA)**

- Useful with balanced data, categorical predictors, *observations nested within person*, and little to no missing data
- Tends to oversimplify the raw data patterns
- Often requires numerous post-hoc pairwise comparisons

Hierarchical Linear Modeling

Structural Equation Modeling

# How can dependency of observations be handled?

Robust standard errors

Repeated Measures analyses  
(e.g., Repeated Measures ANOVA)

**Hierarchical Linear Modeling**

- Can handle both categorical and continuous predictors
- Can handle unbalanced data, and missing data
- Can address hypotheses at the observation and cluster level

Structural Equation Modeling

# How can dependency of observations be handled?

Robust standard errors

Repeated Measures analyses  
(e.g., Repeated Measures ANOVA)

Hierarchical Linear Modeling

**Structural Equation Modeling**

- Conceptually, very similar to HLM
- Uses latent factors
- Useful with larger sample sizes



# *nesting*

Level 1 *nested within* level 2

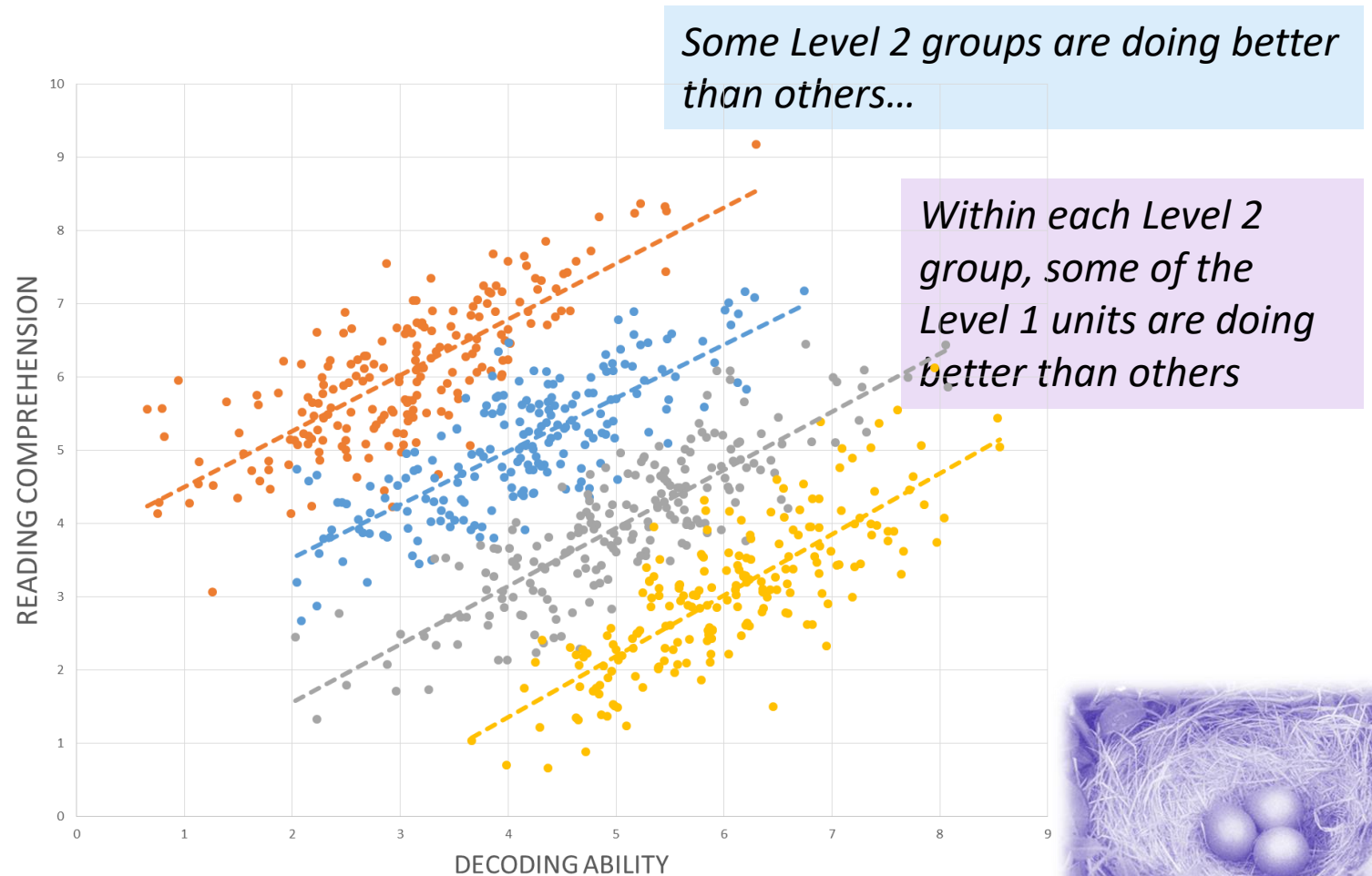
Level 1 ("micro")	Level 2 ("macro")
Participants	Classroom
Classrooms	School
Voters	District
Patients	Clinician
Time Points	Participant
Item responses	Item
Item responses	Participant



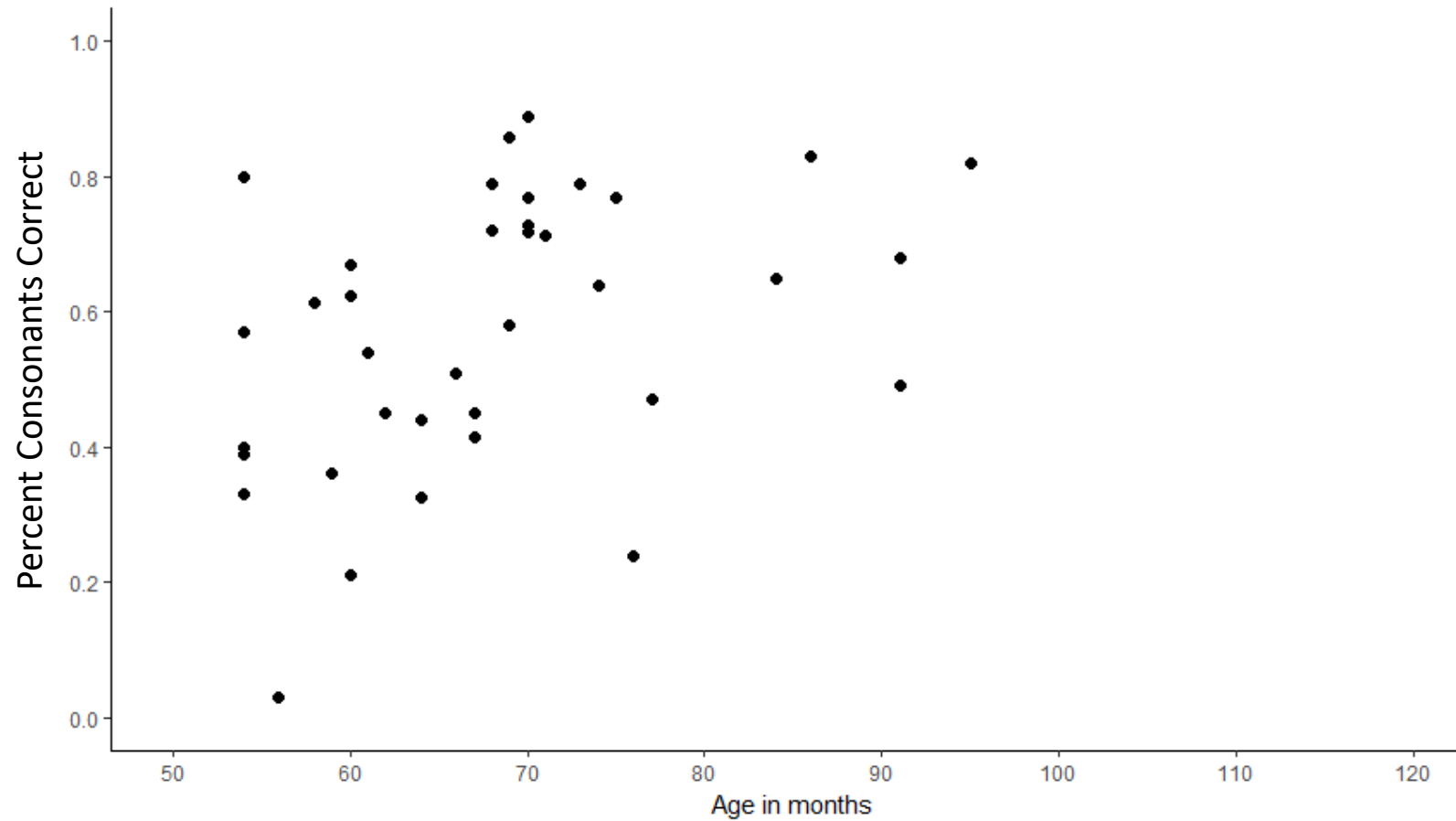
# nesting

## Level 1 *nested within* level 2

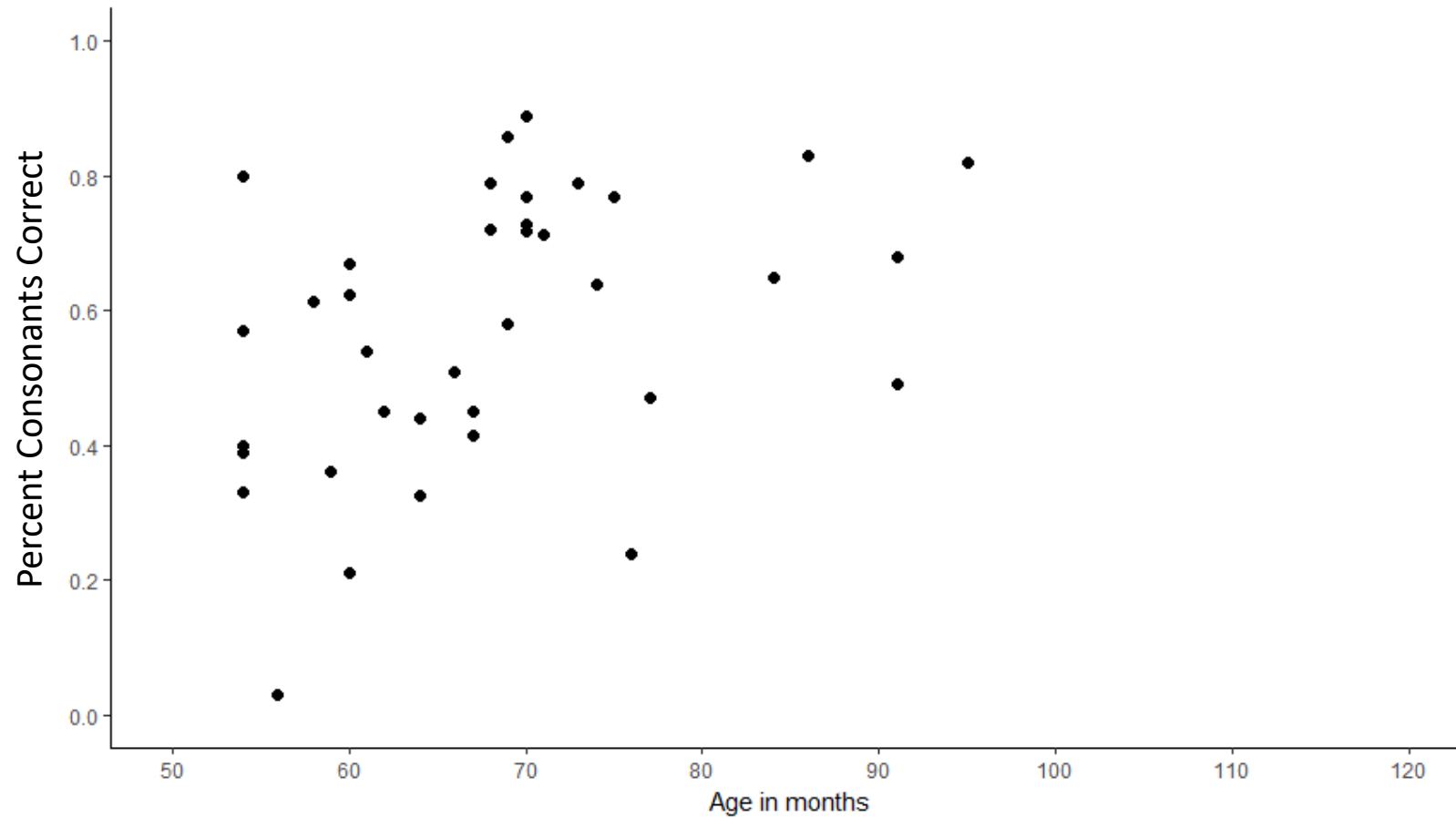
Level 1 ("micro")	Level 2 ("macro")
Participants	Classroom
Classrooms	School
Voters	District
Patients	Clinician
Time Points	Participant
Item responses	Item
Item responses	Participant



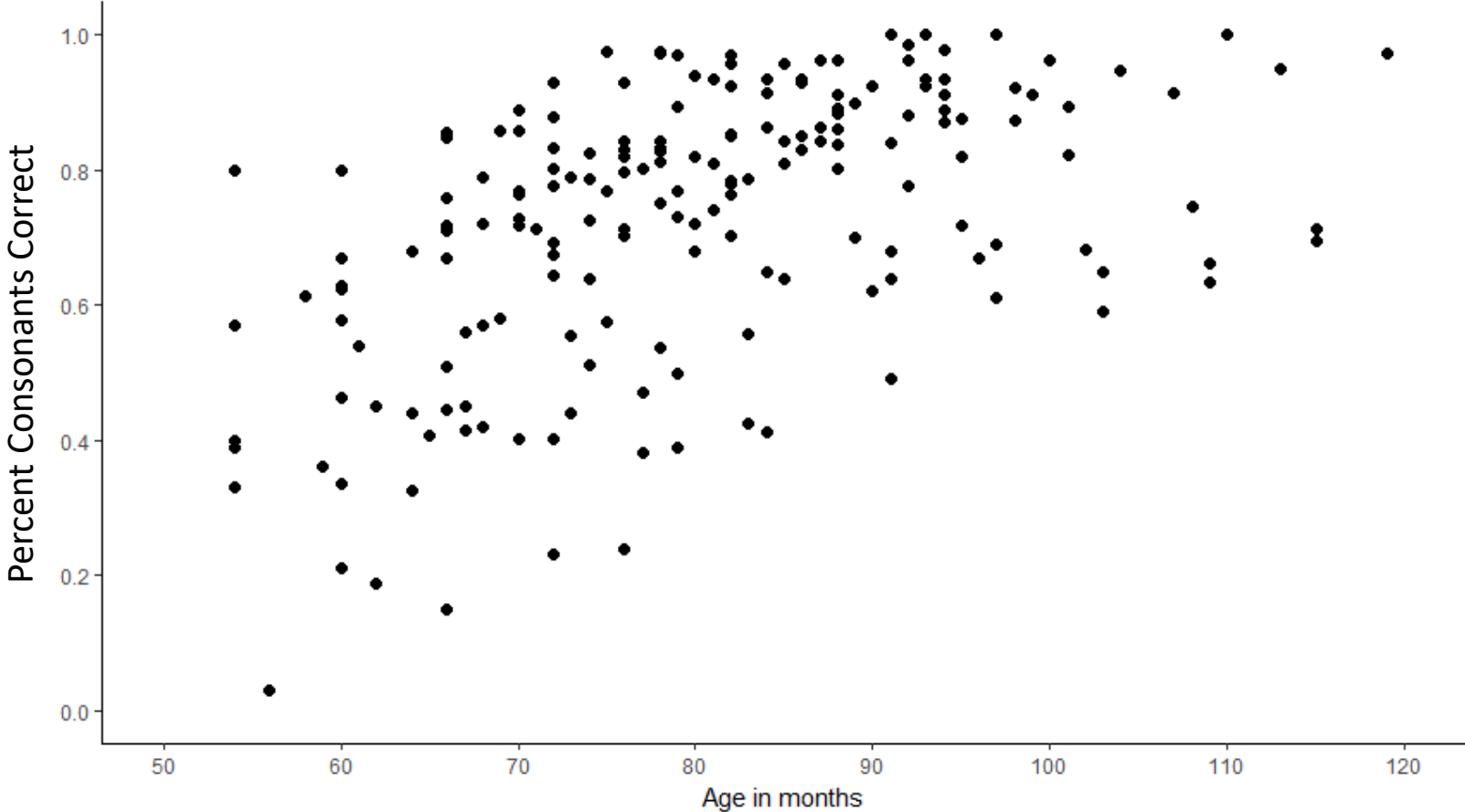
# Let's look at some real data...



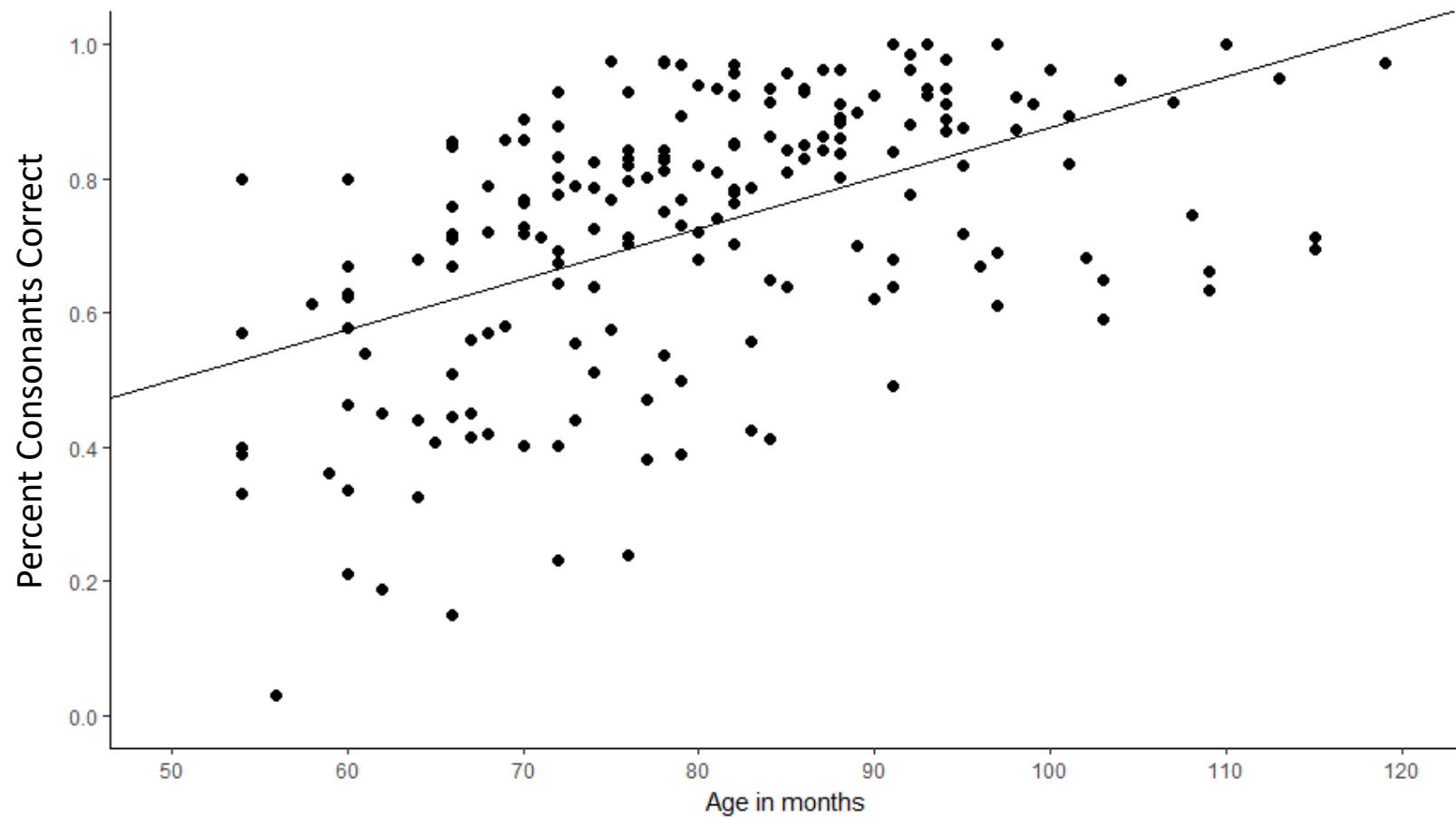
# Scatterplot: Percent consonants correct (PCC), and age in months, for a sample of children with inconsistent speech sound errors



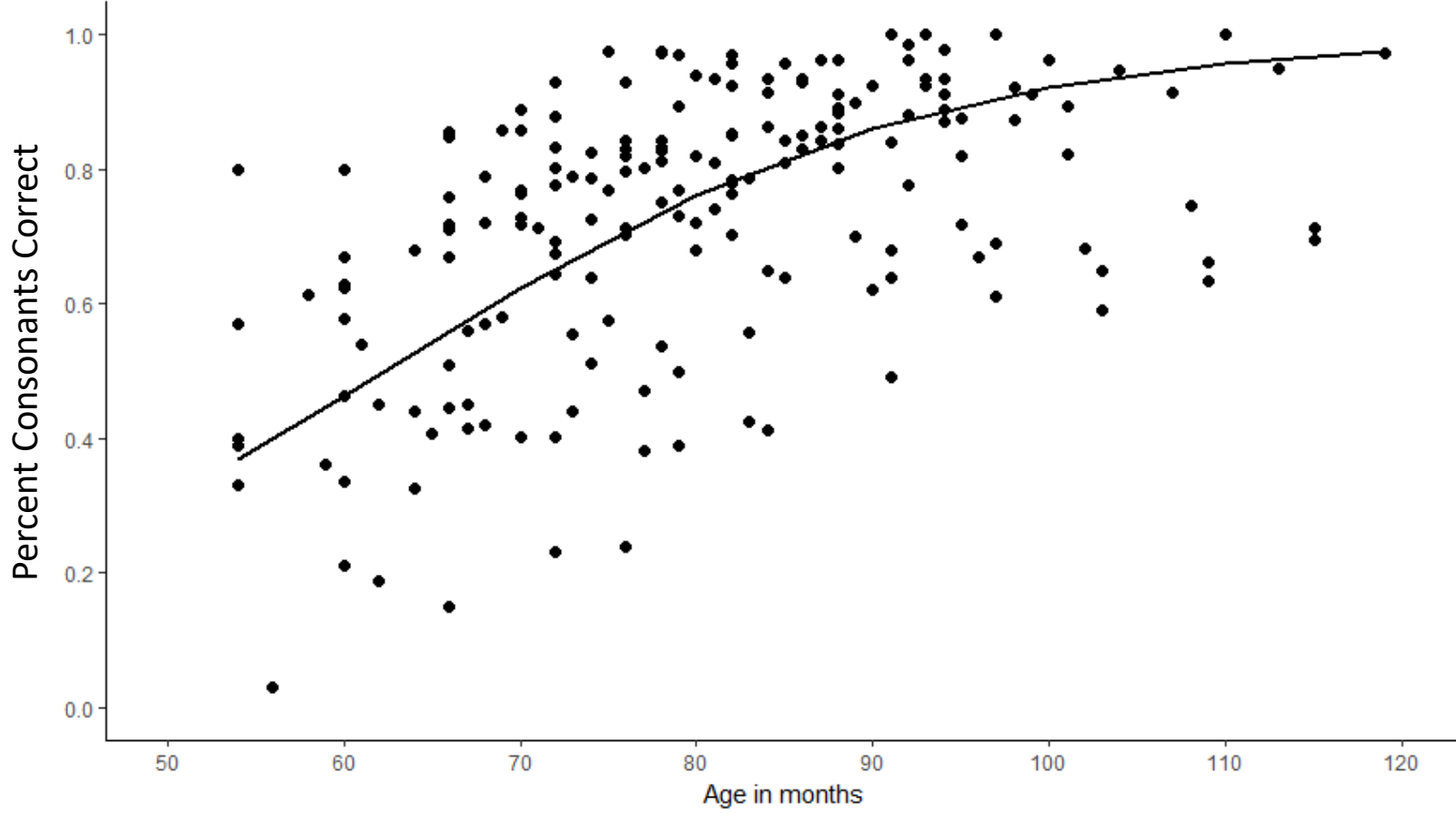
Measured at 5 different time points, separated by 6-month intervals

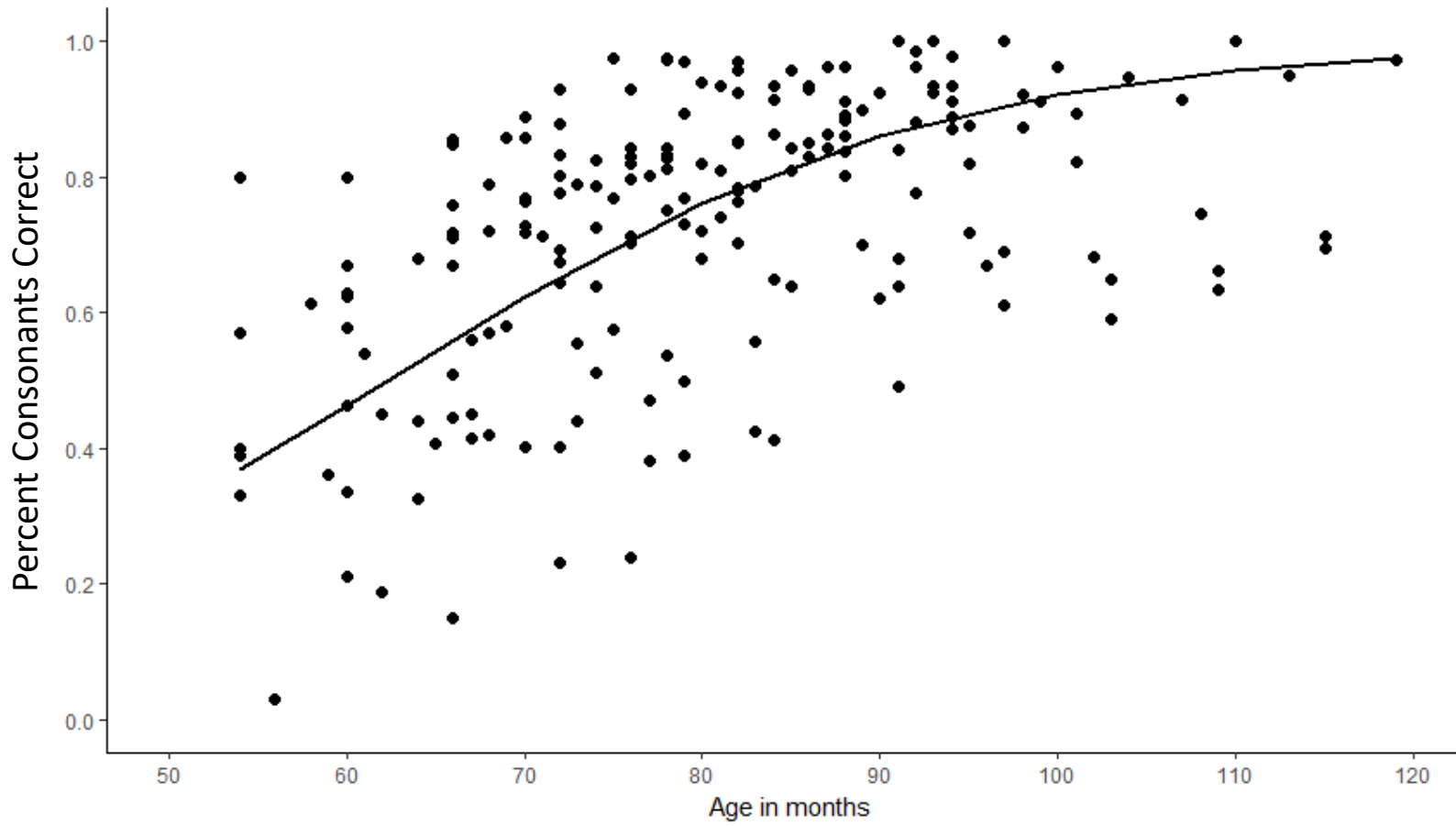


# Linear model



# Non-linear model (bounded by 0% and 100%)

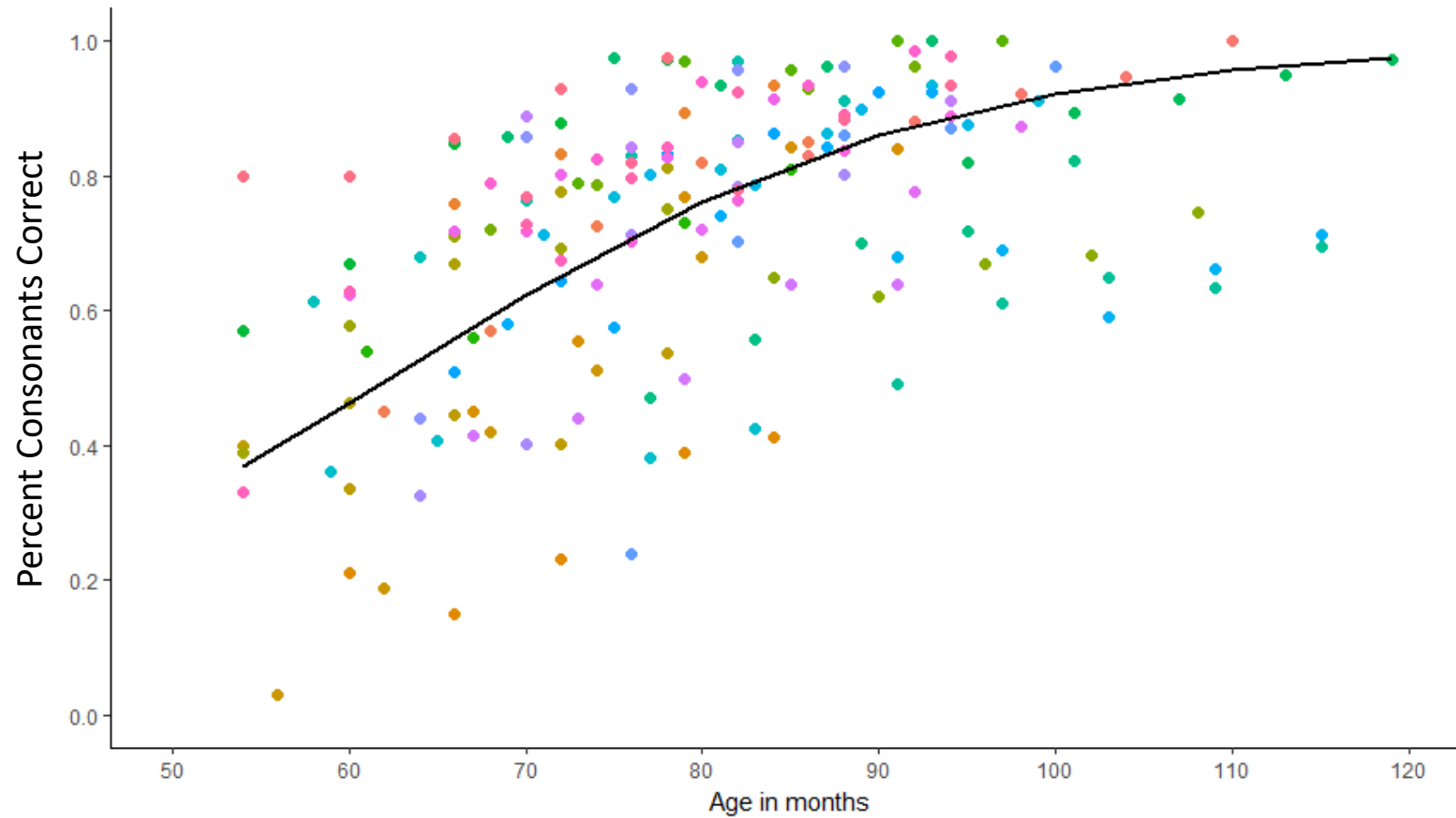




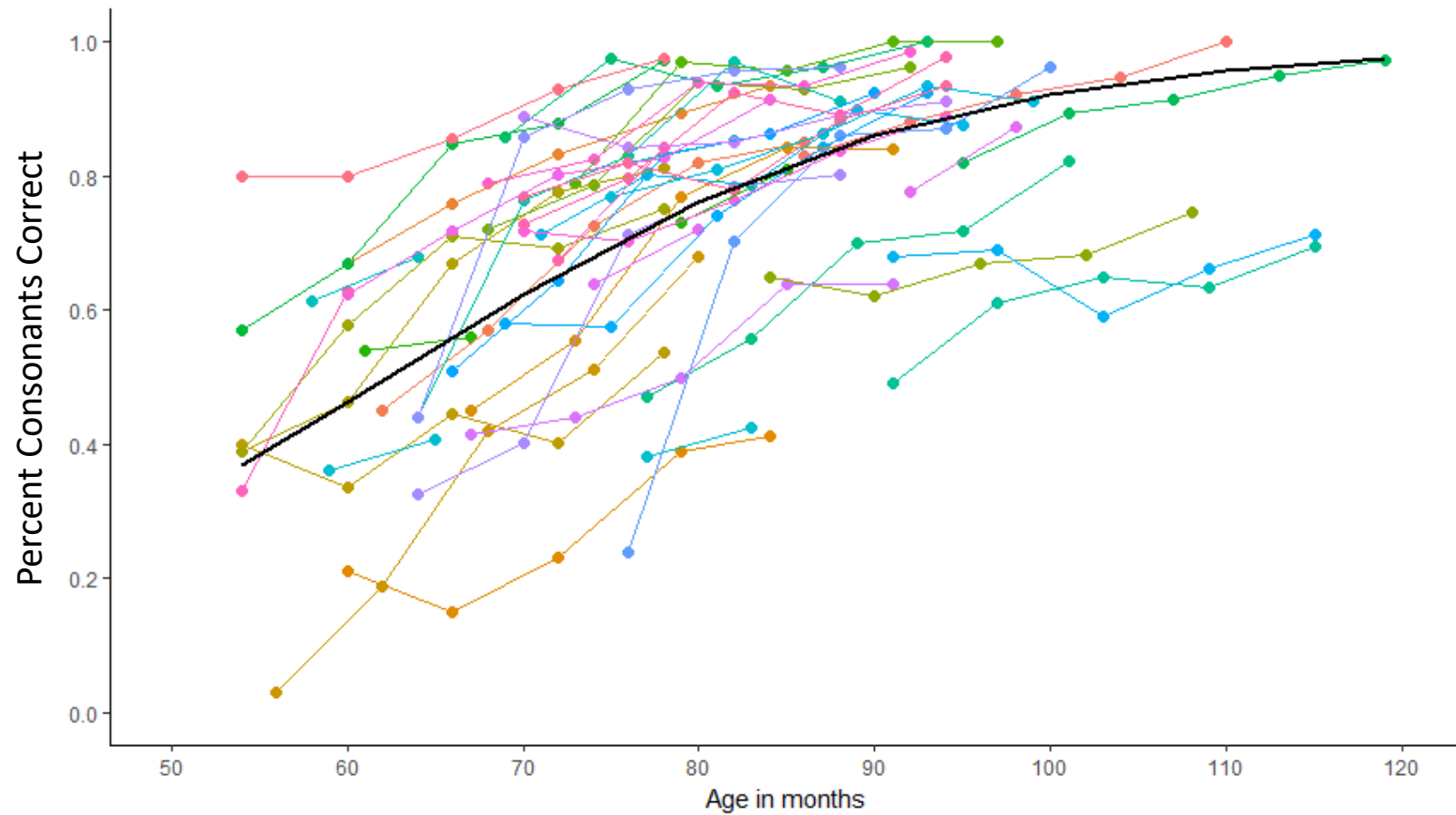
Does age predict PCC?  
Yes, but there's a lot of error.



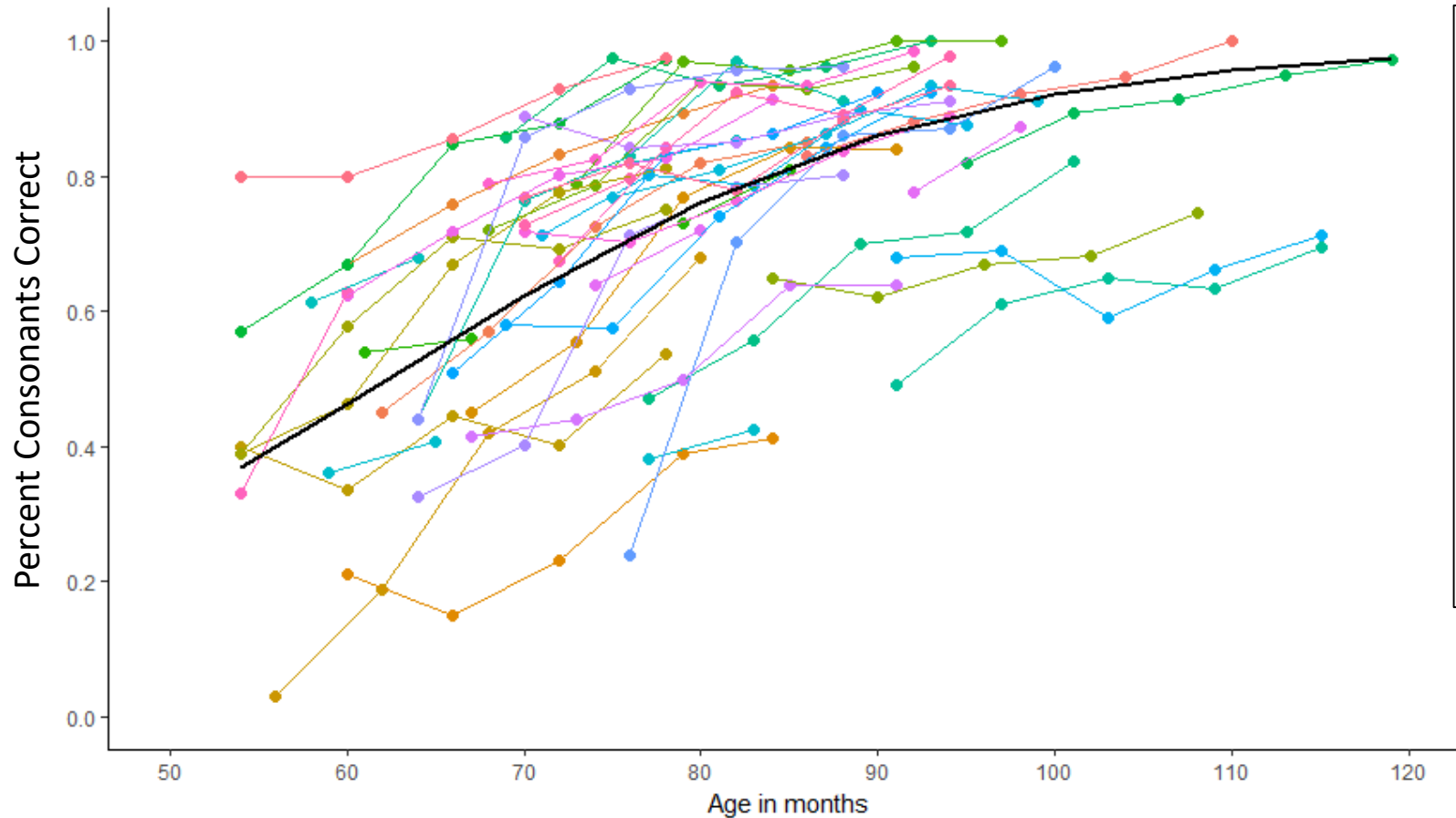
# Color-coded by child



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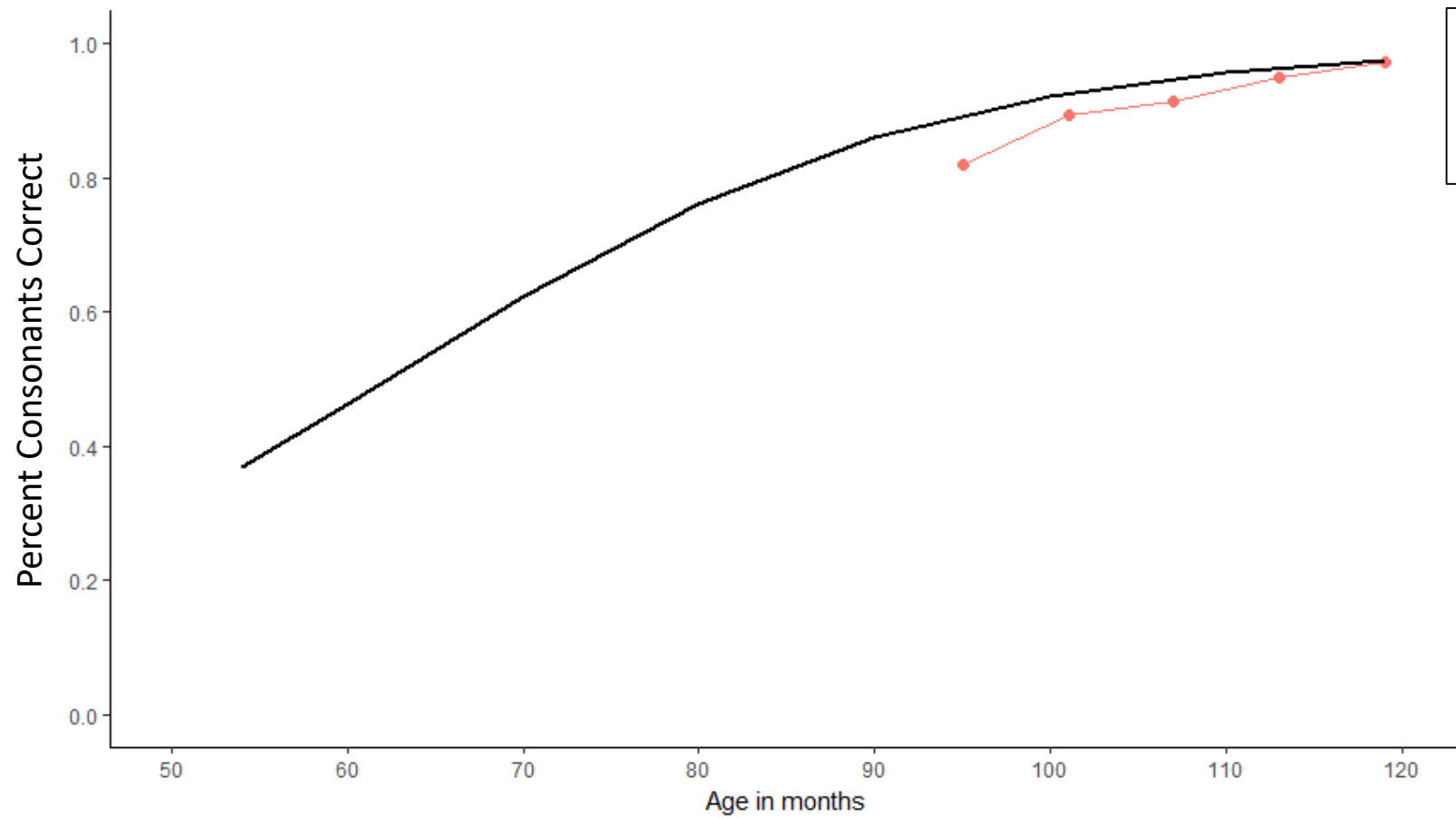


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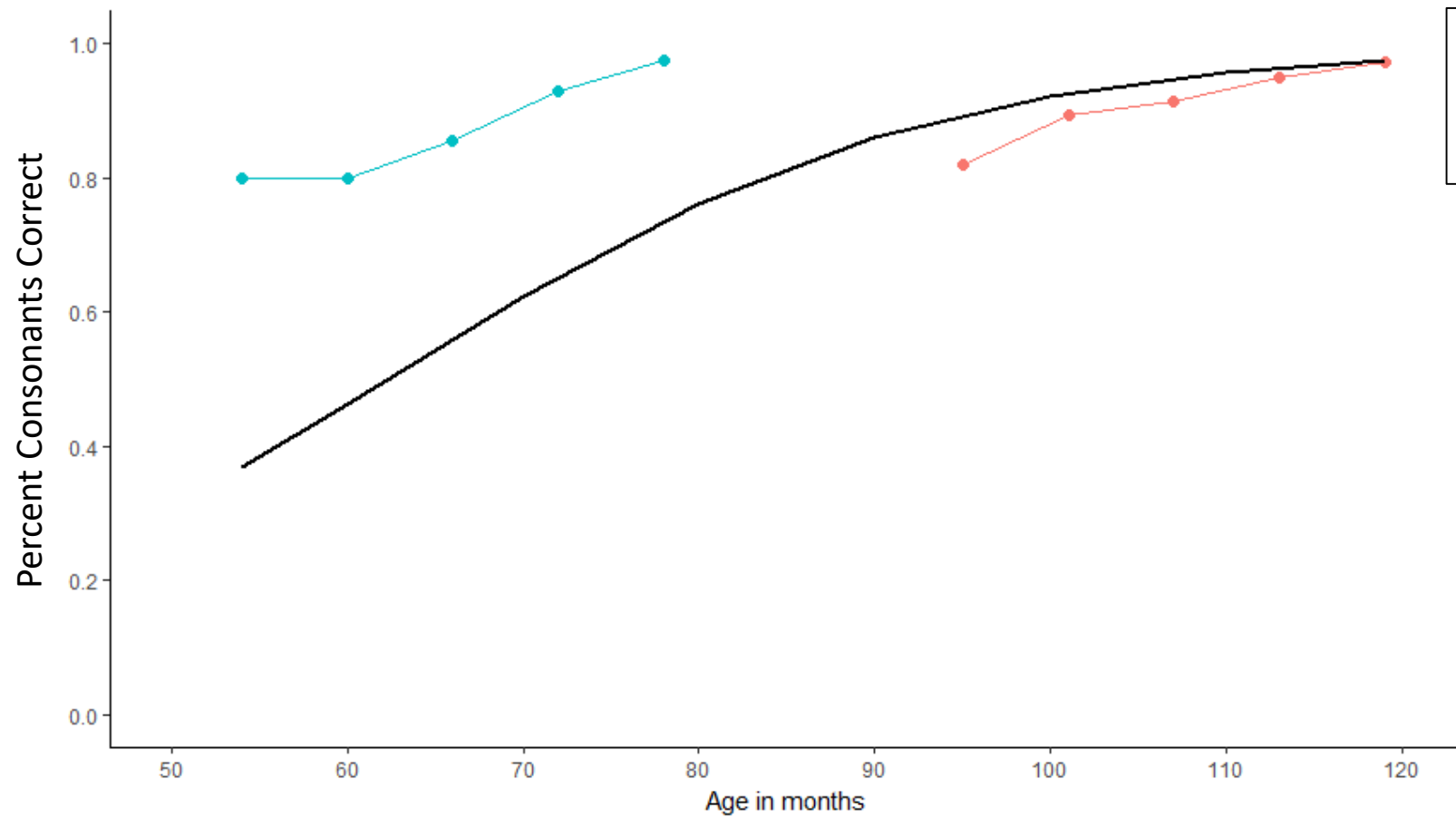


All the observations from a single child are *not* independent.

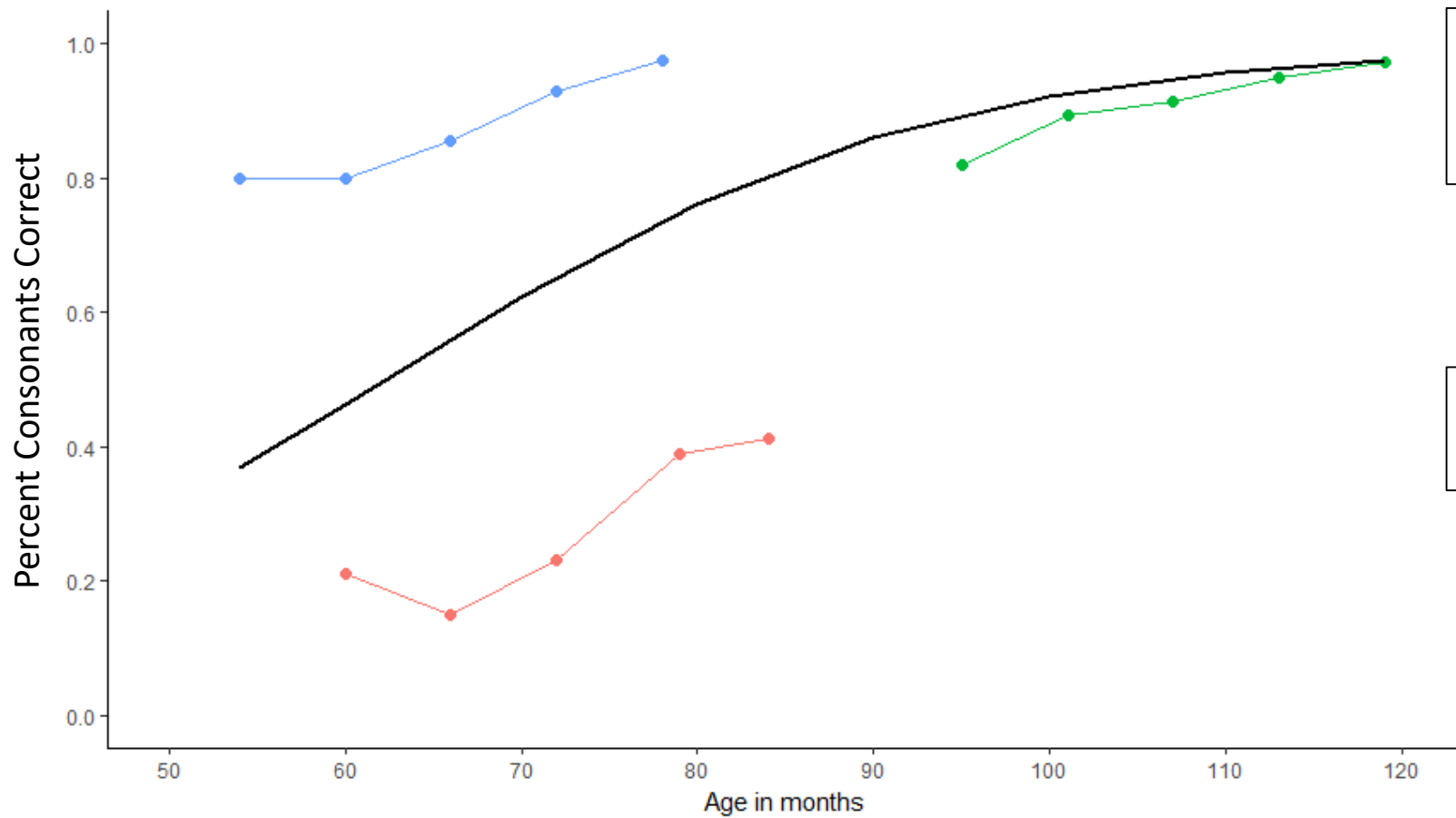
Without modeling the nested nature of the data, we are treating every observation as if it were unique and unrelated to the others.



The model predictions look pretty good for some children...



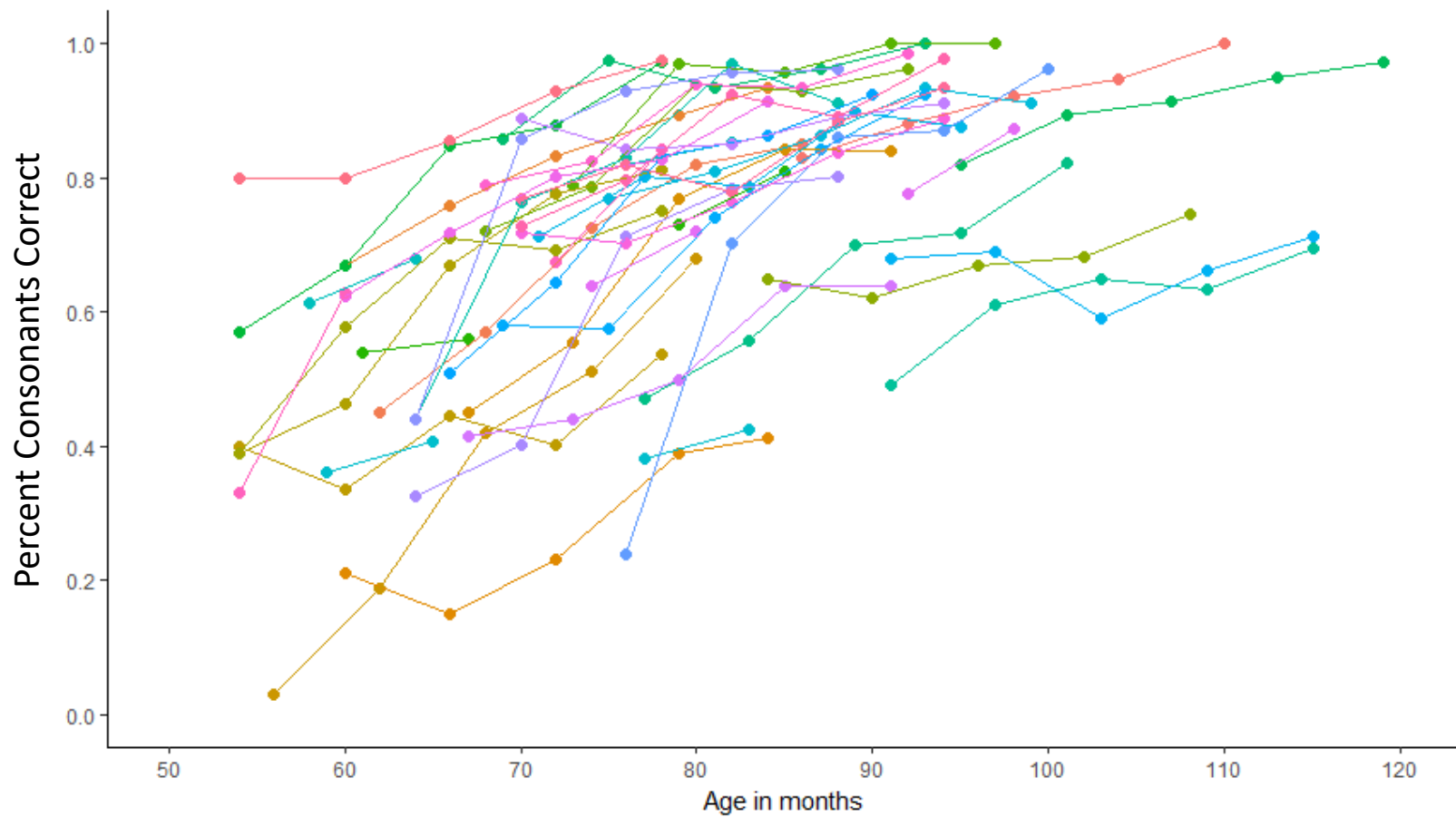
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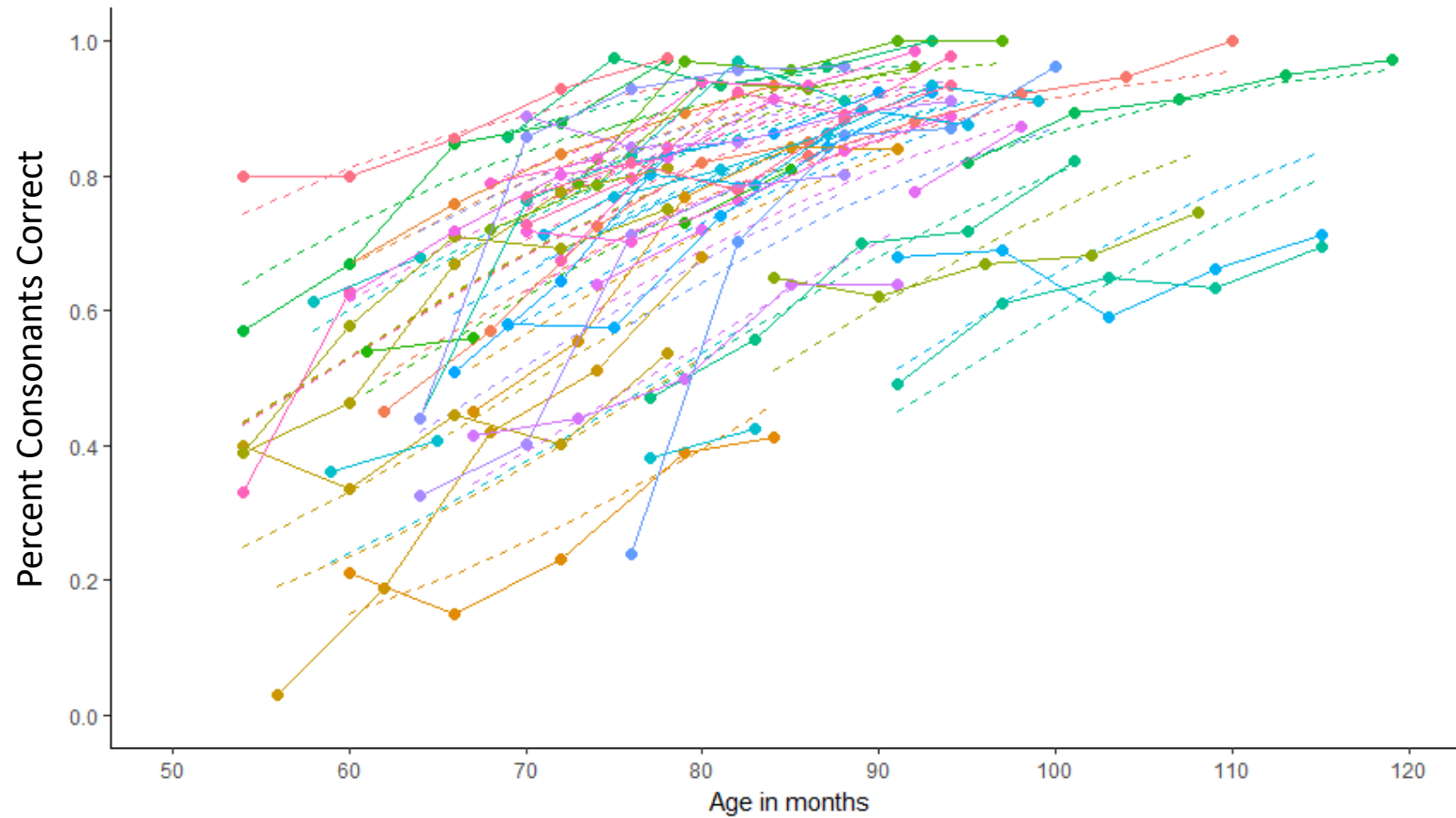
The model predictions look pretty good for some children...

... but less so for others.

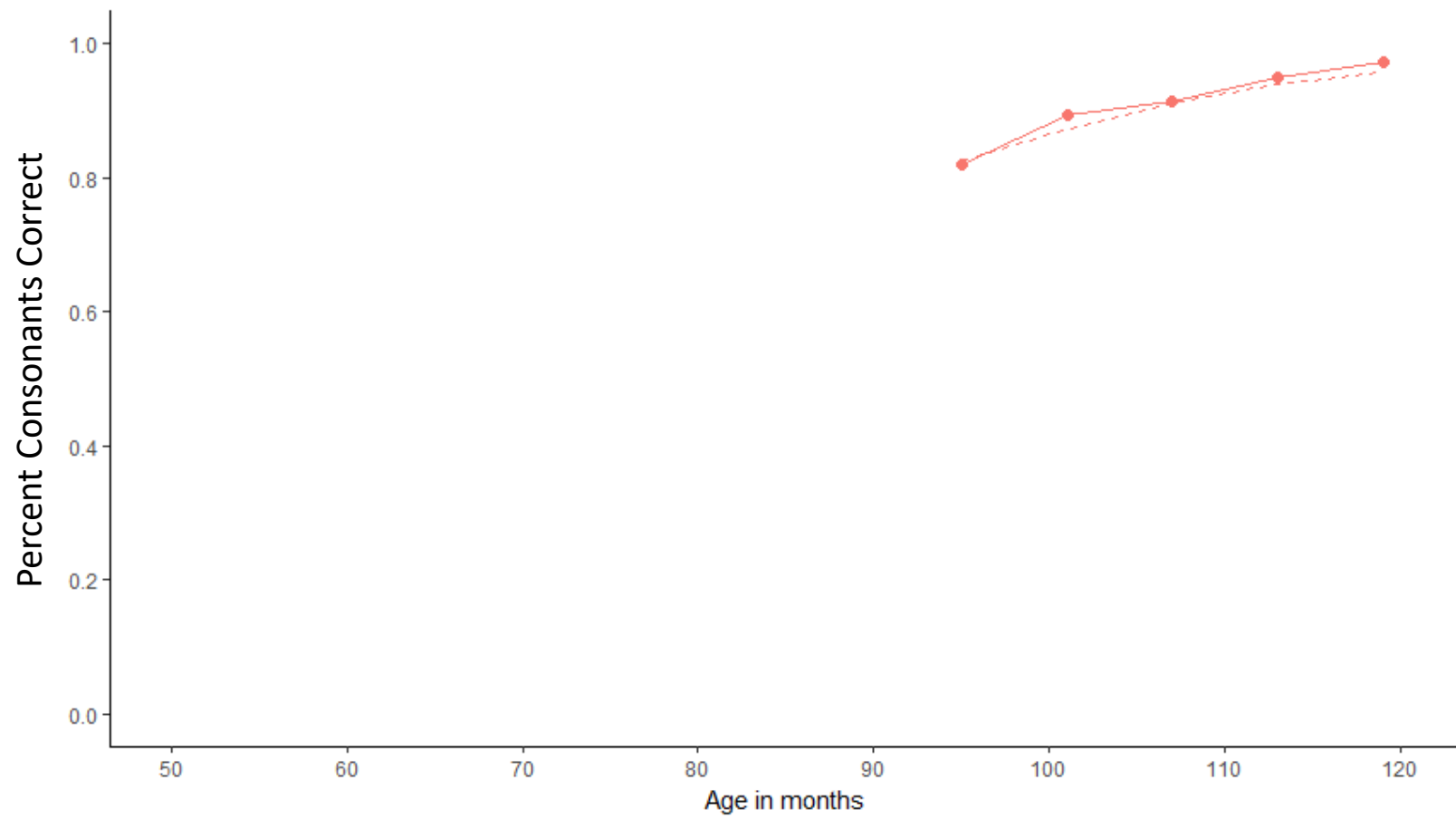
# Now let's try HLM

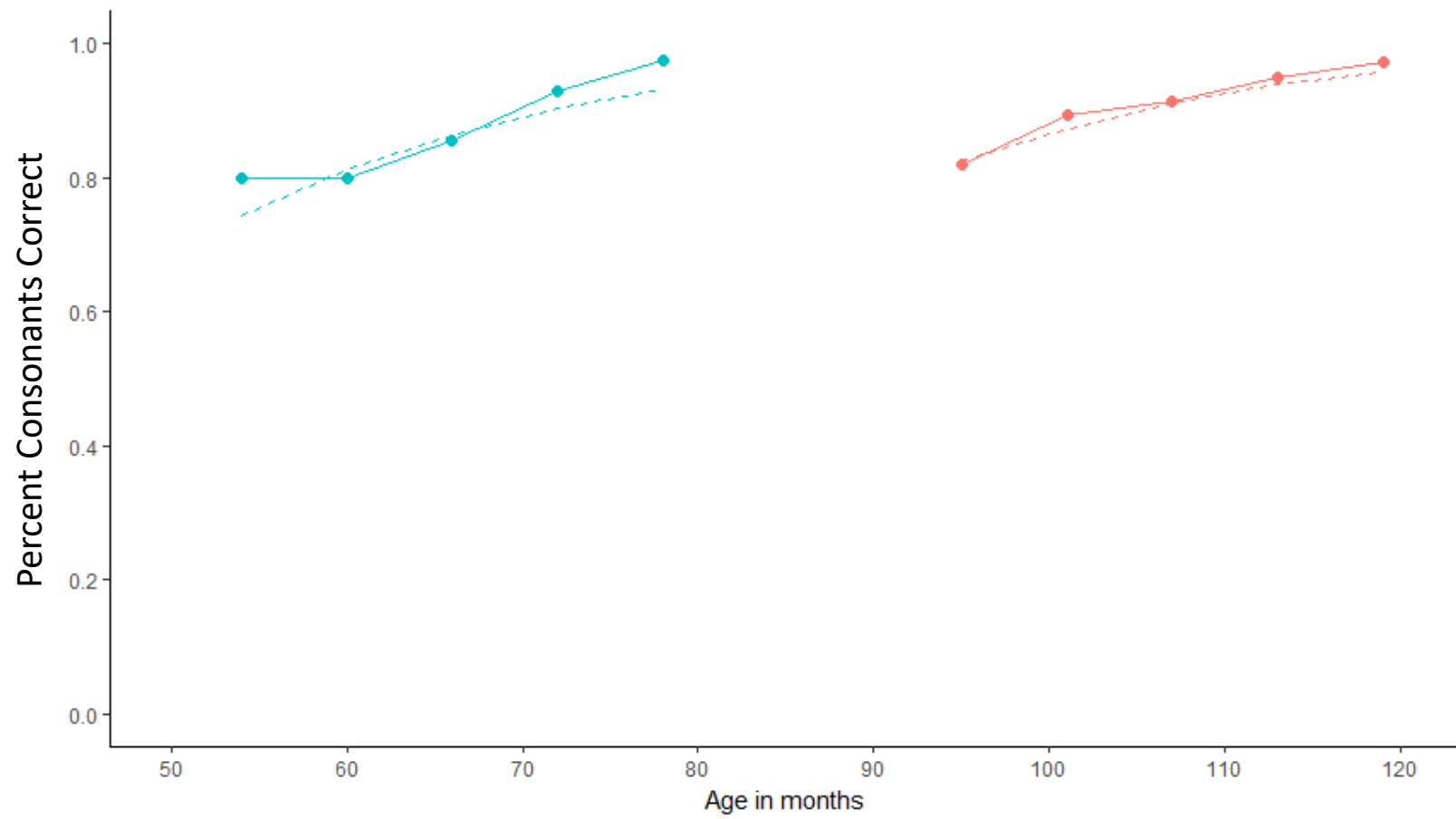


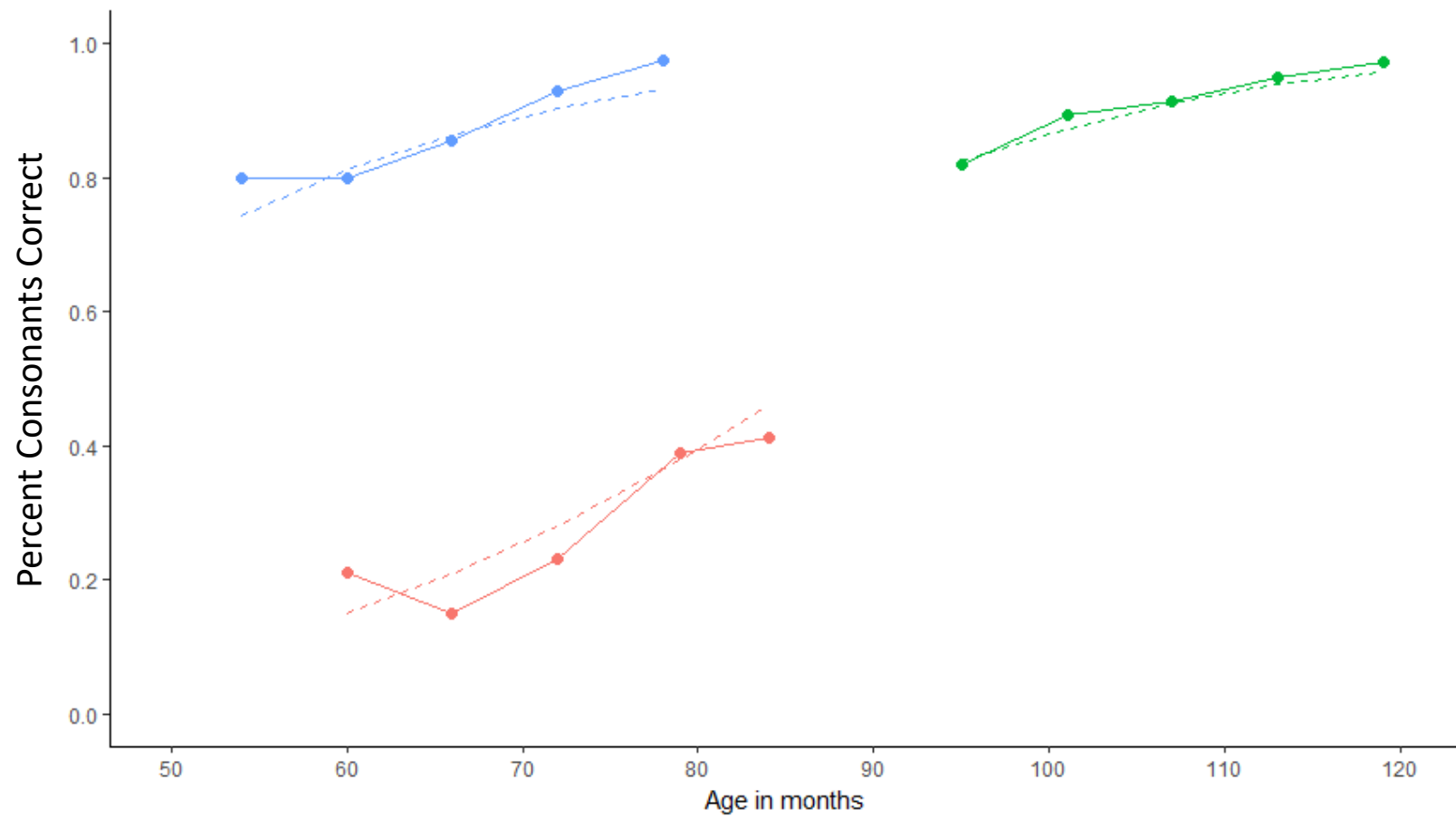
Each child gets their own predicted pattern of growth

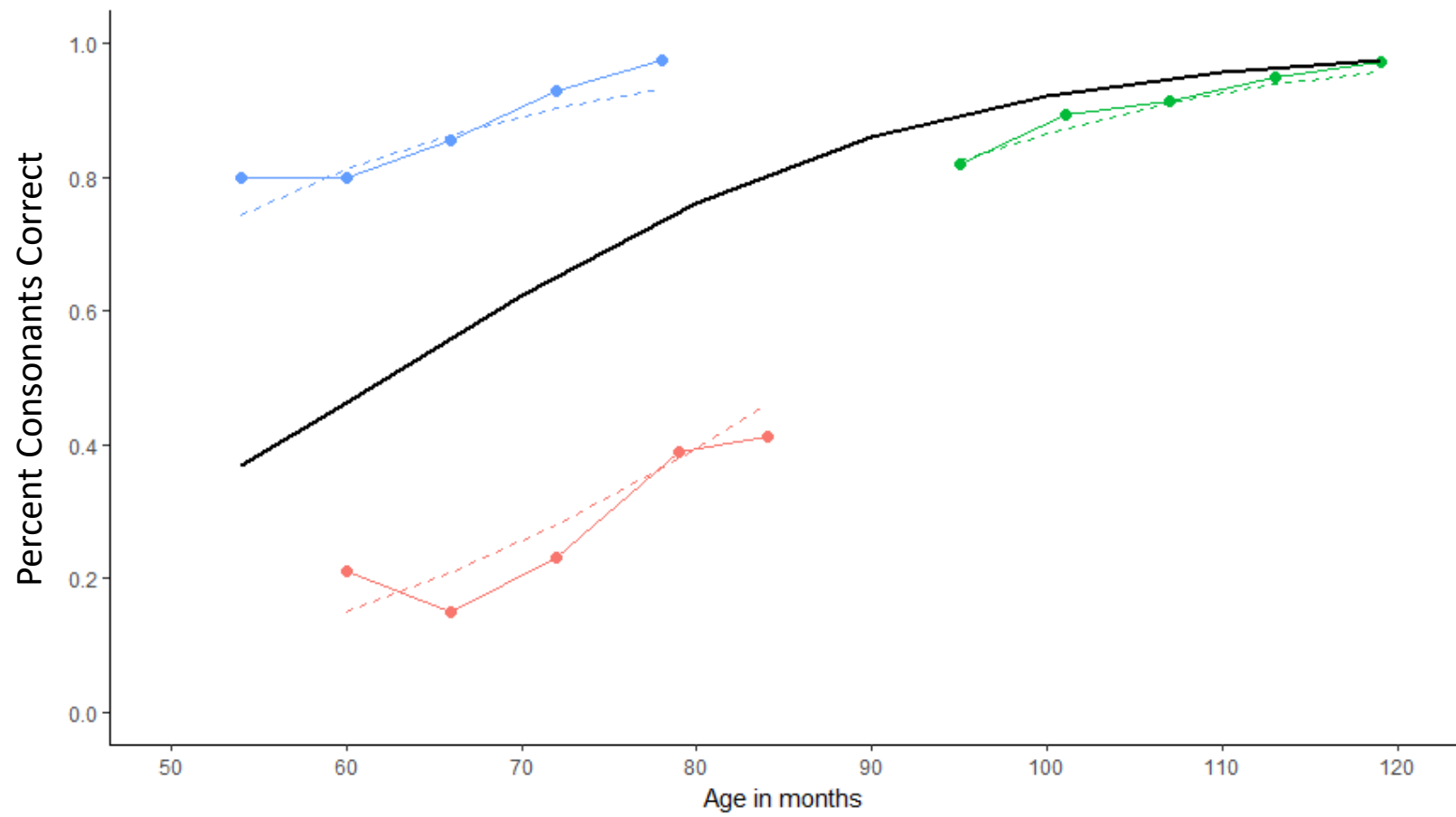




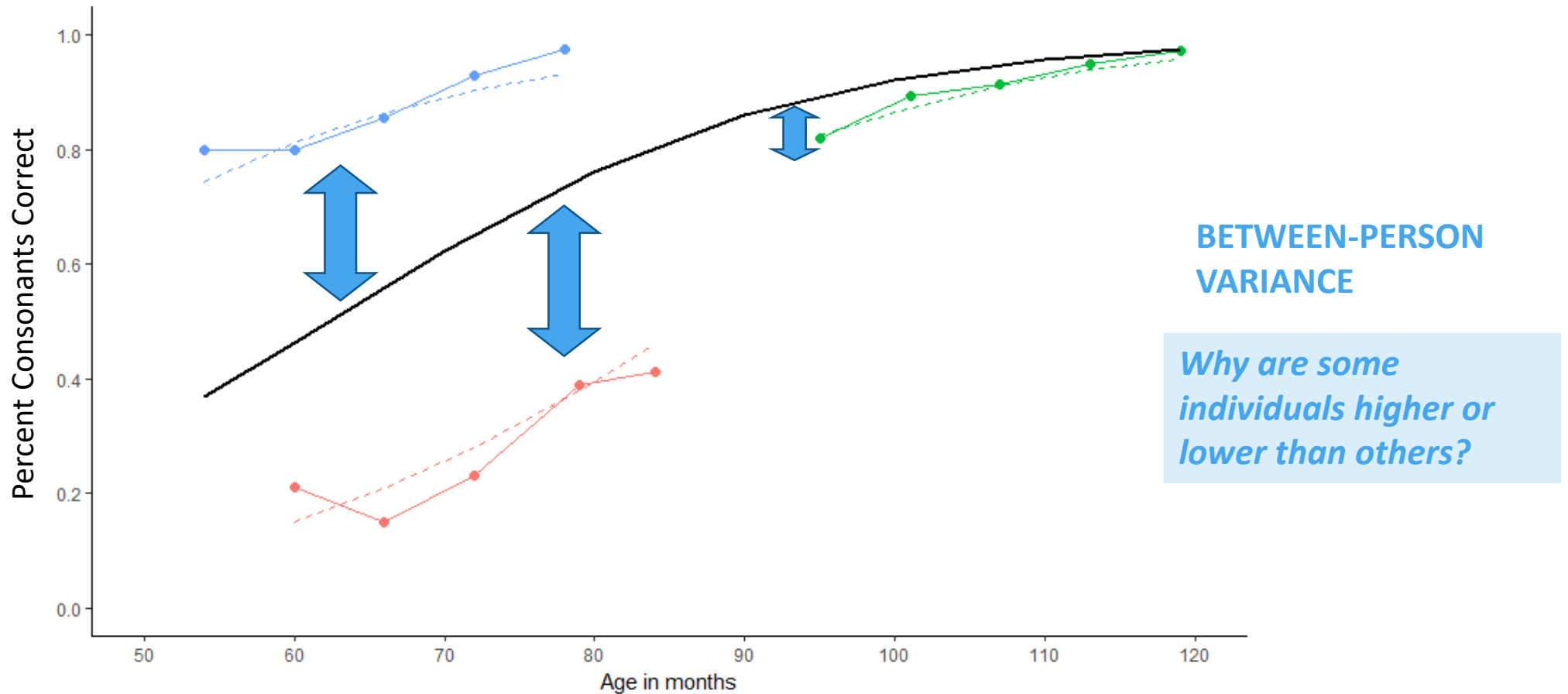








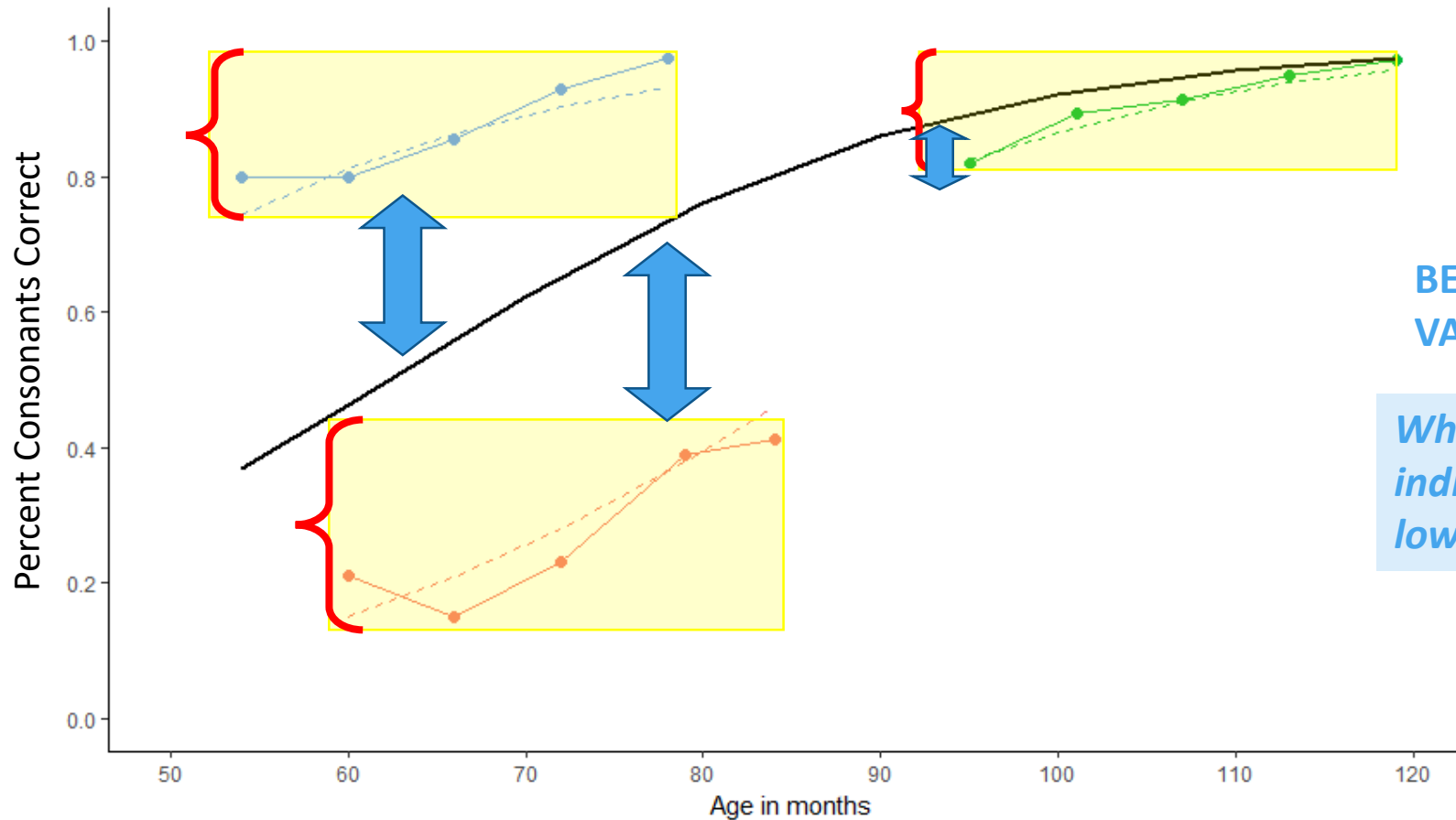
# Two kinds of variance



# Two kinds of variance

## WITHIN-PERSON VARIANCE

*Why do scores  
differ within an  
individual?*



## BETWEEN-PERSON VARIANCE

*Why are some  
individuals higher or  
lower than others?*

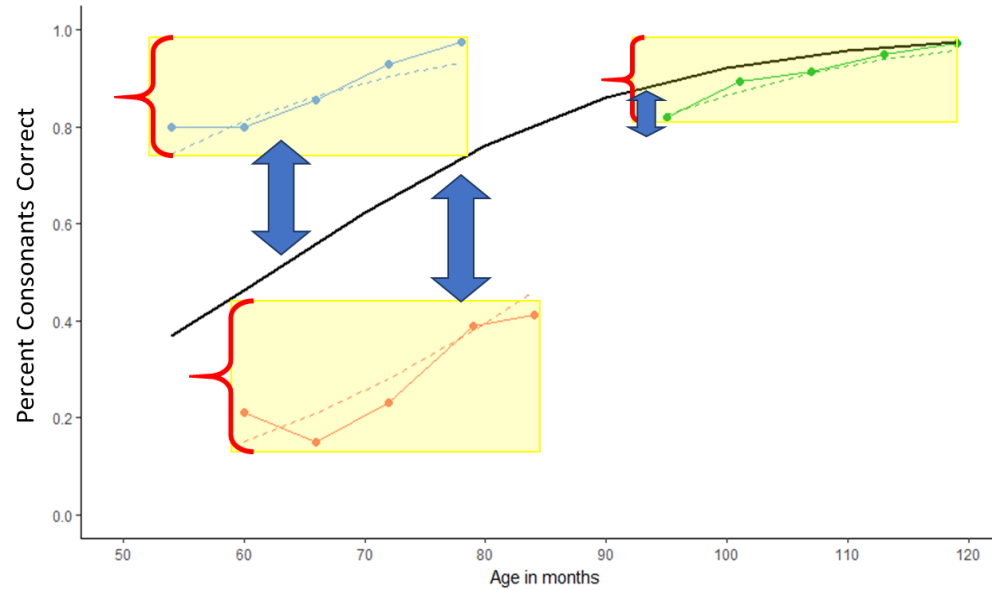
# Two kinds of variance

## WITHIN-PERSON VARIANCE

*Why do scores differ within an individual?*

In this model:

- Age explains change within individuals
- We could add other predictors that differ within the individual: vocabulary at each timepoint?



## BETWEEN-PERSON VARIANCE

*Why are some individuals higher or lower than others?*

In this model:

- We could add treatment history, SES, home environment: any variable that differs between individuals.

# A note on terminology

## Fixed effects

- The same for everyone (a *fixed* value)
- Fixed Intercept
  - Overall starting point for everyone
- Fixed slope
  - Overall rate of change/growth/etc. for everyone
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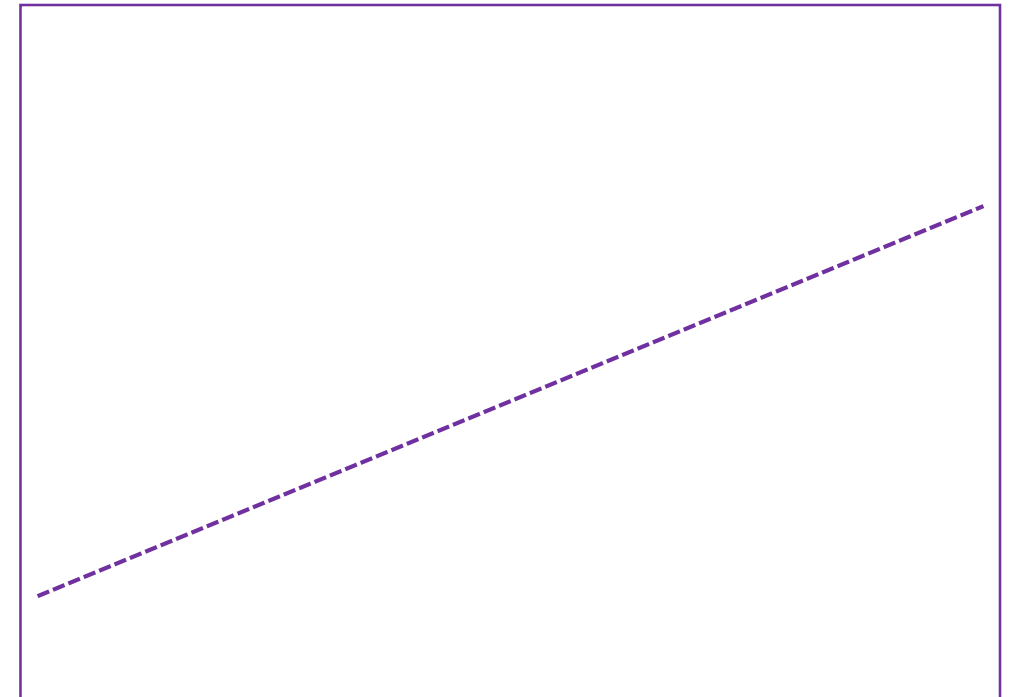
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Fixed intercept



Fixed slope

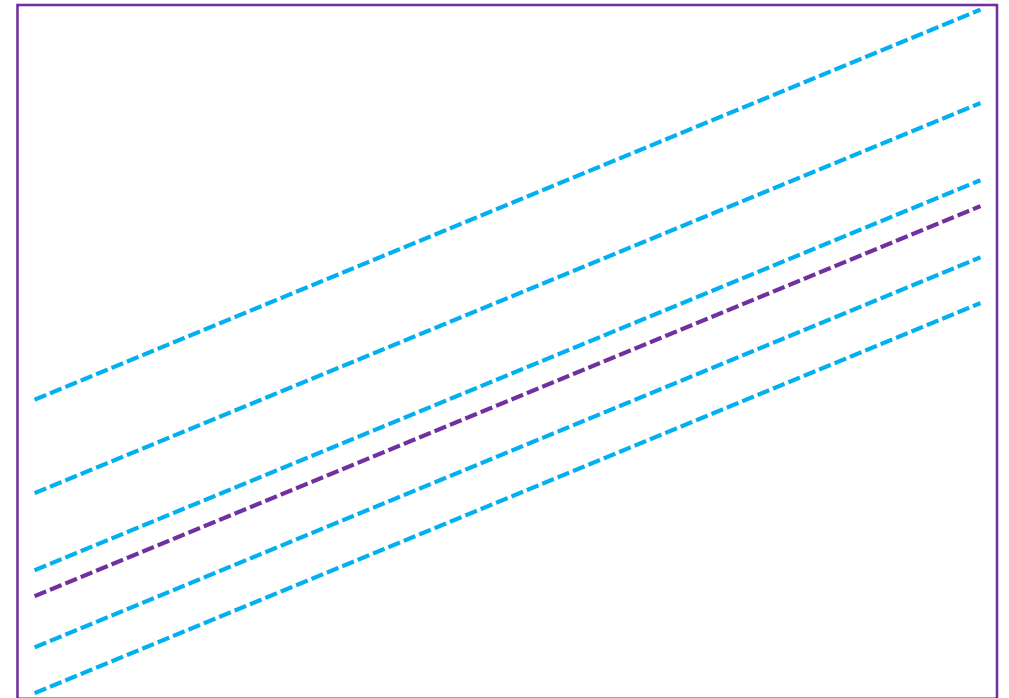
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Fixed intercept

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Fixed slope

Random intercept

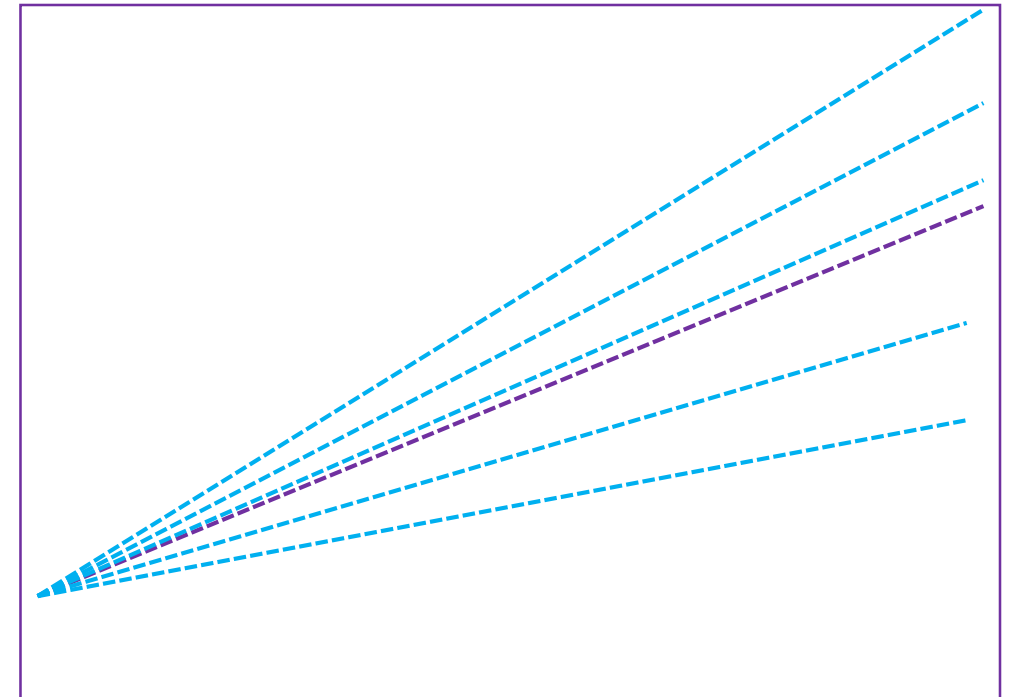
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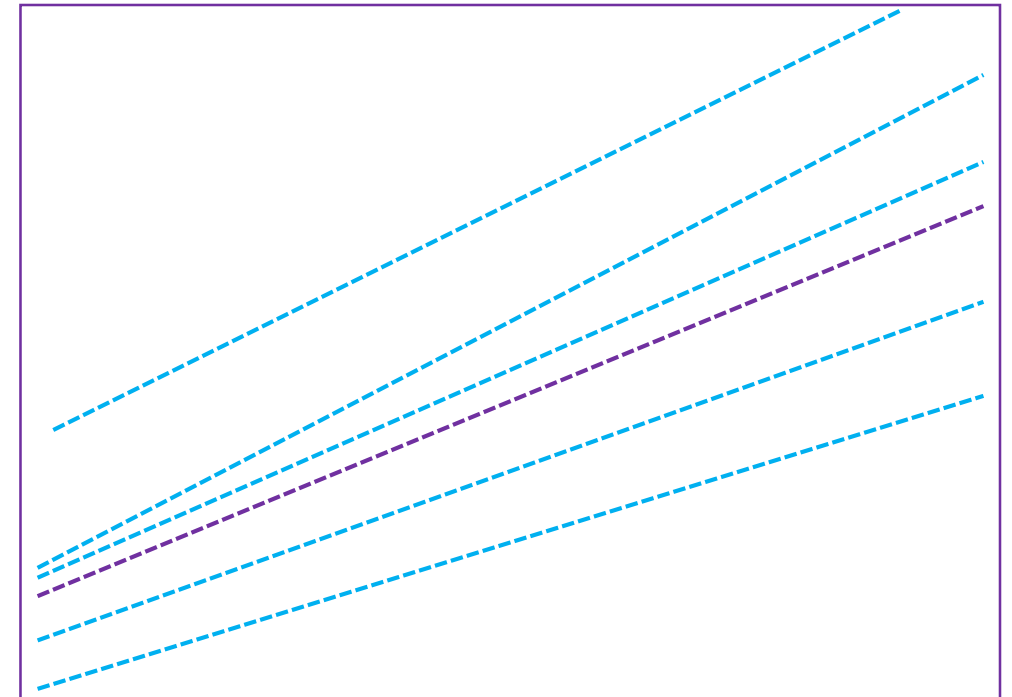
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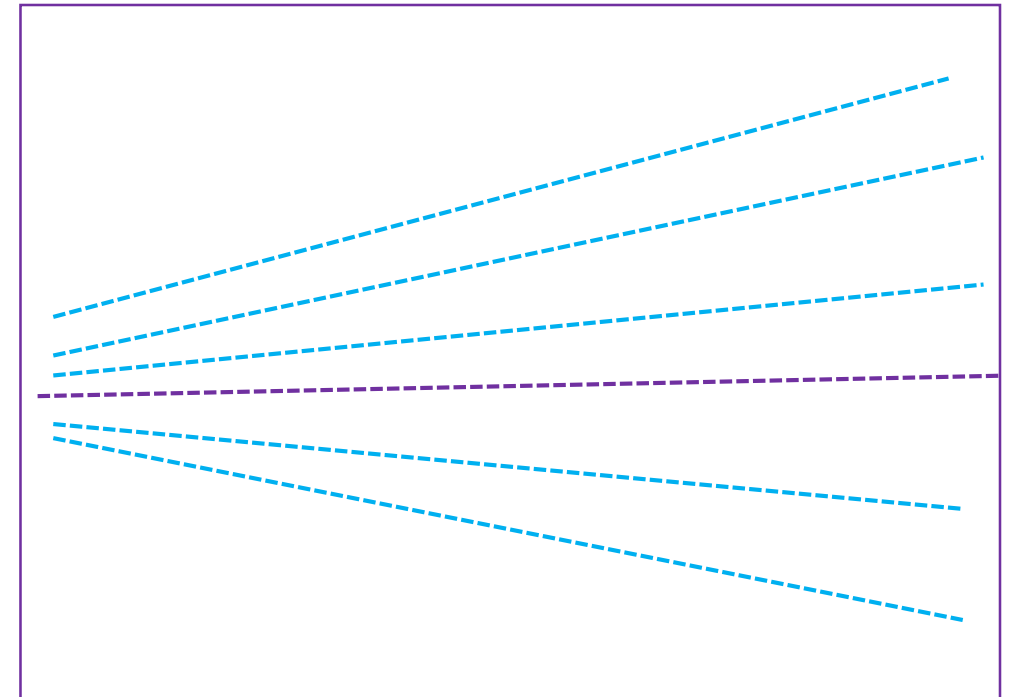
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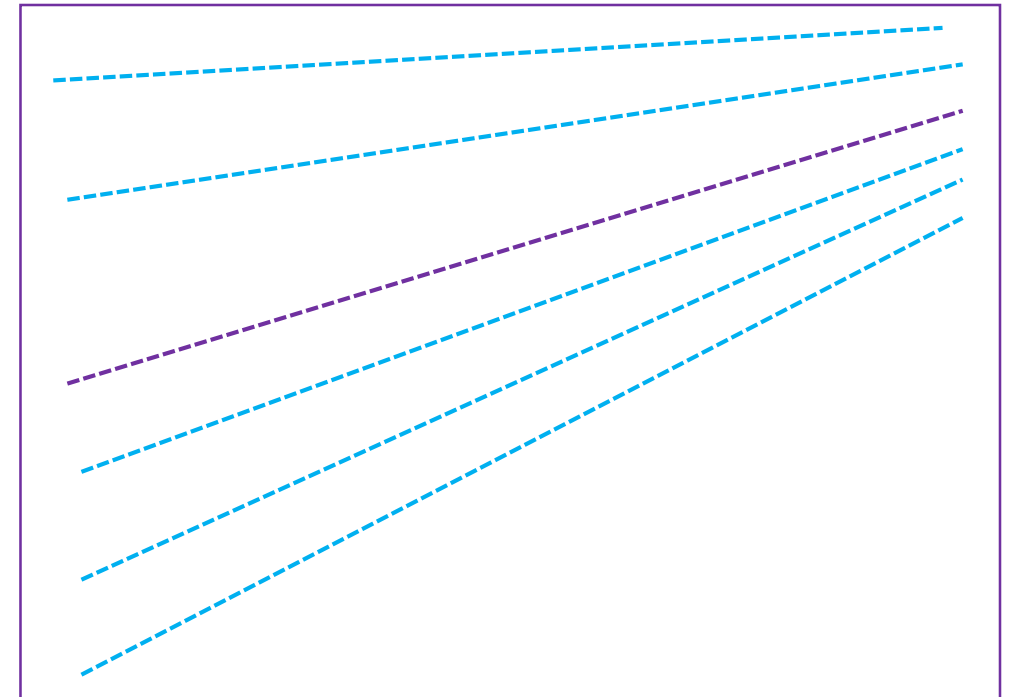
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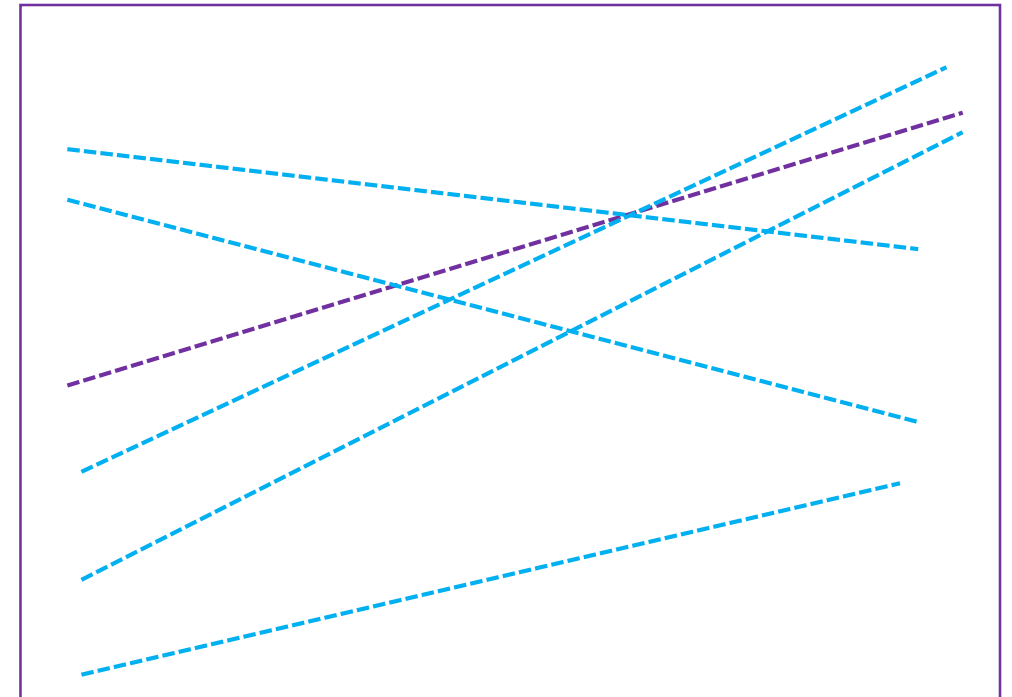
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# Your turn...

***What are your hypotheses?  
Are they about Level 1, or  
Level 2, or both?***

Level 1 *nested within* level 2

Level 1 ("micro")	Level 2 ("macro")
Participants	Classroom
Classrooms	School
Voters	District
Patients	Clinician
Time Points	Participant
Item responses	Item
Item responses	Participant

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Level 1 ("micro")	Level 2 ("macro")
Participants	Classroom
Classrooms	School
Voters	District
Patients	Clinician
Time Points	Participant
Item responses	Item
Item responses	Participant

## **What is your Level 1?**

- How many Level 1 units total? How many within each larger unit?
- Do you have any Level 1 predictors?
- If you have timepoints as Level 1...
  - Do you have at least 3 timepoints per person?

## **What is your Level 2?**

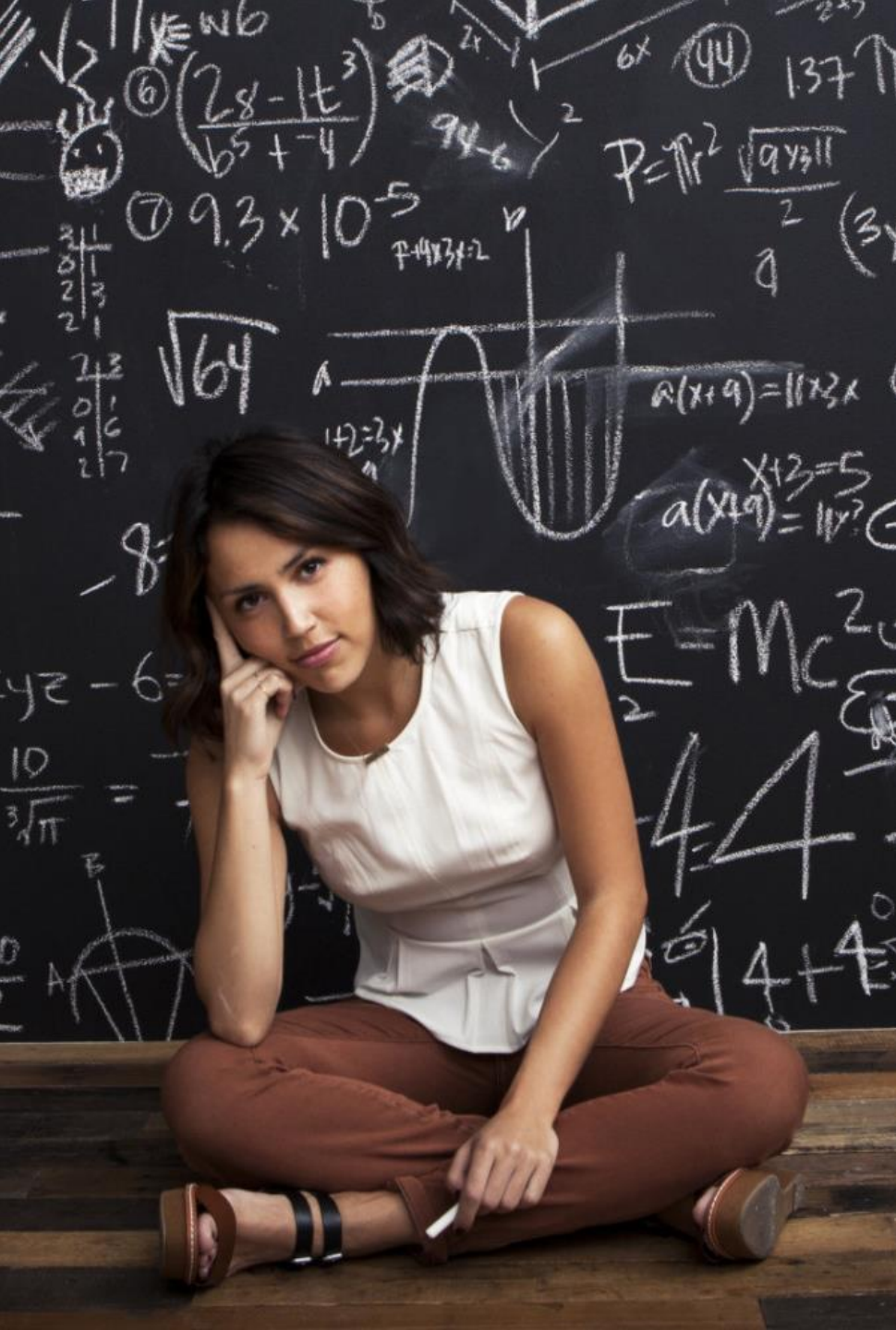
- How many Level 2 units do you have?
- What are your Level 2 predictors?

## **Is it more complicated than that?**

- More than 2 levels?
- Crossed rather than nested?
- Non-normal outcome variable?

# What to look for when reading a study that uses HLM

- Do the data have a nested structure?
- Are there at least 10 Level-2 units?
- How many models were examined, and why they were chosen?
- Were any variables centered? What kind of centering was used?
- Were there any outliers? How were they dealt with?
- How much missing data was there, and how was this addressed?
- What software was used? What estimation method was used? Did the model run properly?
- Are all parameter estimates provided for the interpreted models?
- Are standard errors or interval estimates provided?



# Outline

Introduction (Dr. Carla Wood)

Foundation of Statistics (Jessica Hooker)

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Overview of Hierarchical Linear Modeling (Dr. Autumn McIlraith)

**Valuing Variance in Data Collection (Lisa Fitton)**

Discussion (Dr. Suzanne Adlof)



# The Value of Variance

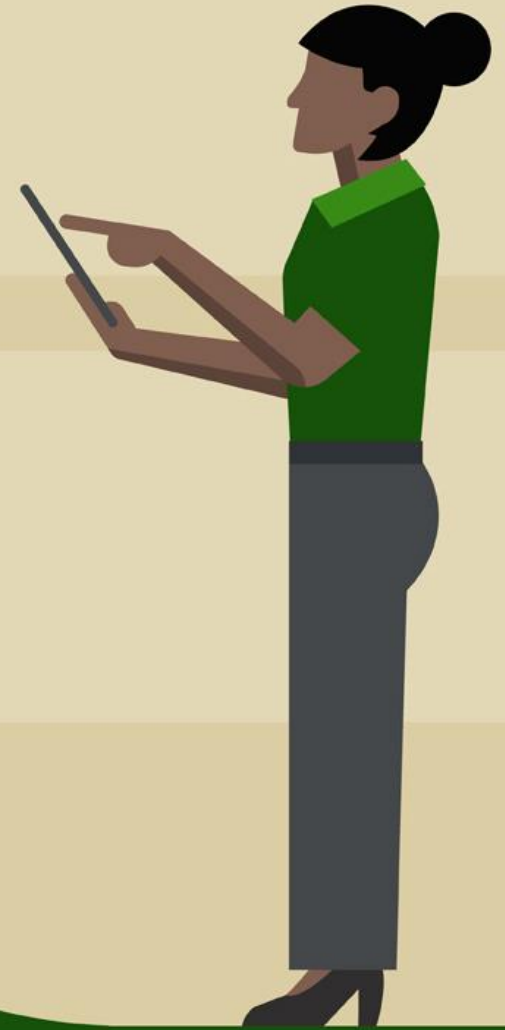
**Lisa Fitton, M.S., CCC-SLP**  
**Florida State University**

# The Value of Variance

Avoid dichotomization whenever possible

Supplement visual inspection of data with statistics

Plan in advance to make sure you have enough power to answer the question you want to ask



---

Avoid  
dichotomization  
whenever possible

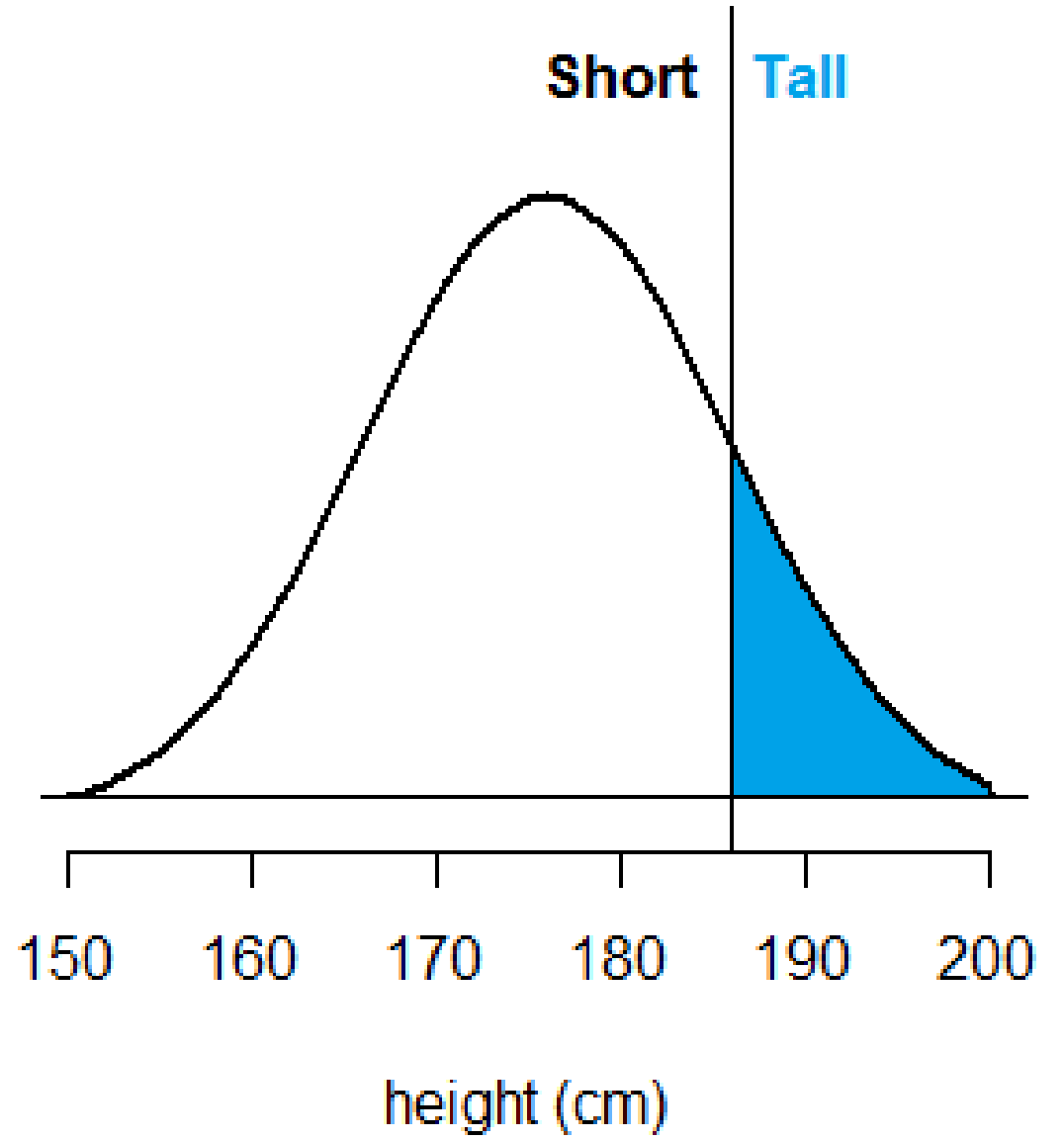


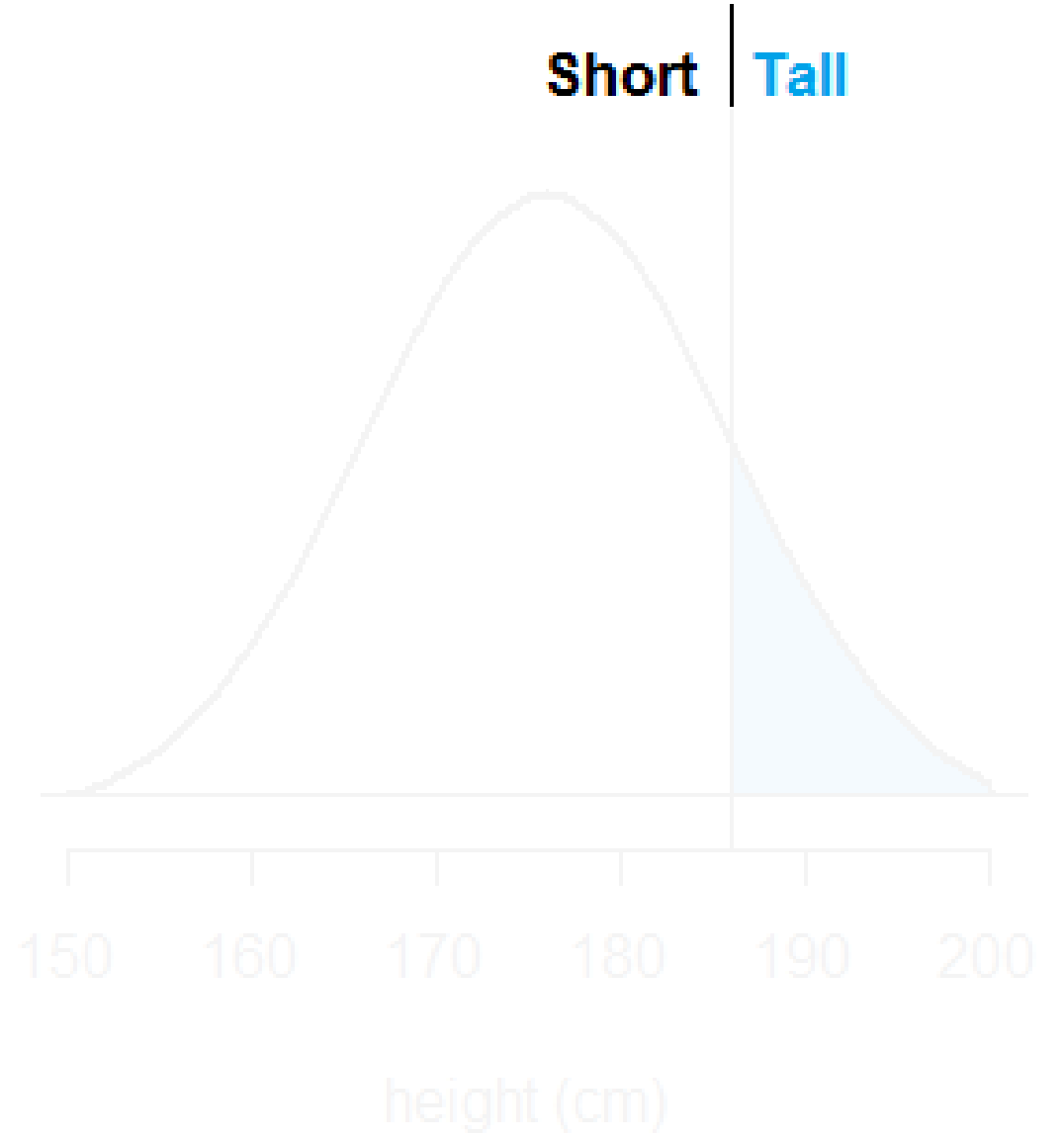


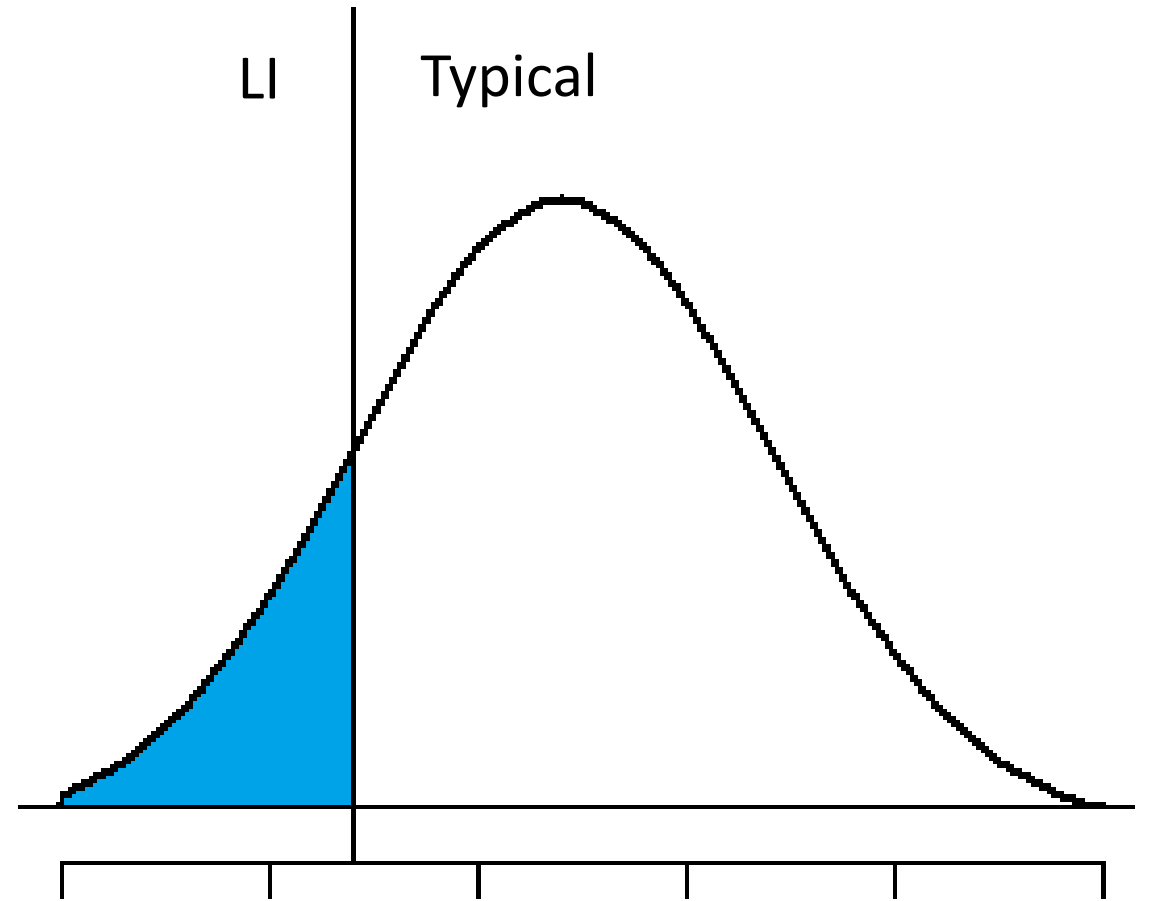
What is dichotomization?



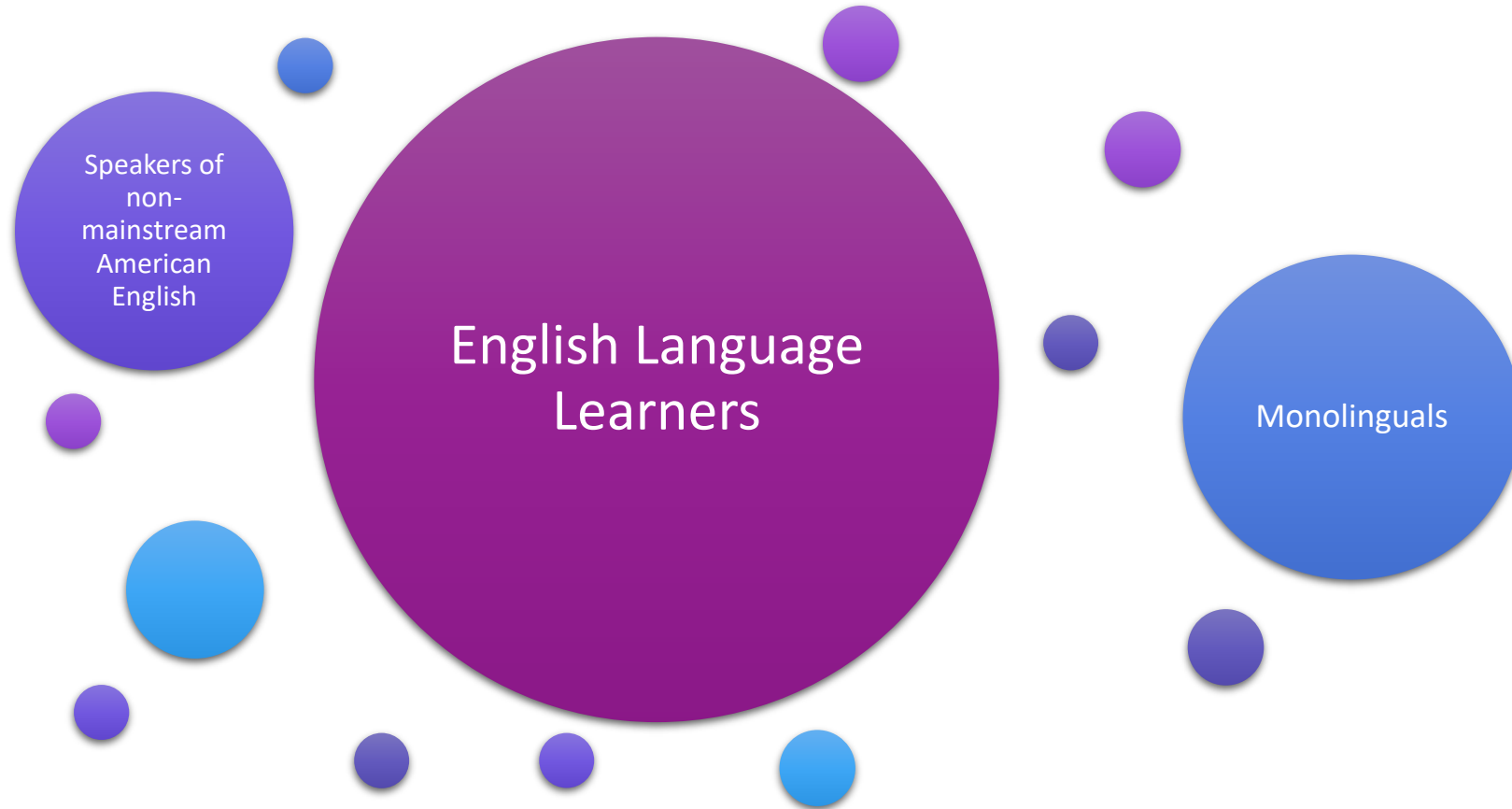




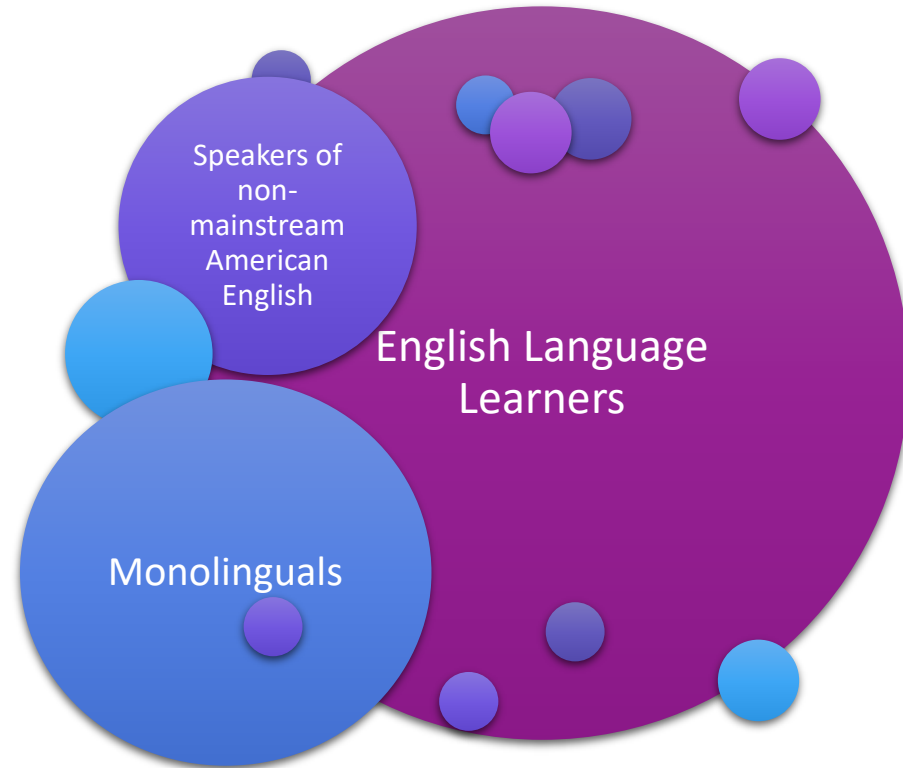




Test scores



Avoiding Dichotomies



Avoiding Dichotomies

# Dichotomization is Avoidable

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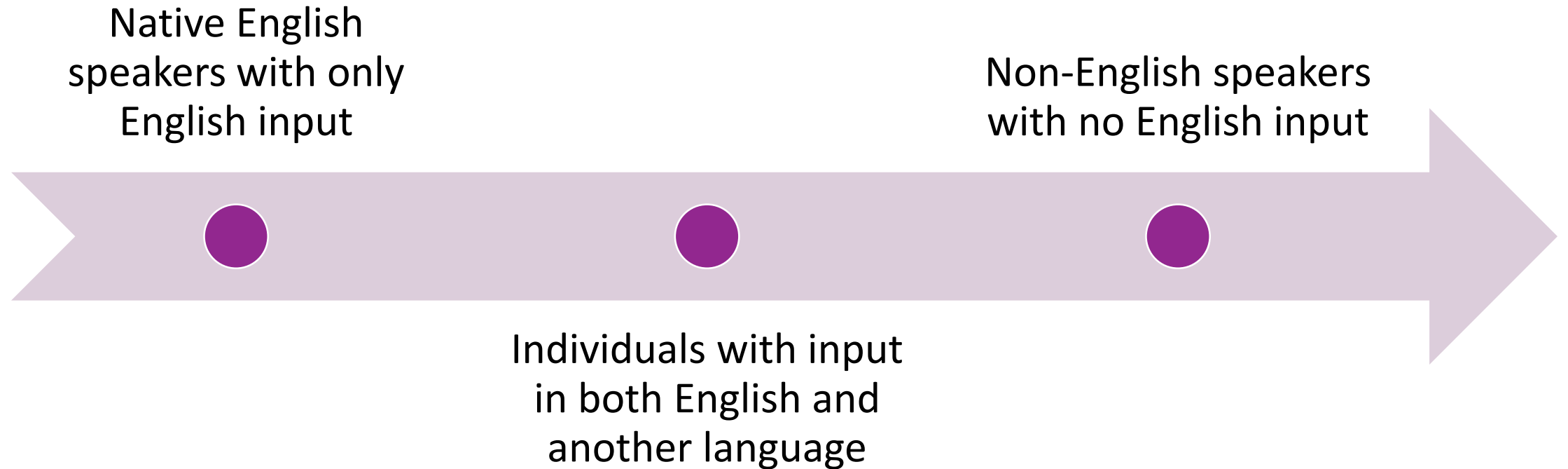
Use

**continuous**  
measures

Example: English  
proficiency instead of  
“ELL vs. Monolingual”

---

# Continuum-based “grouping”



# Dichotomization is Avoidable

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Reconsider the  
**meaningfulness**  
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Is the grouping functionally important?  
Why are we grouping in research?

---

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---

Use continuous measures

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Reconsider the meaningfulness of the grouping

Is the grouping functionally important? Why are we grouping in research?

---

If a grouping is meaningful, focus on the **functional difference** rather than a cut score

Example: Instead of “LI vs. Typically-Developing”, consider “Receiving weekly intervention services vs. Not receiving extra educational services”

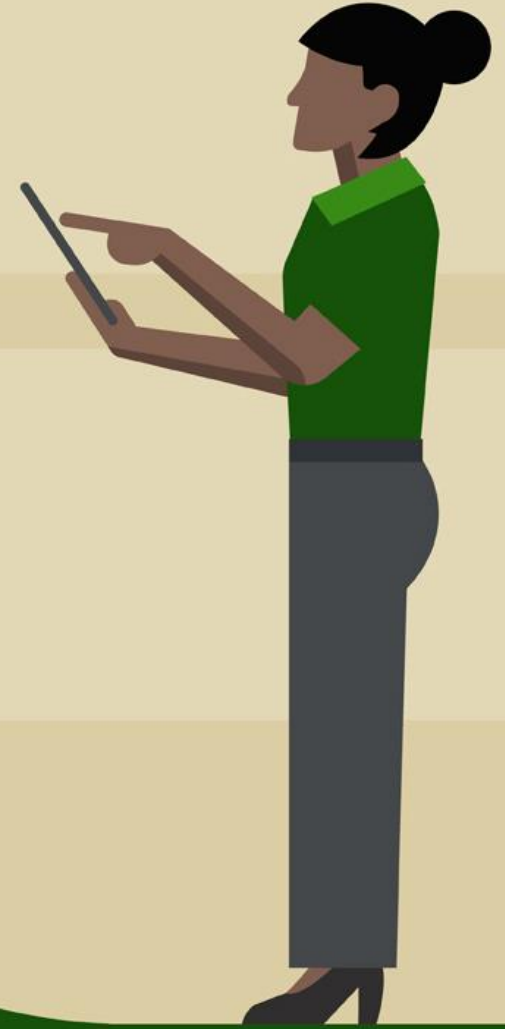
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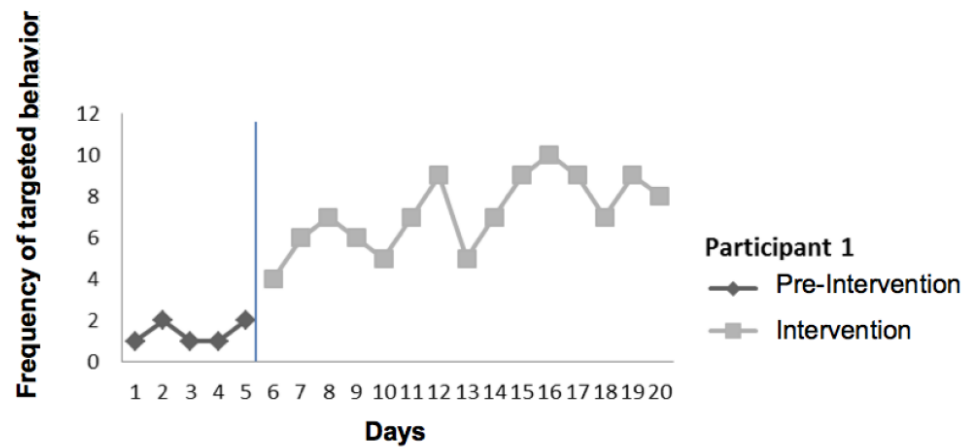
Plan in advance to make sure you have enough power to answer the question you want to ask



# Visual Analysis in Single Case Research

---

Can be convincing and valid...  
but is inherently subjective



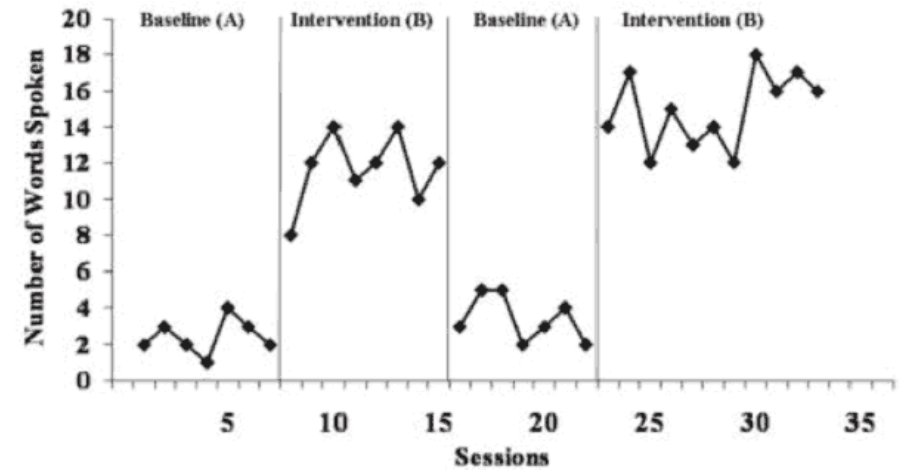
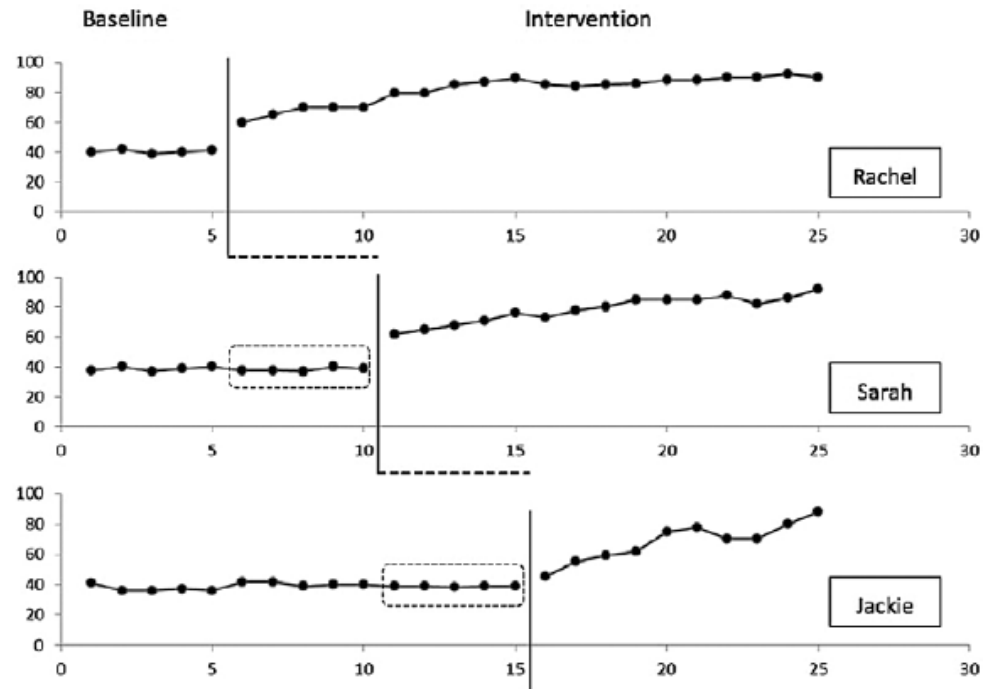


Figure 1. ABAB design: Hypothetical representation of child communication outcomes.

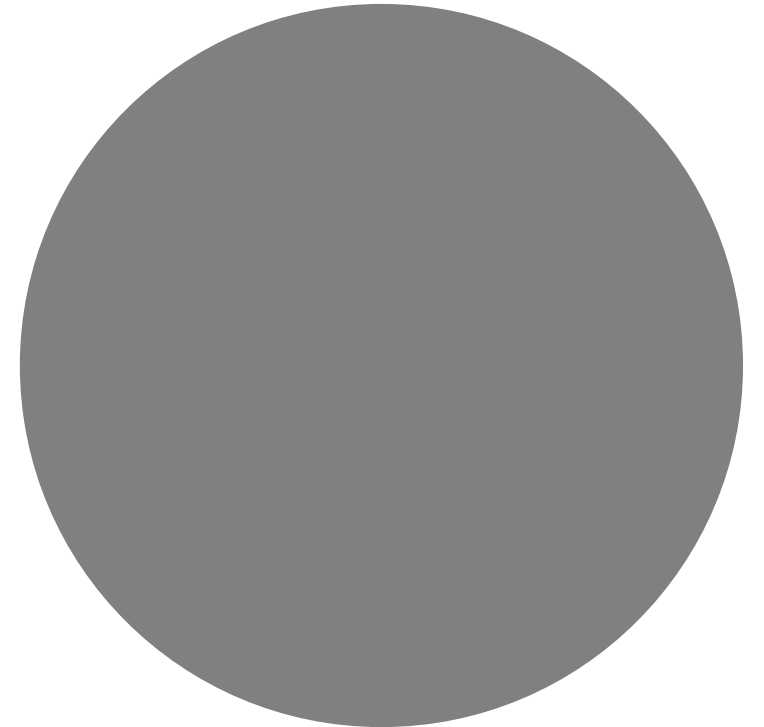
# Single Case Research

Consider designing your single case study so that you can use **hierarchical linear modeling** (HLM)

- Allows for quantification of observed effects
- Allows for (some) examination of predictors

---

# Single Case Research

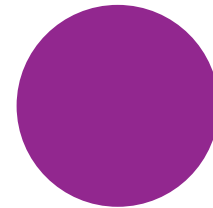


More measurement time points = more power to detect overall effects

More participants = more power to detect predictors of outcomes

---

Augmenting Visual Analysis in Single-Case Research with **Hierarchical Linear Modeling** (Davis, Gagne, Fredrick, Alberto, Waugh, & Harrdorfer, 2013)

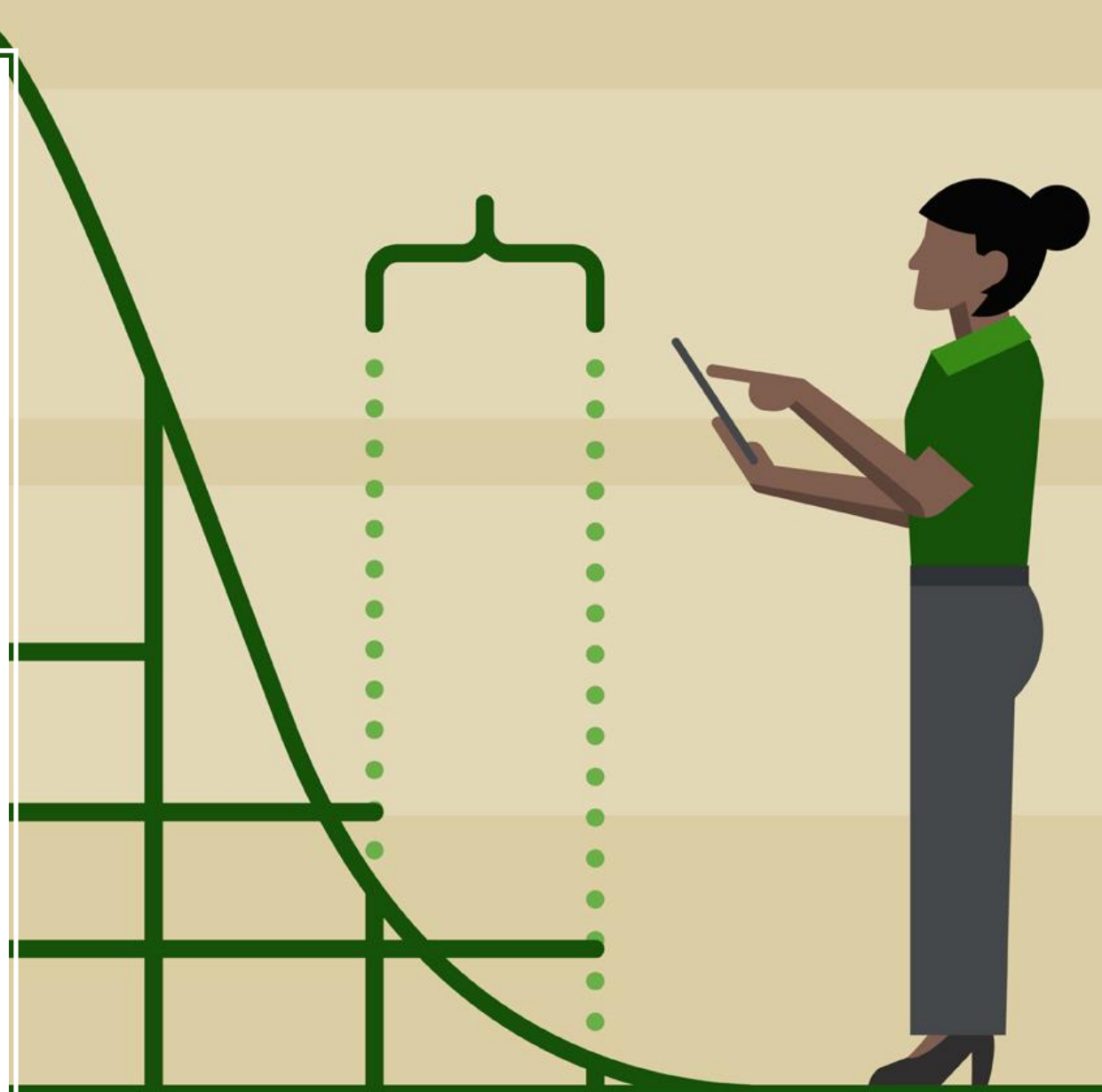


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# Planning in Advance for Statistics

## Power

Power analyses to determine the sample size needed to answer your research questions

## Talk

If planning to use a statistician, talk to him/her well in advance – an ounce of planning is worth a pound of cure

## Design

Have your statistician involved in the design of the project

## Discuss

Discuss data management early – what does he/she need to be sure that the planned analyses can be completed effectively?

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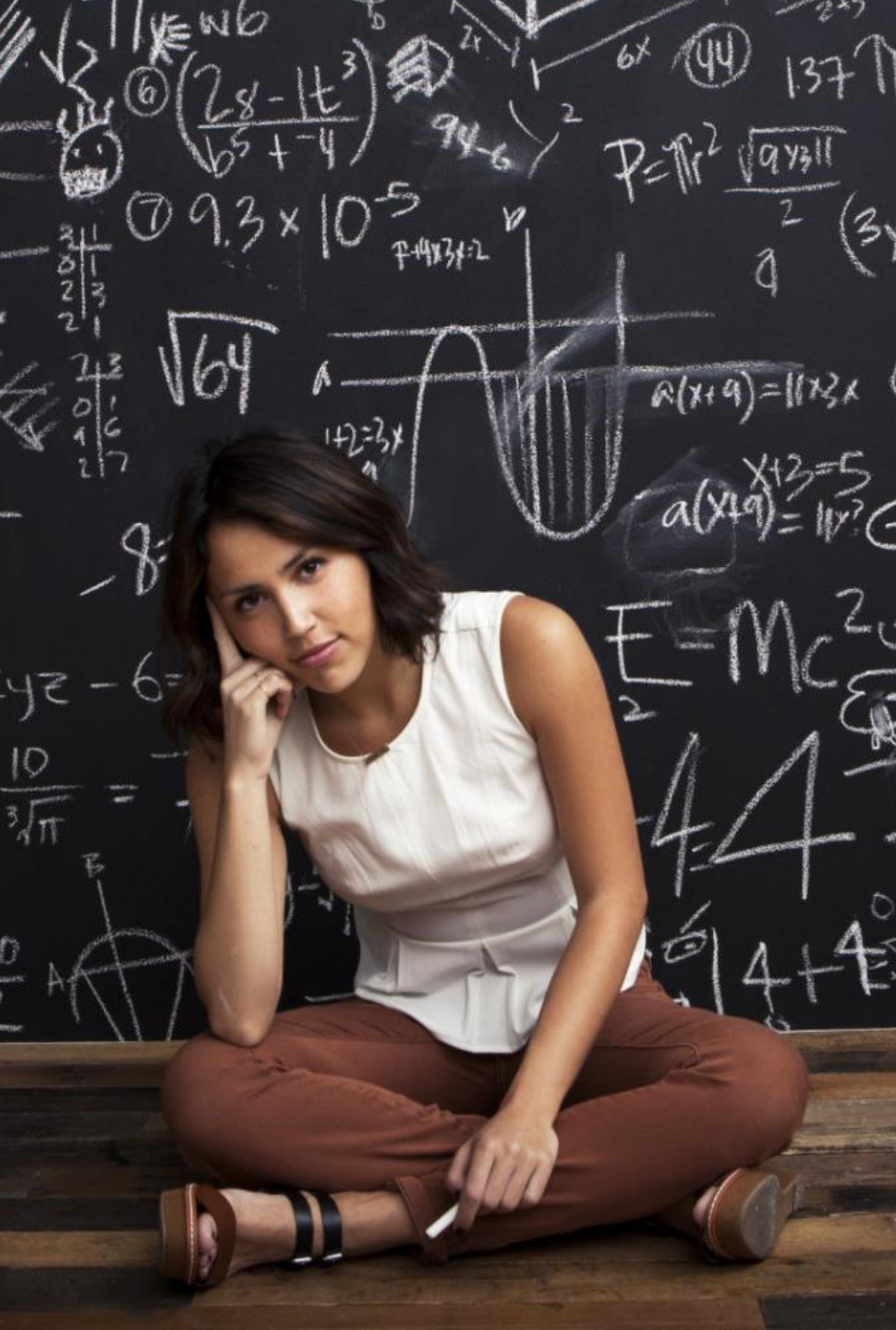
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